

Road Running Technical Council USA Track & Field Measurement Certificate



Name of the course Sequoyah Lodge 5k	Distance 5 km
Location (state) OK	(city) Hulbert
Type of course: Road Race	
Measuring Methods: Bicycle	
Measured By Martin Updike, 812 Eastside Blvd, Muskogee	, OK 74403, martin@i40raceservice.com, 918-577-1956
Race Contact Kindle Spry, 1325 Boone St Tahlequah, OK,	kindle-spry@cherokee.org, 918-453-5000
Date(s) when course measured: <u>09/20/2023</u>	
Number of measurements of entire course: 2 Course Co	onfiguration: Out and Back
Elevation (meters above sea level) Start 180.00 Finish 1	80.00 Lowest 170.00 Highest 200.00
Straight line distance between start and finish Om	Drop <u>0.00</u> m/km Separation <u>0.00</u> %
Type of surface: Paved 100 % Dirt 0 % Gravel 0	% Grass <u>0</u> % Track <u>0</u> %
Effective date of certification: October 10, 2023	Certification code: OK23038MU
	Note to Race Director: Use this Certification Code
	in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 of the year: | 2033

AS NATIONALLY CERTIFIED BY:

Martin Updike - USATF/RRTC Certifier - 812 Eastside Blvd, Muskogee OK 74403

(918) 577-1956 - martin@i40raceservice.com

SEQUOYAH LODGE 5K Hulbert, Ok





Measured by Martin Updike, on 9/20/2023 918-577-1956 martin@i40raceservice.com

Elevations: Start/Finish: 180 m Lowest: 170 m Highest: 200 m

<u>Start/Finish</u>: In Front of Western Hills Lodge, runs east/west directly in line with the flag pole in at the main entrance to the Lodge

1k/4k: On the Park 80 road, at the waterfall in front of the Nature Center.

<u>2k/3k</u>: On Park 80 Rd., at the furthest north point of the road and 8 meters east of the swim beach rules sign.

2.5 k Turnaround: On Park 80 Rd, 58 meters north of the gate just north of the retention ponds and horse stables.

Shortest Possible Route (SPR) was followed over the whole roadway (unrestricted route). Start, finish, and turn point are exact and marked with PK nails and Yellow paint.

Race Contact: Kindle Spry 918-453-5000 x 5905 kindle-spry@cherokee.org

