



**Road Running Technical Council
USA Track & Field
Measurement Certificate**



Name of the course LaFortune Park 5k 2019 Distance 5 km
Location (state) OK (city) Tulsa
Type of course: Road Race
Measuring Methods: Bicycle
Measured By Martin Updike - 812 Eastside Blvd - Muskogee, OK 74403 - (918) 577-1956 - martin@i40raceservice.com
Race Contact Patricia Motte-Ward - 2315 Charles Page Blvd Tulsa, OK 74127 - (918) 596-5990
Date(s) when course measured: 10/18/2019
Number of measurements of entire course: 2 Course Configuration: loop
Elevation (meters above sea level) Start 220.00 Finish 219.00 Lowest 207 Highest 227
Straight line distance between start and finish 69.1 m Drop 0.20 m/km Separation 1.38 %
Type of surface: Paved 100 % Dirt 0 % Gravel 0 % Grass 0 % Track 0 %
Effective date of certification: October 22, 2019 Certification code: OK19038DG

Note to Race Director: Use this Certification Code
in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year: **2029**

AS NATIONALLY CERTIFIED BY:

Date: October 23, 2019

Don Garrett - USATF/RRTC Certifier - 12120 Hickory Creek Blvd., Oklahoma City OK 73170
(405) 850-5834 - garrettok@aol.com

