



**Road Running Technical Council
USA Track & Field**

Measurement Certificate



Name of the course Downtown Nowata 5k Distance 5 km

Location (state) OK (city) Nowata

Type of course: Road Race

Measuring Methods: Bicycle

Measured By Martin Updike, 812 Eastside Blvd, Muskogee, OK 74403, martin@i40raceservice.com, 918-577-1956

Race Contact Julie Miller, 395200 W 2900 Rd, Ochelata, OK 74051, julie-miller@cherokee.org, (918)535-6047

Date(s) when course measured: 07/27/2023

Number of measurements of entire course: 2 Course Configuration: Out and Back

Elevation (meters above sea level) Start 216.00 Finish 216.00 Lowest 214.00 Highest 230.00

Straight line distance between start and finish 0m Drop 0.00 m/km Separation 0.00 %

Type of surface: Paved 100 % Dirt 0 % Gravel 0 % Grass 0 % Track 0 %

Effective date of certification: August 22, 2023 Certification code: OK23030MU

Note to Race Director: Use this Certification Code
in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

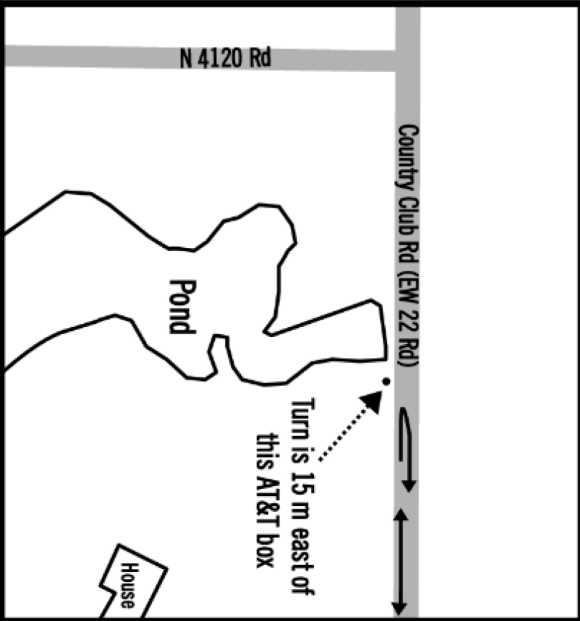
This certification expires on December 31 of the year: **2033**

AS NATIONALLY CERTIFIED BY:

Date: August 22, 2023

Martin Updike - USATF/RRTC Certifier - 812 Eastside Blvd, Muskogee OK 74403
(918) 577-1956 - martin@i40raceservice.com

Turnaround Detail Map



DOWNTOWN NOWATA 5K – NOWATA, OK

Start/Finish: On Maple, at the 169 South sign just south of the Maple and Cherokee intersection.

1k/4k: On Country Club Rd, 40 meters east of the stop sign on the NE corner of Country Club and Mississippi.

2k/3k: On Country Club Rd (EW 22 Rd), 10 meters east of the mailbox at 12396 EW 22 Rd.

2.5k Turnaround: On Country Club Rd (EW 22 Rd), 15 m east of the AT&T box that is just east of the pond on the south side of the road.

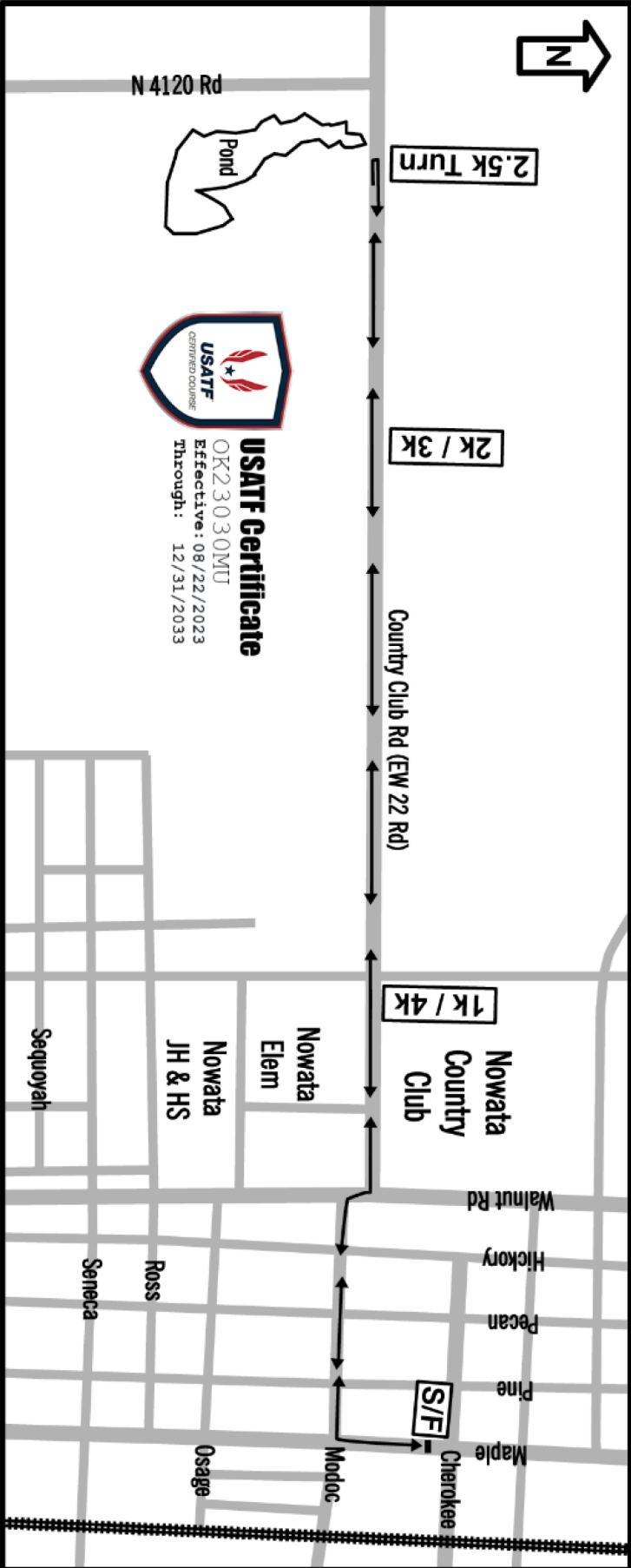
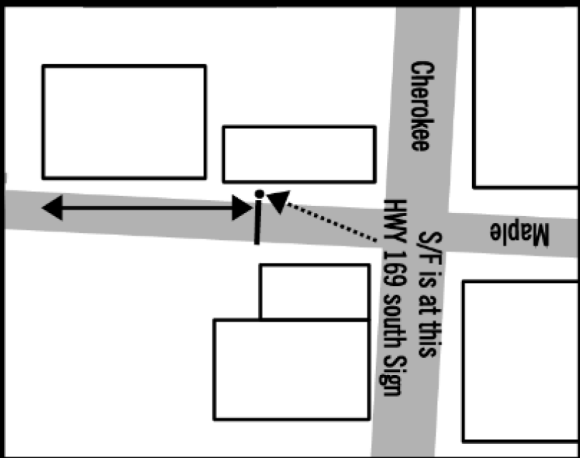
Race Contact: Julie Miller
julie-miller@cherokee.org

Measured by: Martin Updike, 1:40 Race
Service Measured on 7/27/2023
918-577-1956,
martin@i40raceservice.com

Elevations:
Start: 216 m
Finish: 216 m
Lowest: 214 m
Highest: 230 m

Shortest Possible Route (SPR) was used to measure this course. No restrictions.

Start/Finish Detail Map



USATF Certificate
OK23030MU
Effective: 08/22/2023
Through: 12/31/2023