



Road Running Technical Council
USA Track & Field

Measurement Certificate



Name of the course Downtown Rocks and Run 5k Distance 5 km

Location (state) NC (city) Mt Airy

Type of course: Road Race

Measuring Methods: Bicycle

Measured By Brad Smythe, 7928 Brandyapple Drive, Raleigh, NC 27615, bdsmythe78@yahoo.com, 919-208-8616

Race Contact Darren Lewis, 300 S Main St, Mt Airy, NC 27030, dlewis@mountairy.org, 336-648-8361

Date(s) when course measured: 7/1/23

Number of measurements of entire course: 2 Course Configuration: Point to point

Elevation (meters above sea level) Start 335.00 Finish 338.00 Lowest 305.00 Highest 338.00

Straight line distance between start and finish 82m Drop -0.60 m/km Separation 1.60 %

Type of surface: Paved 100 % Dirt 0 % Gravel 0 % Grass 0 % Track 0 %

Effective date of certification: July 31, 2023 Certification code: NC23023BDS

Note to Race Director: Use this Certification Code in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year: **2033**

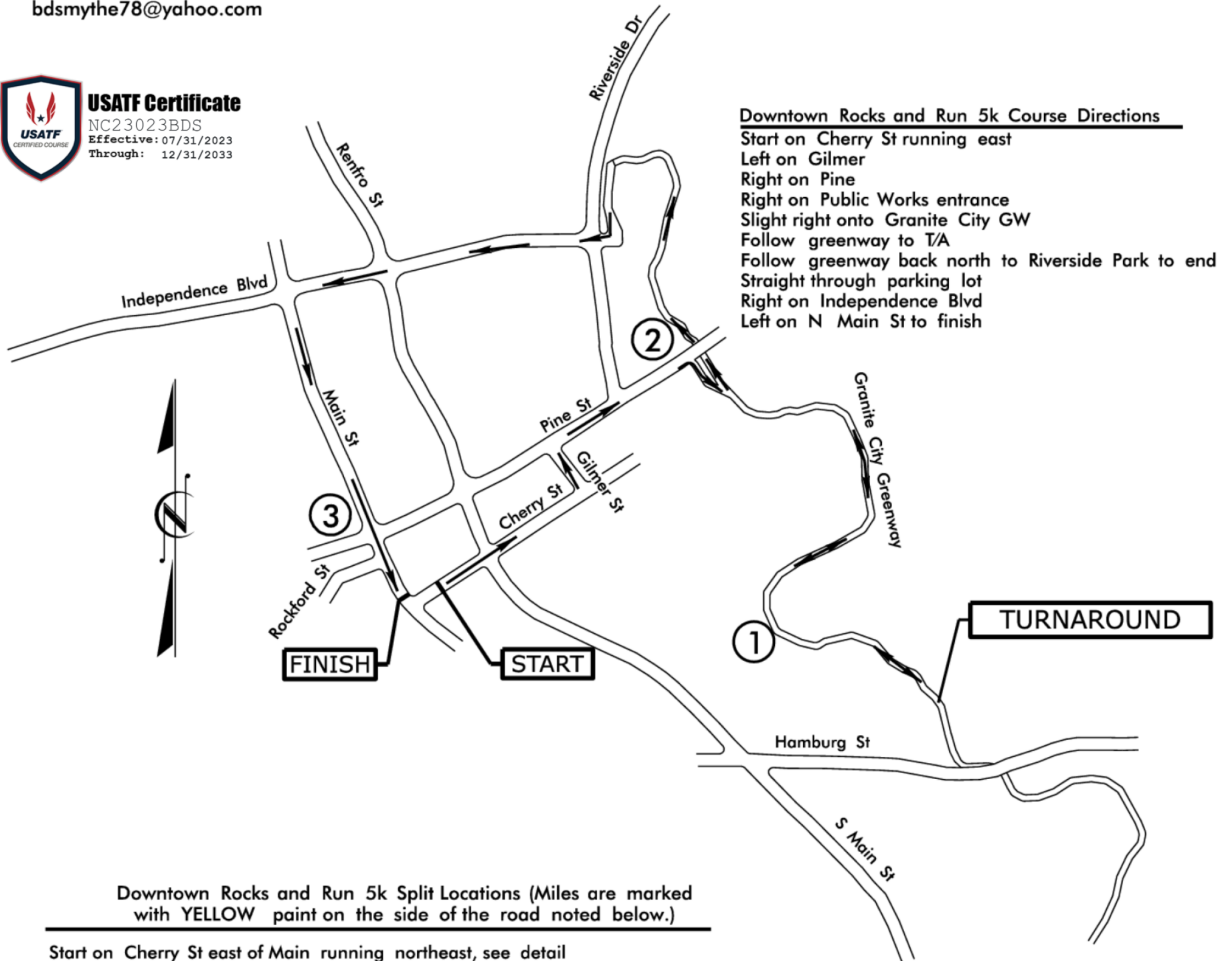
AS NATIONALLY CERTIFIED BY:

Date: July 31, 2023

Brad Smythe - USATF/RRTC Certifier - 7928 Brandyapple Drive, Raleigh NC 27615
(919) 208-8616 - bdsmythe78@yahoo.com

Downtown Rocks and Run 5k
 Mt Airy, NC
 Measured:
 by Brad Smythe
 on July 1, 2023
 bdsmythe78@yahoo.com

This course was measured using the full width of the road and the Shortest Possible Route (SPR) unless otherwise noted.

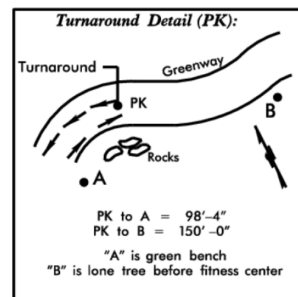
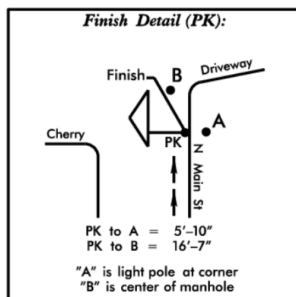
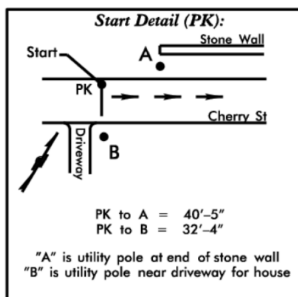


Downtown Rocks and Run 5k Course Directions

- Start on Cherry St running east
- Left on Gilmer
- Right on Pine
- Right on Public Works entrance
- Slight right onto Granite City GW
- Follow greenway to T/A
- Follow greenway back north to Riverside Park to end
- Straight through parking lot
- Right on Independence Blvd
- Left on N Main St to finish

Downtown Rocks and Run 5k Split Locations (Miles are marked with YELLOW paint on the side of the road noted below.)

- Start on Cherry St east of Main running northeast, see detail
- Mile 1: on Greenway on RT, 100' past picnic shelter under transmission line
- Turnaround: on Greenway, near rock outcropping, see detail
- Mile 2: on Greenway, on RT, 100' before two yellow benches along Riverside Park
- Mile 3: on N Main St, on RT, in line with wood bench across street just before Pine
- Finish: on N Main St, on RT, at end of Cherry St, see detail



Note:
 Map not to scale
 Not all streets are shown.