Road Running Technical Council
USA Track & Field
Measurement Certificate

recognized by RRCA

Name of the course Springtime 10k 2022 Distance 10 km

Location (state) FL (city) Tallahassee

Type of course: Road Race

Measuring Methods: Bicycle

Measured By Bill McGuire, 1978 Setting Sun Trail, Tallahassee FL 32303; 850-294-5837; bmcquire0516@gmail.com

Race Contact Mary Jean Yon, 3324 Charleston Rd, Tallahassee FL 32309; 850-668-2236; maryjeanyon@comcast.net

Date(s) when course measured: 2/16/2022, 2/17/2022

Number of measurements of entire course: 2 Course Configuration: complex of loops

Elevation (meters above sea level) Start 33.00 Finish 33.00 Lowest 31.00 Highest 92.00

Straight line distance between start and finish 0m Drop 0.00 m/km Separation 0.00 %

Type of surface: Paved 100 % Dirt 0 % Gravel 0 % Grass 0 % Track 0 %

Effective date of certification: March 15, 2022 Certification code: FL22011JK

Note to Race Director: Use this Certification Code in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course --- In the event a National Open Record is set on the course, or at the discretion of USA Track & Field, a verification measurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

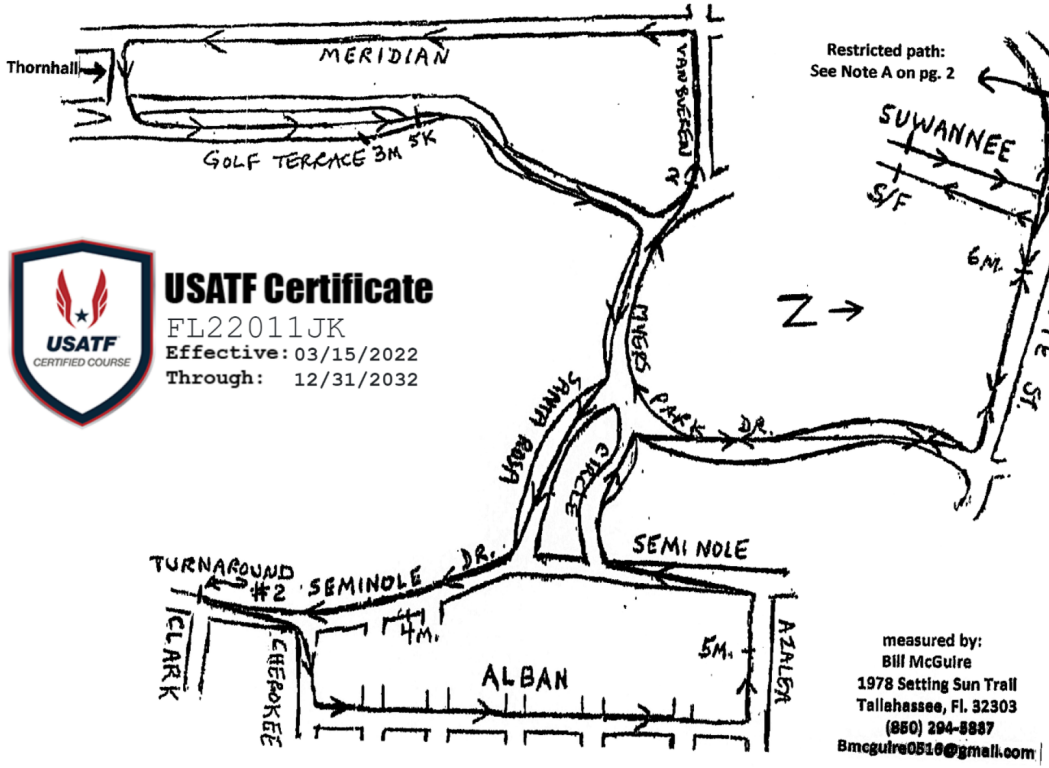
This certification expires on December 31 of the year: ***2032***

AS NATIONALLY CERTIFIED BY:

Justin Kuo

Date: March 21, 2022

Justin Kuo - USATF/RRTC Certifier - 39 Oakland Rd, Brookline MA 02445
(617) 487-4463 - jkuo+certifier@usatfne.org



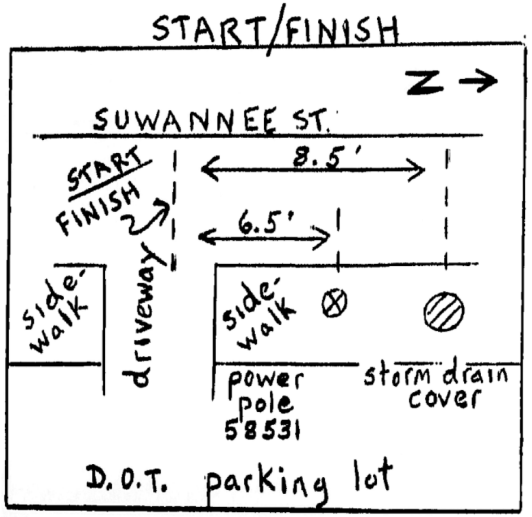
USATF Certificate
FL22011JK
Effective: 03/15/2022
Through: 12/31/2032

Springtime 10k 2022
Tallahassee, Fl.

Course measured on Feb. 16 &17, 2022

Calibration course: FL12011EBM

measured by:
Bill McGuire
1978 Setting Sun Trail
Tallahassee, Fl. 32303
(850) 294-8887
Bmcguire0516@gmail.com



★ See details for turnarounds #1 and #2 on page 2.

S / F: at southernmost Suwannee St. entrance/exit for Dept. of Transportation parking lot. Mark is 6.5' south of center of power pole 58531 on east side of Suwannee. It is a so 8.5' south of center of round storm drain cover on east sidewalk of street.

Turn 1: along center line of Franklin Blvd, 19' south of south curb of safety island that extends to Tennessee St. Mark is also 4' north of second light pole north of E. Call St. on west side of road.

1 mile: on east side of Franklin Blvd. at NE corner of intersection of Franklin and E. Jefferson St.

2 mile: in front of 611 E. Van Buren St. Mark is 30' east of power pole (inventory #) A4476996.

3 mile: along the northbound lane of Golf Terrace Dr. just north of Union St. Mark is 16' north of mailbox for #1620 Golf Terrace.

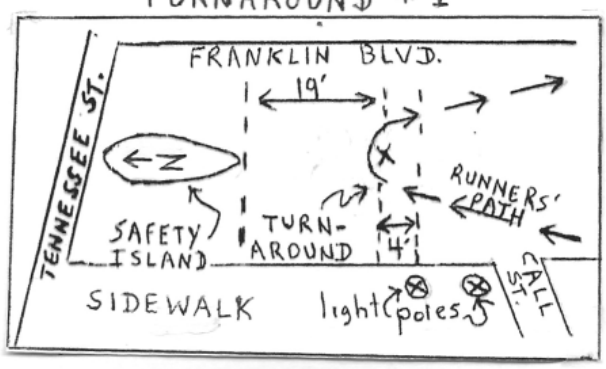
4 mile: on Seminole Drive, 22' north of power pole on NW corner of Seminole & Sarasota.

Turn 2: on Seminole Dr. just south of intersection with Clark Ave. 25.5' north of "Speed hump/20mph sign on west side of rd. Mark is also 94 ' north of power pole 04362 on east side of rd.

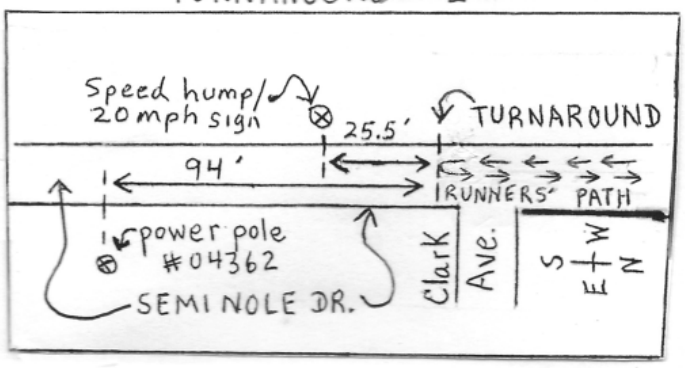
5 mile: along south side of Azalea, in front of # 1117 . Mark is 16' east of power pole #00442.

6 mile: along south side of E. Lafayette St, just west of train trestle. Mark is 25' east of power pole #00988 on north side of rd.

TURNAROUND #1



TURNAROUND #2



Note A: Cones & monitors will restrict outbound runners to the south & west of the safety island at the intersection of Lafayette St. & Franklin Blvd.

Note B: Cones & monitors placed along the midline of Franklin Blvd. will restrict northbound runners to the west lane.

Note C: Cones & monitors will restrict runners to the north lane of Lafayette from Franklin Blvd. to Suwannee St.

Except where noted, this course was measured using the full width of the road, and the shortest possible route.

10k Course Description

Runners start north on Suwannee, turn left into the eastbound lanes of Lafayette St., then right into the southbound lanes of Franklin Blvd. They proceed north to the turnaround point adjacent to Call St. and then head south in the northbound lanes. Runners turn left into the westbound lanes of Lafayette Street, and after passing Suwannee St., take the shortest possible route along Lafayette to Myers Park Drive, where they turn right.

The runners head south, then NW along Myers Park Drive. Where the road forks (near the 2 mile mark), runners bear left onto Van Buren St., run down the long hill, and take a left onto Meridian St. They continue south on Meridian to Thornhall, where they turn left, then left again, and proceed north along the northbound lane of Golf Terrace Dr. Just past the 5k point, the road dips down into a sharp "S" curve, then climbs again, eventually terminating at Myers Park Drive, across from the tennis courts.

At this point, runners turn right onto Myers Park Dr., then right again onto Santa Rosa, following it to Seminole Dr. They turn right (south) to turnaround #2 at Clark Ave., returning north on Seminole to Cherokee, where they turn right, and then left, onto Alban. Runners head north on Alban until it ends, and turn left onto Azalea. They pass 5 miles just before turning left onto Seminole. In several blocks, they turn right onto Circle Dr., descending sharply past Evans Pond Park, and turn right onto Myers Park Drive. The runners turn left onto Lafayette and down the hill, passing the six mile mark, and finally left to the start/finish on Suwannee.