



Road Running Technical Council
USA Track & Field

Measurement Certificate



Name of the course Mid-Winter 10 Mile Classic Distance 10 mi
Location (state) ME (city) Cape Elizabeth
Type of course: Road Race
Measuring Methods: Bicycle
Measured By Erik Boucher, 66 Grant St Apt 4, Portland ME 04101 erik.m.boucher@gmail.com 207-210-8655
Race Contact Blaine Moore, 14 Dionne Cir, Brunswick, ME 04011 baine@runtowin.com 207-615-4819
Date(s) when course measured: 11/12/2022
Number of measurements of entire course: 2 Course Configuration: loop
Elevation (meters above sea level) Start 19.51 Finish 8.53 Lowest 0.30 Highest 55.17
Straight line distance between start and finish 286.21m Drop 0.68 m/km Separation 1.78 %
Type of surface: Paved 100 % Dirt 0 % Gravel 0 % Grass 0 % Track 0 %
Effective date of certification: December 15, 2022 Certification code: ME22005JK

Note to Race Director: Use this Certification Code in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year: 2032

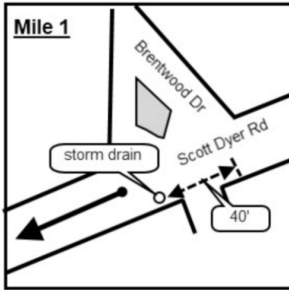
AS NATIONALLY CERTIFIED BY:

Date: January 7, 2023

Justin Kuo - USATF/RRTC Certifier - 39 Oakland Rd, Brookline MA 02445
(617) 487-4463 - jkuo+certifier@usatfne.org

Mid-Winter 10 Mile Classic

Cape Elizabeth, Maine



Start Line Detail

The start is marked with 3 nails on east side of the paved road connecting the middle and high schools, 90' 11" N of storm drain #2 and 75' 8" E of storm drain #1.

Finish Line Detail

The finish line coincides with the white painted line marking the first parking spot in the middle row of the lower parking lot at Cape Elizabeth High School, 109' 10" S of lightpost #1 and 110' 6" W of lightpost #2.

Restrictions

Cones placed from finish line up the entire driveway to the high school entrance at Rt77. Runners must run to left of cones. Cones placed along Rt77 from Sawyer St to high school entrance on the white line. Runners must run to left of cones in the breakdown lane facing traffic. Rt 77 closed to traffic from Scott Dyer Rd intersection to high school entrance at beginning of race. Scott Dyer Rd closed to traffic from Rt 77 to Spurwink Ave intersection at beginning of race.

Notes

Except as noted elsewhere on this map, this course was measured using the full width of the road and the Shortest Possible Route (SPR).
 Not to scale.
 Not all cross roads shown.
 Mile markers are marked but not certified.



USATF Certificate

ME22005JK
 Effective: 12/15/2022
 Through: 12/31/2032

