## Pump It Up 5 Miler Jericho, VT

Measured by Steve Eustis on 10/5/2013 802-878-4385 / eustis1970@comcast.net

Start / 5M #3 Old Pump Road - front door and sidewalk of house; at utility pole #36/2

#88 + #90 Old Pump Road - just east of shared driveway; 18' east of utility pole #26-3/29 1M / 4M 5K 10' north of where power lines cross Sleepy Hollow Road just south of Old Pump Road; utility

pole west of the road (and set back) is #30/15A/22-1)

2M / 3M #113 Sleepy Hollow Road - 5' north of corner of garage that is closest to the road (garage is at a

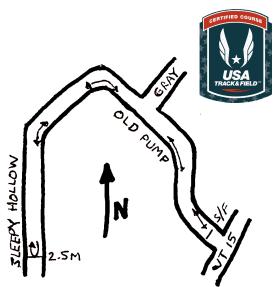
45 degree angle to road)

2.5M #62 Sleepy Hollow Road; 99' south of utility pole #30/23B1/1/34 (pole is at north edge of

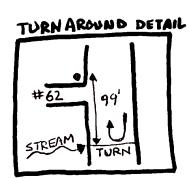
driveway); at the location where the small stream intersects the road from the west

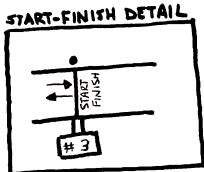
## Notes:

- Runners proceed to the 2.5 mile mark, turn around and run back to the finish



**USATF Certification #VT13009JK** Effective 10/6/2013 - 12/31/2023 Drop 0 m/Km, Separation 0%







## Road Running Technical Council USA Track & Field Measurement Certificate



Name of the course	Pump	It Up 5 Mile	r	Dista	nce	5 mi.		
Location (state)	VT	(city)		Jeri	.cho			
Type of course: ro				tion: out-and-back				
Type of surface: pa	aved % dirt	% gravel	100_% g	grass9	% track	_ (	%	
Elevation (height ab	ove sea level) Start 620	ft. Finish 62	O ft. Hig	ghest <b>730 f</b>	t. Low	est 600	ft.	
Straight line distance	e between start & finish	zero	Drop 0	m/km	Separation	on <b>0</b>	%	
Measured by (name,	address, phone & e-mail)	Steve Eustis,	18 Wilki	inson Dr,				
Essex Jct VI	05452; 802-878-4	4385; eustis1	970@comca	ast.net				
Race contact (name,	address & phone) GMAA,	PO Box 194,	Essex Jc	t, VT 054	53			
info@gmaa.ne	et							
Measuring Methods	: bicycle 🔀 steel tape	electronic dis	stance meter	]				
Number of measurer	ments of entire course: 2	Date(s) when cou	rse measured:	_ : 0•	ct 5, 2	2013		
	May 3, 2014							
				ation code:		L3009JK		
					Notice to Race Director			
	Use this Certification Code in <i>all</i> announcements relating to your					•		
	<b></b>	2001 1 11 3	T . 1 PT		onto rotati	ng to your	1400.	

## Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2023

AS NATIONALLY CERTIFIED BY:

Date: Oct 9, 2013

Justin Kuo USATF/RRTC National Certifier • 39 Oakland Road, Brookline, MA 02445-6700

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