



**Road Running Technical Council
USA Track & Field**

Measurement Certificate



Name of the course Virginia Creeper Marathon Distance 42.195 km
Location (state) VA (city) Abingdon
Type of course: Road Race
Measuring Methods: Bicycle
Measured By Donna Bays, 102 Hampton Grn, Kingsport, TN 37663, dmbays01@gmail.com, 423-530-4706
Race Contact Donn Bays, 102 Hampton Grn, Kingsport, TN 37663, dmbays01@gmail.com, 423-530-4706
Date(s) when course measured: 02/27/2024
Number of measurements of entire course: 2 Course Configuration: Several out-back sections
Elevation (meters above sea level) Start 625.00 Finish 625.00 Lowest 535.00 Highest 785.00
Straight line distance between start and finish 0m Drop 0.00 m/km Separation 0.00 %
Type of surface: Paved 0 % Dirt 100 % Gravel 0 % Grass 0 % Track 0 %
Effective date of certification: March 1, 2024 Certification code: VA24006RT

Note to Race Director: Use this Certification Code
in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year: **2034**

AS NATIONALLY CERTIFIED BY:

Date: March 11, 2024

Robert Thurston - USATF/RRTC Certifier - 13 Kennedy St NE, Washington DC 20011
(202) 431-0585 - thurret@aol.com

Virginia Creeper Marathon, Abingdon Virginia

Measured by Donna Bays, February 27, 2024

dmbays01@gmail.com

(423) 530-4706

How to Run the Course

Course Description:

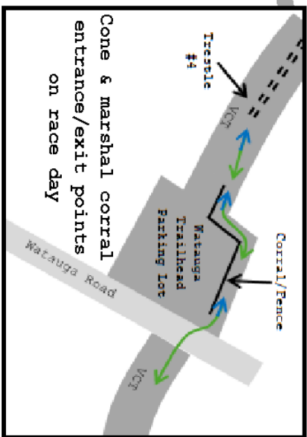
Entire course is on the Virginia Creeper Trail (VCT)

- Start on VCT southeast of the Green Springs Road and go south toward the Alvarado trailhead
- Turnaround at the 9.6-mile mark and go north toward the Abingdon trailhead
- Turnaround at the 19.1-mile mark and go south toward the Watauga trailhead
- Turnaround at the 22.6-mile mark and go north toward the Abingdon trailhead to the finish line.

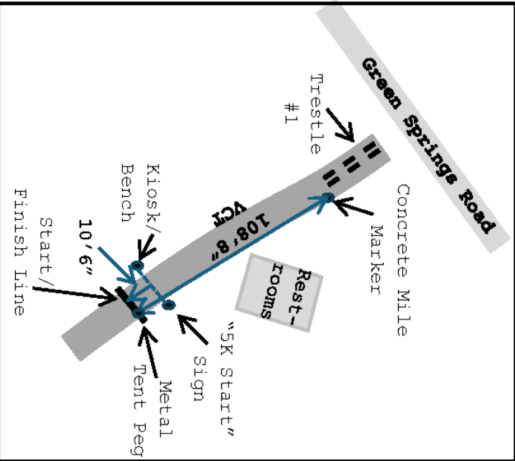
Split Locations:

- Start/Finish: On VCT southeast of the Green Springs Road, 108'8" SE of concrete mile marker at Abingdon terminus of trail (marked with metal tent peg), 10'6" SE of line between post with "5K Start" sign and VCT Information Kiosk and Bench. All miles correspond with concrete markers along the VCT. MM1 (miles 1, 18.2, 20, 25.2), MM2 (miles 2, 17.2, 21, 24.2), MM3 (miles 3, 16.2, 22, 23.2), MM4 (miles 4, 15.2), MM5 (miles 5, 14.2), MM6 (miles 6, 13.2), MM7 (miles 7, 12.2), MM8 (miles 8, 11.2), MM9 (miles 9, 10.2)
- Turnaround #1 (mile 9.6): On VCT in line with wooden "Laurel Run Cabins" sign on north side of the trail and 56'11" 316° NW of black plastic drainage pipe on south side of the trail
- Turnaround #2 (mile 19.1): On VCT, at the center point of line between two tent pegs; on the north side of trail 25'4" E of sewer cover and on the south side of trail 27'7" SE of same sewer cover.
- Turnaround #3 (mile 22.6): On VCT in line with metal gate posts SE of Trestle #4 at the entrance to the Watauga Trailhead Parking Lot

Course Restriction Detail



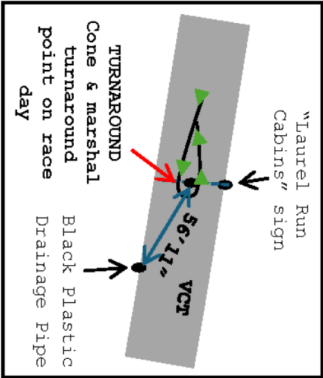
Measured by using the shortest route possible except in area of noted course restriction. Map is not to scale.



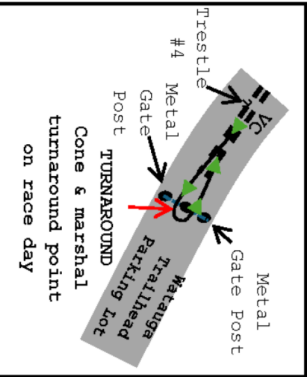
Start and Finish Detail



Turnaround #2 Detail



Turnaround #1 Detail



Turnaround #3 Detail

