



USATF Certification  
OK18029DG

# Catoosa Schools 5k 5,000 meters – Catoosa, OK

Effective Dates  
4/16/18-12/31/28



**Start/Finish:** On Catoosa Stadium Track, at the center of the south curve, or directly in line with the goal post standard (GPS 36.1682 -95.7570)

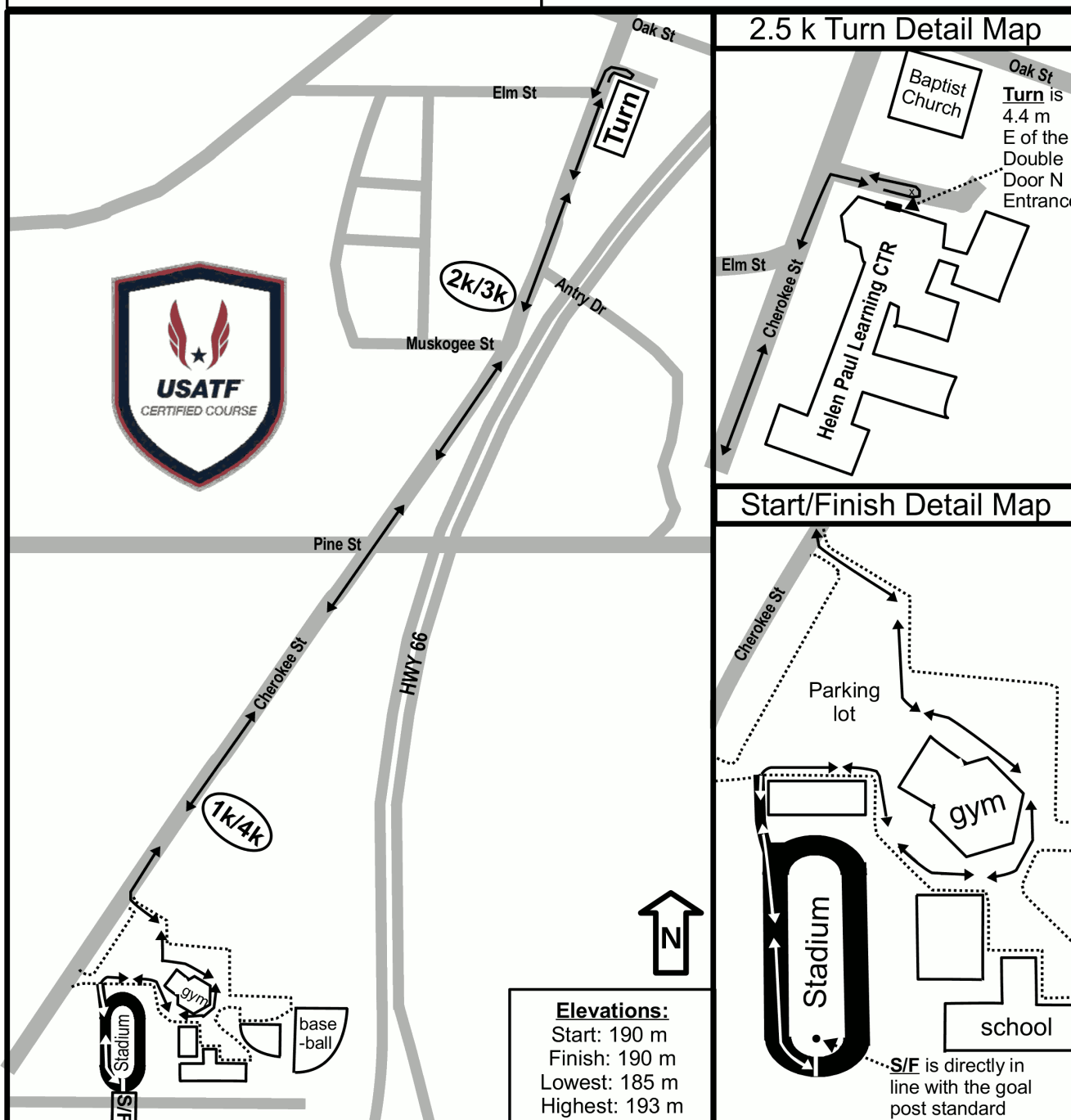
**1K/4k:** On Cherokee St, 10 m N of the fire hydrant on the east side of the rd where rd narrows (GPS 36.1732 -95.7554)

**2k/3k:** On Cherokee St, 14 m south of the Catoosa Clock at the Welcome to Catoosa Park. (GPS 36.1807 -95.7492)

**Turnaround:** On the entrance on northside of Helen Paul Learning Center, 4.4 m east of the center of the double door entrance. (GPS 36.1846 -95.7472)

**Race Contact:** Melinda Ham – Catoosa Schools  
mham@catoosa.k12.ok.us 918-694-9906

**Measured by:** Martin Updike, I:40 Race Service,  
918-577-1956, martin@i40raceservice.com





**Road Running Technical Council**  
**USA Track & Field**  
**Measurement Certificate**



Name of course: Catoosa Schools 5K Distance: 5 km  
Location : (state) Oklahoma (city) Catoosa  
Type of course : road race ☒ calibration course ☐  
Measuring method : bicycle ☒ steel tape ☐ electronic distance meter ☐  
Measured by (name, address, phone & e-mail) Martin Updike 321 Langton Rd., Ft. Gibson, OK 74434  
918-577-1556 martin@i40raceservice.com  
Race Contact (name, address, phone & email) Melinda Ham 2000 S. Cherokee, Catoosa, OK 74015  
918-694-9906 mham@catoosa.k12.ok.us  
Date(s) when course measured: Apr. 12, 2018  
Number of measurements of entire course: 2 Course Configuration: same out/ back 1 time  
Elevation (meters above sea level) Start 190 m Finish 190 m Highest 193 m Lowest 185 m  
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0.0%  
Type of Surface: Paved 100% Dirt 0% Gravel 0% Grass 0% Track 0%  
Effective date of certification: Apr. 16, 2018 Certification code: OK18029DG

Notice to Race Director: Use this Certification code  
in **all** public announcements relating to your race

***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

**Verification of Course** — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 in the year***

**2028**

**AS NATIONALLY CERTIFIED BY**

*Don Garrett*

Date : Apr. 18, 2018