



**Road Running Technical Council  
USA Track & Field  
Measurement Certificate**



Name of the course Frederick Womens Distance Festival Distance 5 km  
Location (state) MD (city) Frederick  
Type of course: Road Race  
Measuring Methods: Bicycle  
Measured By Tim OKeefe - 7214 Limestone Lane - Middletown, MD 21769 - (301) 788-5658 - timrunr@aol.com  
Race Contact Harriet Langlois - 5575 Broadmoor Terrace ljamsville, MD 21754 - 301-865-2748  
Date(s) when course measured: 05/16/2021  
Number of measurements of entire course: 2 Course Configuration: loop  
Elevation (meters above sea level) Start 99.06 Finish 100.58 Lowest 96.01 Highest 106.68  
Straight line distance between start and finish 34.44 m Drop -0.30 m/km Separation 0.69 %  
Type of surface: Paved 100 % Dirt 0 % Gravel 0 % Grass 0 % Track 0 %  
Effective date of certification: June 24, 2021 Certification code: MD21002NP

Note to Race Director: Use this Certification Code  
in all public announcements relating to your race.

## ***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

**Verification of Course ---** In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 of the year:*** **2031**

**AS NATIONALLY CERTIFIED BY:**

Date: June 24, 2021

Nathan Porch - USATF/RRTC Certifier - 1210 Bolton Street, 3R, Baltimore MD 21217  
(856) 803-7678 - nathan@getsetgoconsulting.com



## USATF Certificate

MD21002NP  
Effective: 06/24/2021  
Through: 12/31/2031

**Frederick Women's Distance Festival  
Frederick Community College  
Frederick, MD**

### Effective Dates



**Start:** On Perimeter Rd even with FCC sign for Career Center. 5' 10" West of end of concrete curbing.  
39° 27' 6" N, 77° 24' 56" W

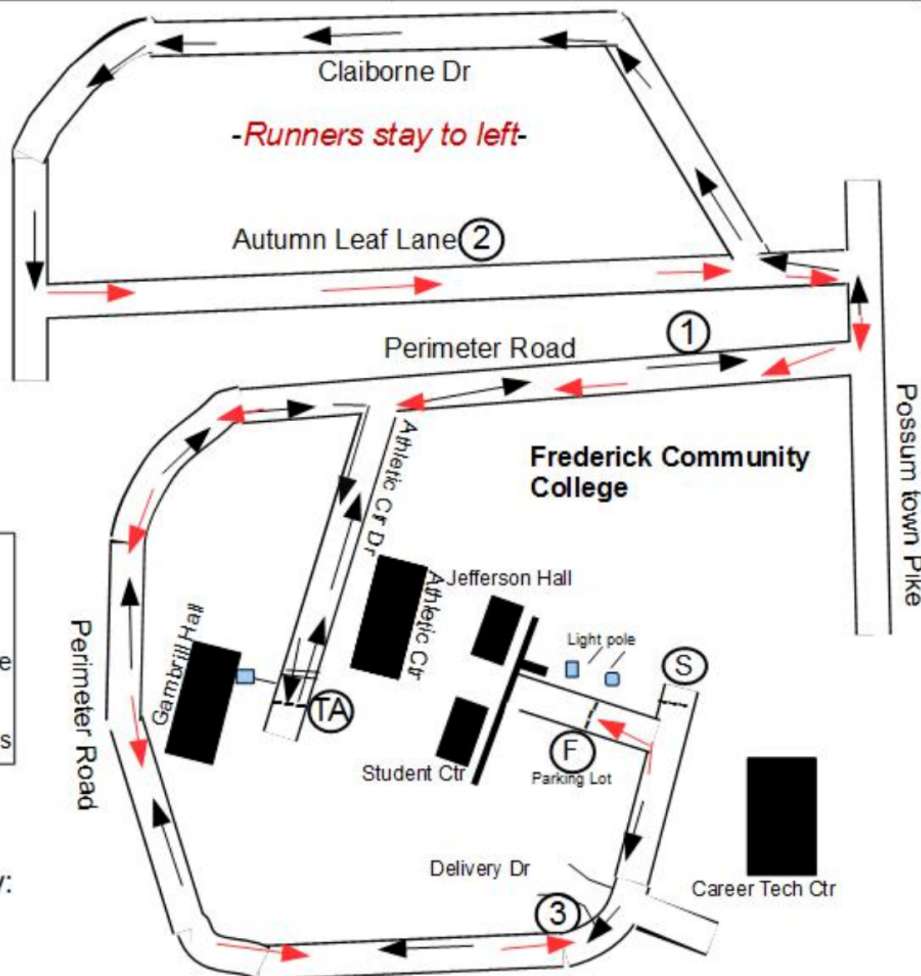
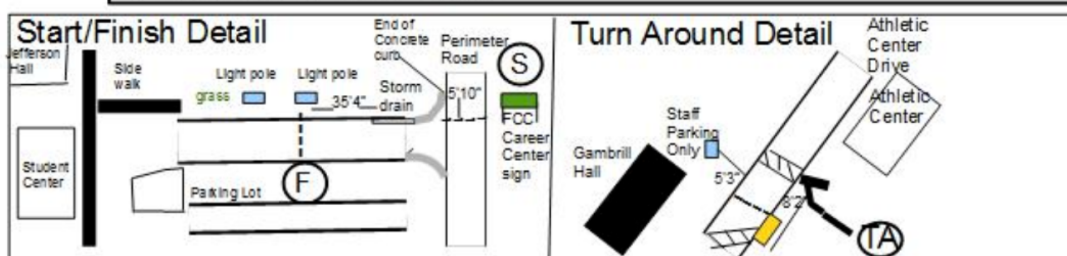
**Turn around:** On Athletic Center Road, in front of Gambrell Hall, even with NE side of yellow curb mat. 8' 2" SW of asphalt/concrete sidewalk line. 5' 3" SW of Staff Parking Sign. 39° 27' 9"N, 77° 25' 9"W

**2** 1<sup>st</sup> On Campus Perimeter Dr West of Possumtown Pike – 25' 1" east of FCC Arts Center sign, 27' 5" west of 3<sup>rd</sup> light pole.

**Mile 2:** Autumn Leaf Dr – even with brick wall on east edge of driveway of #7113.

**Mile 3:** On Perimeter Road across from back entrance to Career Tech Center – 2' north of end of curb on north side of "Deliveries Entrance" road.

**Finish:** North side of parking lot in front of Student Center. Even with 2<sup>nd</sup> light pole, 35'4" west of west edge of storm drain. 39° 27' 7" N, 77° 24' 60" W



Runners can use all of the road on FCC Campus except Athletic Center Drive where they stay right. Runners stay left on road off campus.

Measured by:  
Tim O'Keefe  
5-16-21