

The VMC 5K Knoxville, Tennessee

START LINE is located in the westbound lanes of Neyland Drive, adjacent to the downtown Knoxville waterfront and just east of the Railroad Trestle. Specifically 28 feet east of the storm sewer grate on the outside curb, just west of the Walnut Street intersection. See diagram.

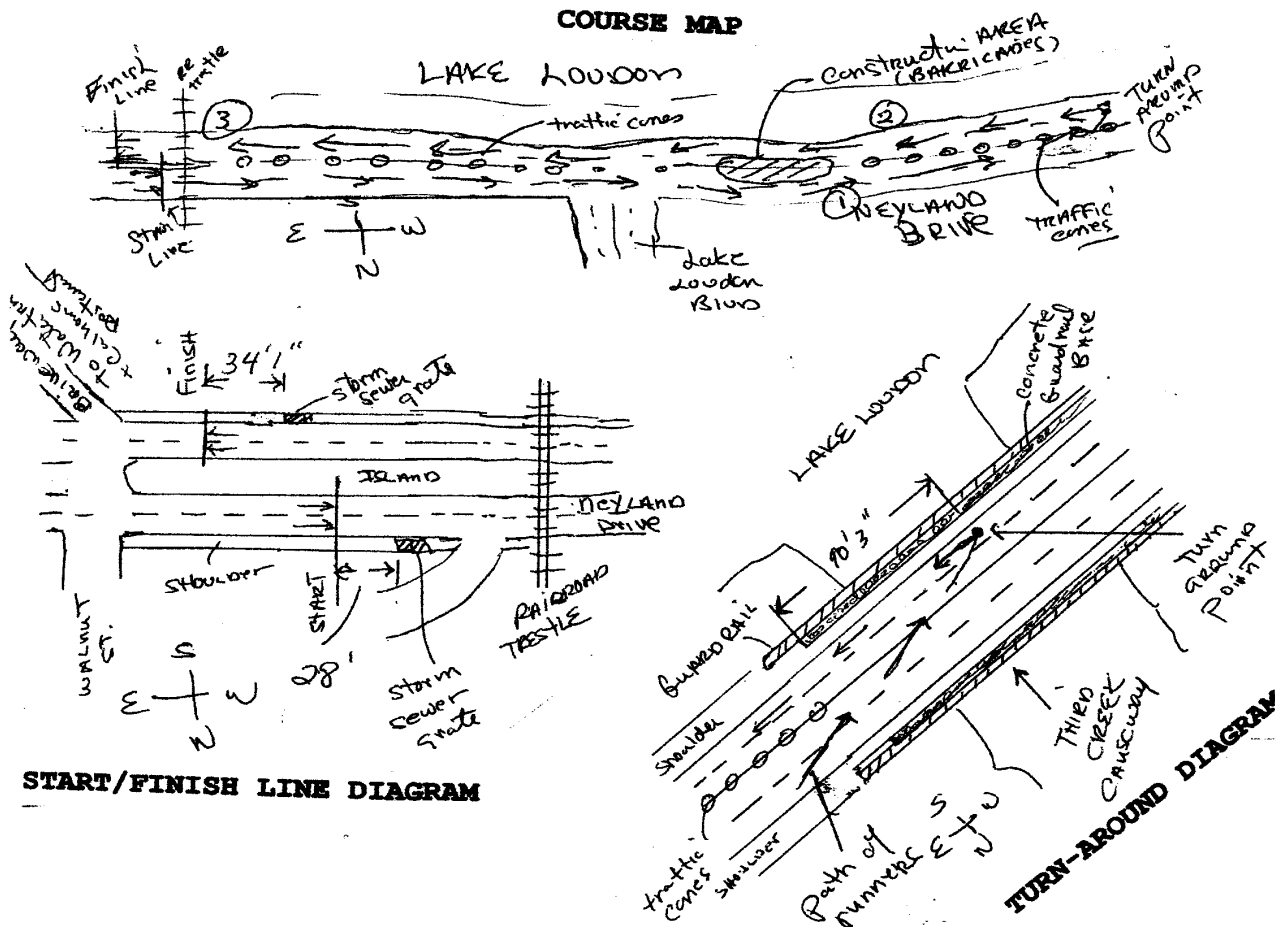
FINISH LINE is located in the eastbound lanes of Neyland Drive, adjacent to the downtown Knoxville waterfront and just east of the Railroad Trestle. Specifically 34'1" east of the storm sewer grate on the outside curb closest to the west driveway into Waterfront and Calhouns Restaurant. See diagram.

TURN-AROUND POINT is located on Neyland Drive on the Third Creek Causeway. Specifically in the middle of the outside westbound lane, 90'3" west of the end of the concrete causeway side barrier. See diagram.

COURSE is a simple out and back route. It begins just east of the Railroad Trestle in the two westbound lanes of Neyland Drive, runs west in both lanes as well as the right paved shoulder, turns around on the Third Creek Causeway and then heads back to the finish in the two eastbound lanes as well as the right paved shoulder. In areas of Neyland Drive where there is no center island, runners are confined by cones to running with traffic. Also due to construction just west of the Fort Loudoun intersection, runners are confined by a barrier to the right shoulder lane and shoulder both going out and returning. (See diagram).

LOCATION OF SPLITS: Mile one is located in the west bound lanes just east of the Sewage Treatment Center. Mile two is located in the east bound lanes adjacent to the Sewage Treatment Center. Mile three is located in the east bound lanes just west of the Railroad Trestle. In all curves and turns, runners take the shortest course possible except where confined by barriers due to construction.

COURSE MAP





Road Running Technical Council
USA Track & Field
Measurement Certificate



Name of the course VMC 5K Distance 5 km
Location (state) Tennessee (city) Knoxville
Type of course: road race ☒ calibration ☐ track ☐ Configuration: out-and-back
Type of surface: paved 100 % dirt % gravel % grass % track %
Elevation (meters above sea level) Start 254 m Finish 254 m Highest 259 m Lowest 248.5 m
Straight line distance between start & finish 45 m Drop 0 m/km Separation 0.9 %
Measured by (name, address, phone & e-mail) Allan Morgan allanemorgan@comcast.net
3530 Talahi Drive, Knoxville, TN 37919 ph: (865) 522-5881
Race contact (name, address & phone) Karol Harper
511 N. Broadway, Knoxville, TN 37917 ph: (865) 524-3926
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: 2 Date(s) when course measured: 07/09/2009
Race date: 08/08/2009 Course certification effective date: 07/13/2009
Replaces: not applicable (if applicable) Certification code: TN09040MS

Notice to Race Director
Use this Certification Code in **all** public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2019**

AS NATIONALLY CERTIFIED BY:

MB Studholme Date: 07/21/2009
Matthew Studholme – USATF/RRTC Regional Certifier
452 Brookhill Drive, Abingdon, Virginia 24210 Phone: (276) 623-1209 E-mail: sheddingcat@comcast.net

Sheddingcat