

WOMEN'S DISTANCE FESTIVAL 5K ARLINGTON, VIRGINIA

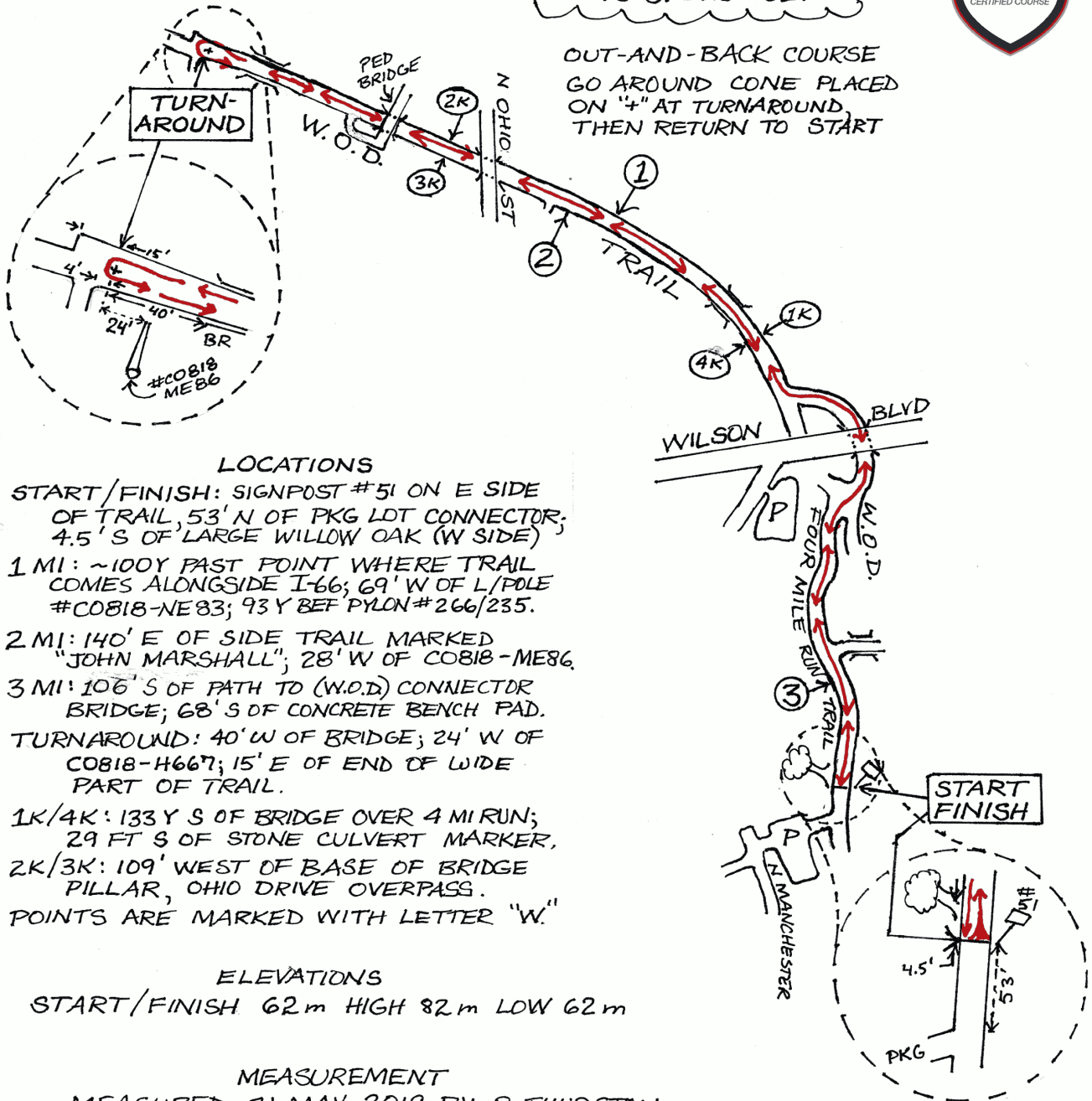


MAP NOT TO SCALE

USATF CERTIFICATE
VA19009RT
EFFECTIVE 6 JUNE 2019
TO 31 DEC 2029



OUT-AND-BACK COURSE
GO AROUND CONE PLACED
ON "+" AT TURNAROUND,
THEN RETURN TO START



LOCATIONS

START/FINISH: SIGNPOST #51 ON E SIDE OF TRAIL, 53' N OF PKG LOT CONNECTOR; 4.5' S OF LARGE WILLOW OAK (W SIDE)

1 MI: ~100Y PAST POINT WHERE TRAIL COMES ALONGSIDE I-66; 69' W OF L/POLE #COB18-NE83; 93Y BEF PYLON #266/235.

2 MI: 140' E OF SIDE TRAIL MARKED "JOHN MARSHALL"; 28' W OF COB18-ME86.

3 MI: 106' S OF PATH TO (W.O.D) CONNECTOR BRIDGE; 68' S OF CONCRETE BENCH PAD.

TURNAROUND: 40' W OF BRIDGE; 24' W OF COB18-H667; 15' E OF END OF WIDE PART OF TRAIL.

1K/4K: 133Y S OF BRIDGE OVER 4 MI RUN; 29 FT S OF STONE CULVERT MARKER.

2K/3K: 109' WEST OF BASE OF BRIDGE PILLAR, OHIO DRIVE OVERPASS.

POINTS ARE MARKED WITH LETTER "W."

ELEVATIONS

START/FINISH 62m HIGH 82m LOW 62m

MEASUREMENT

MEASURED 21 MAY 2019 BY R THURSTON

PREVIOUSLY MEASURED ON 11 MAY 2008

ALSO BY R THURSTON

RET



**Road Running Technical Council
USA Track & Field**

Measurement Certificate



Name of the course Women's Distance Festival 5K Distance 5 km
 Location (state) Virginia (city) Arlington
 Type of course: road race calibration course
 Measuring method: bicycle steel tape electronic distance meter
 Measured by (name, address, phone & e-mail) R Thurston

Race contact (name, address, phone & e-mail) Miguel Matta, c/o DC Roadrunners Club
(650) 492-0973. e: miguel.matta@dcroadrunners.org

Date(s) when course measured: May 21, 2019

Number of measurements of entire course: 2 Course Configuration: out-and-back

Elevation (meters above sea level) Start 62 m Finish 62 m Highest 82 m Lowest 62 m

Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %

Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %

Effective date of certification: June 6, 2019 Certification code: VA19009RT

Notice to Race Director: Use this Certification Code in **all** public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2029**

AS NATIONALLY CERTIFIED BY:

Robert Thurston

Date: June 6, 2019

Robert Thurston – USATF/RRTC Certifier
 13 Kennedy St NE, Washington DC 20011 (202) 726-1518 (h); (202) 431-0585 (m). e: thurret@aol.com