



Road Running Technical Council
USA Track & Field

Measurement Certificate



Name of the course Beach and Back 5K Distance 5 km

Location (state) MA (city) Marshfield

Type of course: Road Race

Measuring Methods: Bicycle

Measured By Ray Nelson, 23B Aborn St.

Race Contact Martine Pelletier Pelletier, 150 Wood Rd., Suite 308, Braintree, MA 02184 martine.pelletier@stacksports.com

Date(s) when course measured: 05/01/2022

Number of measurements of entire course: 2 Course Configuration: one loop

Elevation (meters above sea level) Start 2.00 Finish 2.00 Lowest 1.00 Highest 9.00

Straight line distance between start and finish 22m Drop 0.00 m/km Separation 0.10 %

Type of surface: Paved 100 % Dirt 0 % Gravel 0 % Grass 0 % Track 0 %

Effective date of certification: May 4, 2022 Certification code: MA22002RN

Note to Race Director: Use this Certification Code in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year: **2032**

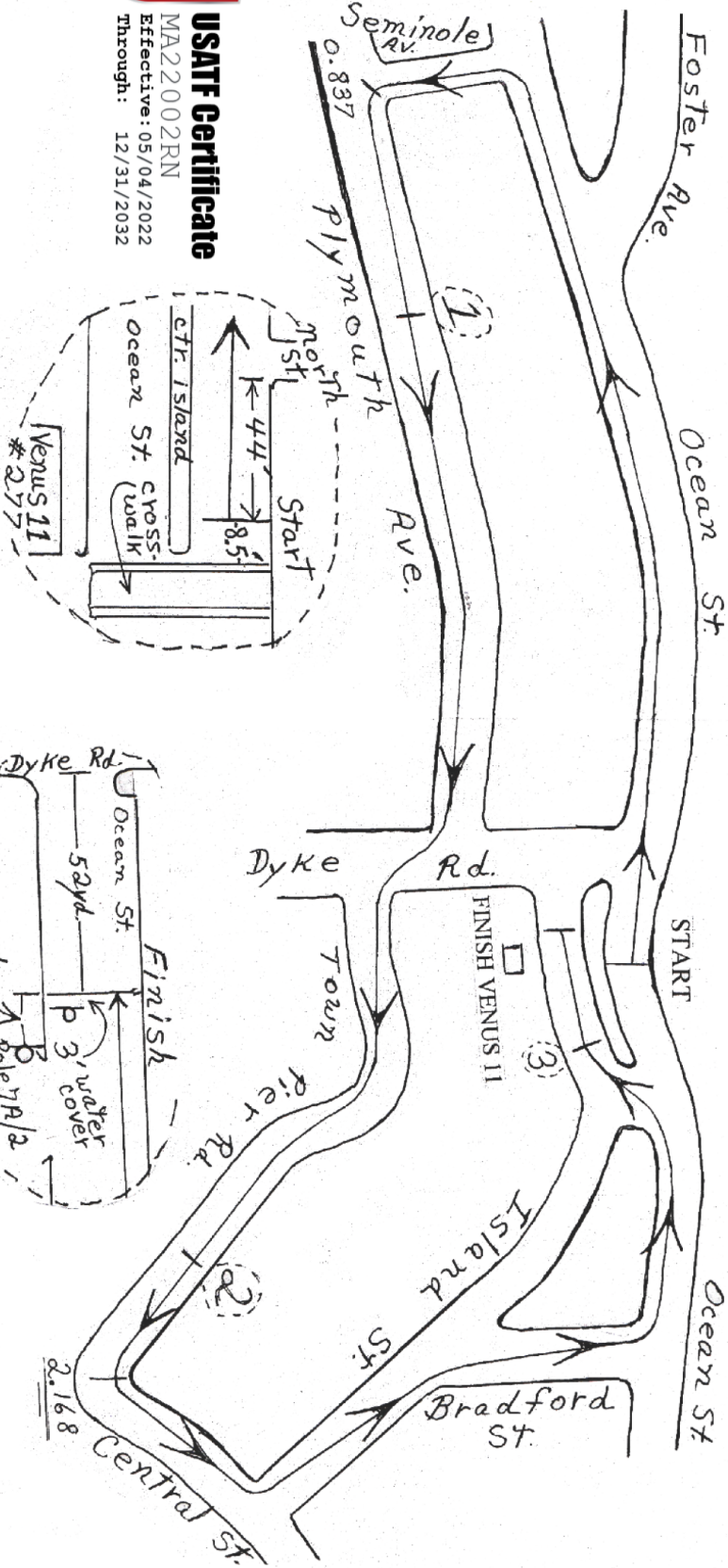
AS NATIONALLY CERTIFIED BY:

Date: May 4, 2022

Ray Nelson - USATF/RRTC Certifier - 23B Aborn St., Cranston RI 02905
(401) 486-2440 - raynelson223@cox.net

- BEACH AND BACK 5K - MARSHFIELD, MASSACHUSETTS
- 1 - ON PLYMOUTH AVE. 12 FT. AFTER MILE 11, 4 FT. AFTER BEGINNING OF DRIVEWAY TO 1ST HOUSE (R) AFTER SAGINAW AVE.
 - 2 - 12 FT. AFTER MILE 12, 18 FT. AFTER 3RD BRIDGE SEAM
 - 3 - ON OCEAN ST. (SAME SIDE AS FINISH) 12 FEET AFTER MILE 13

BEACH AND BACK 5K
MARSHFIELD, MASSACHUSETTS



USATF Certificate
MA22002RN
Effective: 05/04/2022
Through: 12/31/2032

MEASURED BY RAY NELSON - APRIL 24 & MAY 1, 2022
1000 FT. CALIBRATION COURSE - R119005RN
COURSE WAS MEASURED USING THE FULL USE OF THE ROAD AND THE SHORTEST POSSIBLE ROUTE (SPR).

BEACH AND BACK HALF MARATHON – MARSHFIELD, MASSACHUSETTS

- MEASURED BY RAY NELSON 4/24/2022 AND 5/01/2022

DESCRIPTIONS ARE GIVEN IN THE DIRECTION OF THE RACE.

MILE 1 – ON FOSTER AVE. AFTER 2ND ST., 1 FT BEFORE FRONT DOOR # 119 (L),
4 FT. BEFORE END OF DRIVEWAY # 122 (R)

MILE 2 – ON MAYFLOWER LN., 15 FT. BEFORE BEGINNING OF NEVADA ST., IN
MIDDLE OF DRIVEWAY #103 (L)

MILE 3 – ON STANDISH ST. AT CONCORD ST., 6 IN. BEFORE BEGINNING OF SEWER
COVER ON LEFT HALF OF ROAD HEADING OUT.

- 3.425 MILES AT BLUE GATE AT END OF PARKING LOT ON RIGHT

MILE 4 – ON RIVER ST., AT HOUSE (NO #) BUT JUST BEFORE #138 (L), 21 FT.
BEFORE FLAGPOLE (R)

MILE 5 – AT BEGINNING OF IRELAND RD., 2 FT. BEFORE END OF DRIVEWAY #4 (R)
1ST HOUSE ON RIGHT

MILE 6 – AT LEFT TURN ONTO UPLAND RD., EVEN WITH STORM DRAIN (L),
OPPOSITE MIDDLE OF DRIVEWAY #326 (R)

MILE 7 – @ 30 YD. AFTER TURN ONTO BAYBERRY RD., 10 FT. AFTER END OF
GRAVEL DRIVEWAY (1ST HOUSE ON RIGHT); 24 FT. BEFORE FRONT DOOR TO
2ND HOUSE (R)

- 7.881 AT STONE PILLARS AT OLD MOUTH RD. AND RIGHT TURN TO OFF-
ROAD STONES AND BEACH SAND.

MILE 8 – 210 YD. AFTER STONE PILLARS (SEE COURSE MAP)

MILE 9 – 50 YD. AFTER CRICKET LN. AT END OF #45 STANDISH ST. (R)

MILE 10 – @ 60 YD. BEFORE END OF SURF AVE., 25 FT. BEFORE OREGON RD. (L), 5
FT. AFTER MAILBOX POST # 11 (R), 7 FT. BEFORE FIRE HYDRANT (R)

MILE 11 – ON PLYMOUTH AVE. @ 30 YD. AFTER END OF SAGINAW AVE., 8 FT.
BEFORE BEGINNING OF DRIVEWAY TO 1ST HOUSE (BROWN)

MILE 12 – ON BRIDGE NEAR END OF TOWN PIER RD. 6 FT AFTER 3RD BRIDGE SEAM

MILE 13 – ON OCEAN ST. (SAME SIDE AS FINISH) 47 FT. AFTER END OF 1ST
CROSSWALK; 45 YD. AFTER SO. END OF CENTER ISLAND

BEACH AND BACK 5K – MARSHFIELD, MASSACHUSETTS

1 – ON PLYMOUTH AVE. 12 FT. AFTER MILE 11, 4 FT. AFTER BEGINNING OF
DRIVEWAY TO 1ST HOUSE (R) AFTER SAGINAW AVE.

2 – 12 FT. AFTER MILE 12, 18 FT. AFTER 3RD BRIDGE SEAM

3 – ON OCEAN ST. (SAME SIDE AS FINISH) 12 FEET AFTER MILE 13