



USATF Certification  
OK15002DG

Mohawk Parkside By Your Side 5k  
Tulsa, OK – 5,000 meters

Effective Dates  
1/2/15-12/31/2025

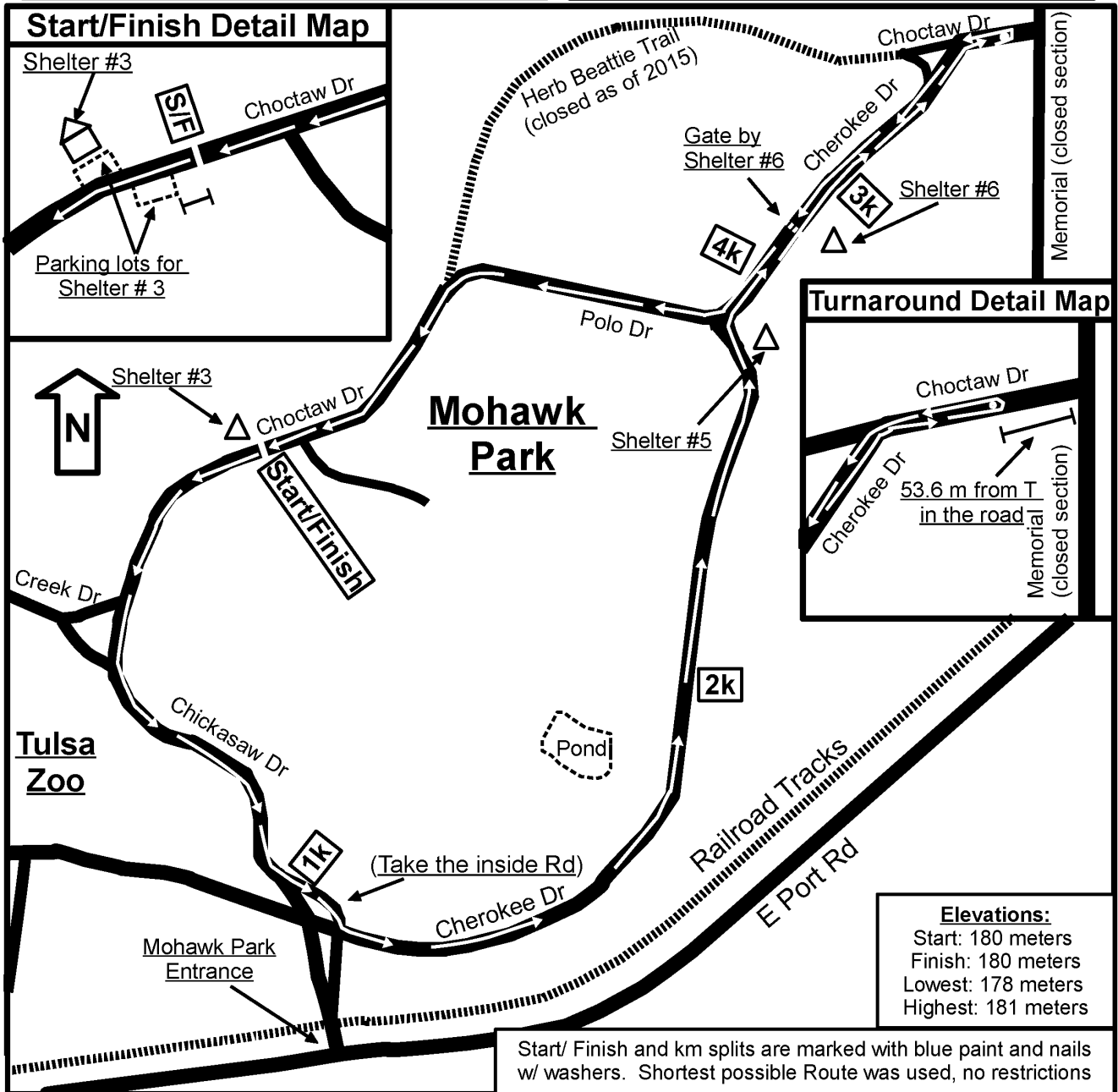
**Start:** On Choctaw Dr in Mohawk Park, 15.6 meters north of the north edge of the shelter # 3 parking lot on the south side of the road. Also located directly in line with the 10<sup>th</sup> wooden fence post north of shelter # 3.  
**1k:** On Chickasaw Dr, located just as the road splits into one way traffic for the park entrance/exit.  
**2k:** On Cherokee Dr. 46 m north of the yellow fire hydrant on the east side of the road.  
**3k:** On Cherokee Dr, going out on the out and back, 134 m northeast of the gate by shelter # 6.  
**3.38 km Turnaround:** On Choctaw Dr, 53.6 m west of the start of the T in the road where Choctaw Dr ends.  
**4k:** On Cherokee Dr, coming back on the out and back, 110 m southwest of the gate by shelter # 6.

**Race Contact:**

Eric Sachau, Parkside Psychiatric Hospital  
918-588-8826, esachau@parksideinc.org

**Measured By:**

Martin Updike, I:40 Race Service, on 12/9/14  
918-577-1956, martin@i40raceservice.com





**Road Running Technical Council  
USA Track & Field  
Measurement Certificate**



Name of course: Mohawk Parkside By Your Side Distance: 5 km

Location (state) Oklahoma (city) Tulsa

Type of course: road race  calibration  track  Configuration: Keyhole

Type of Surface: paved 100% dirt 0% gravel 0% grass 0% track 0%

Elevation (meters above sea level) Start 180 m Finish 180 m Highest 181 m Lowest 178 m

Straight line distance between start & finish 0 m Drop 0 m/km Separation 0.0%

Measured by (name, address, phone & e-mail) Martin Updike, 2903 Gibson St., Muskogee, OK 74403  
(918) 577-1956 martin@i40raceservice.com

Race Contact (name, address, phone & email) Eric Sachau, 1620 E 12th St., Tulsa, OK 74120  
(918) 588-8826 esachau@parksideinc.org

Measuring Methods : bicycle  steel tape  electronic distance meter

Number of measurements of entire course: 2 Date(s) when course measured: Dec. 9, 2014

Race date : 4/11/2015 Course certification effective date: Jan. 2, 2015

Certification code: OK15002DG

Notice to Race Director : Use this Certification Code  
in *all* public announcements relating to your race

***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

*Verification of Course* — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

*This certification expires on December 31 in the year*

**2025**

**AS NATIONALLY CERTIFIED BY**

*Don Garrett*

Date: Jan. 28, 2015

Don Garrett USATF/RRTC Certifier  
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