USATF	Road Running Technical Council USA Track & Field	recognized by RRCA
	Measurement Certificate	

Name of the course Life is Tremendous! Rich DuHaime Memorial 5K Distance 5 km			
Location (state) <u>NJ</u>	(city) Mahwah		
Type of course: <u>Road Race</u>			
Measuring Methods: Bicycle			
Measured By Ross Mistretta - 96 Carol Place - Wayne, NJ 07470 - (917) 597-5857 - rmistret@gmail.com			
Race Contact Jack Crilly - 33 Wolfe Dr. Wanaque, NJ 07465 - 97	3-835-5772		
Date(s) when course measured: 03/19/2022			
Number of measurements of entire course: <u>2</u> Course Configuration: <u>complex of different loop</u>			
Elevation (meters above sea level) Start 106.68 Finish 106.68 Lowest 100.28 Highest 113.08			
Straight line distance between start and finish <u>0 m</u> Drop <u>0.00</u> m/km Separation <u>0.00</u>			
Type of surface: Paved <u>100 %</u> Dirt <u>0 %</u> Gravel <u>0 %</u> Grass <u>0 %</u> Track <u>0 %</u>			
Effective date of certification: April 4, 2022 Cert	tification code: NJ22012JLW		
	to Race Director: Use this Certification Code		
in all	public announcements relating to your race.		

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year:

2032

AS NATIONALLY CERTIFIED BY:

_ Date: <u>April 6, 2022</u>

Jack Werbler - USATF/RRTC Certifier - 19 Amagansett Drive, Morganville NJ 07751 (908) 692-6686 - jwerb@optonline.net

Life is Tremendous! Rich DuHaime Memorial 5K

Mahwah, NJ Course Map

THE FOLLOWING MARKS ARE DESCRIBED RELATIVE TO THE RUNNING DIRECTION.

START: Facing South on the Darlington "Park" Access Rd (Pine Area, Day Camp Area) **BETWEEN** the 13th & 12th boulder 61ft **BEFORE** the sewer grate that resides South of the Start/Finish between the 5th & 4th boulder on the East side of the road. Boulders are counted from South to North starting at the access road to the Day Camp Pavilion. **FINISH: Same location as Start, AGAIN facing South.**

MILE 1 (LOOP): Facing Northwest on the Darlington "Park" Access Rd just **BEFORE** the Cedar Area Entrance to the East and **BEFORE** the Birch Area 133ft 9in **AFTER** Utility Pole 54355 38642 (617918) and 73ft 11in **BEFORE** Utility Pole 54344 38652 both located on the West side of the access road.

