



USATF Certificate

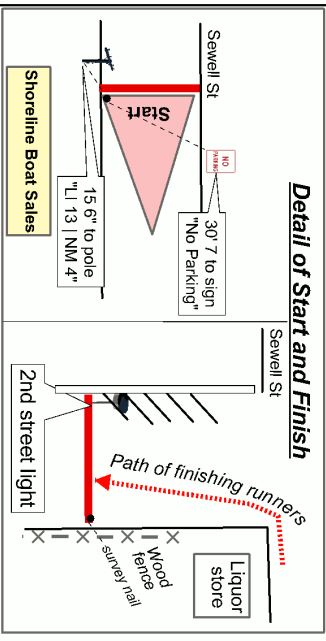
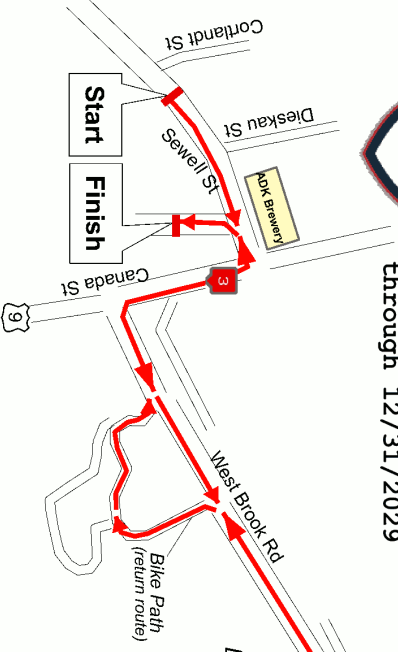
NY19018JG

Effective: 09/04/2019

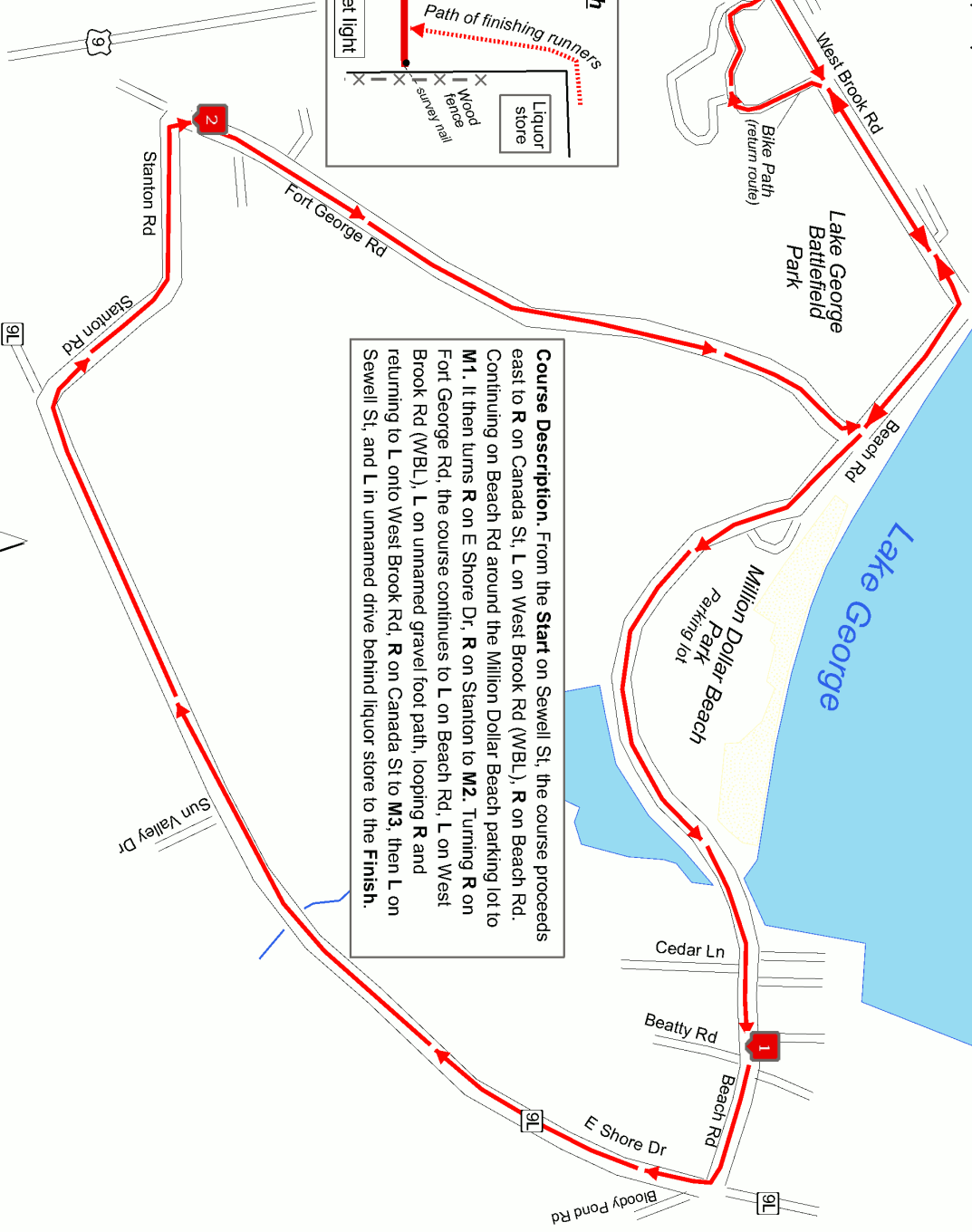
through 12/31/2029

ADK 5K

Lake George, NY



Course Description. From the Start on Sewell St, the course proceeds east to R on Canada St, L on West Brook Rd (WBL), R on Beach Rd. Continuing on Beach Rd around the Million Dollar Beach parking lot to M1. It then turns R on E Shore Dr, R on Stanton to M2. Turning R on Fort George Rd, the course continues to L on Beach Rd, L on West Brook Rd (WBL), L on unnamed gravel foot path, looping R on West Brook Rd, R on Canada St to M3, then L on Sewell St, and L in unnamed drive behind liquor store to the Finish.



Key Points Description

Described as race is run

- Start:** On Sewell Rd at Shoreline Boat Sales. Point is 15' 6" (direct) from utility pole "L13 NM 4" on the S side and 30' 7" (direct) from "No Parking This Side" sign on N.
- Mile 1:** On Beach Rd at #202 after Cedar Ln. Point is 25' 3" after storm drain by Cedar Ln and 4' 0" before water main cap across from Projyn Rd.
- Mile 2:** At #2 Stanton Rd before turn on to Fort George Rd. Point is even with utility pole "NM 2".
- Mile 3:** On Canada St (US 9) in front of Biscotti Bros. Cafe. Point is 26' 6" after storm drain by guard rail and 36' 2" before entry drive to cafe.
- Finish:** At 2nd light pole on R in drive approx. 89' from Sewell. Point is even with base of pole.

All points marked with mag nail and yellow paint.

Measured & mapped by Jim Gilmer | IAAF-A | 518-852-3562 | jim.gilmer@gmail.com with Kevin Becker





**Road Running Technical Council
USA Track & Field**

Measurement Certificate



Name of the course ADK 5K Distance 5 km
 Location (state) NY (city) Lake George
 Type of course: road race calibration course
 Measuring method: bicycle steel tape electronic distance meter
 Measured by (name, address, phone & e-mail) Jim Gilmer, 232 Van Wies Point Rd, Glenmont, NY 12077;
518-852-3562; jim.gilmer@gmail.com
 Race contact (name, address, phone & e-mail) Carl Ewald, Executive Director, Great American Brewery Runs
110 West Front St, Media, PA, 19063; 484-716-8331; carl@greatamericanbreweryruns.com
 Date(s) when course measured: September 3, 2019
 Number of measurements of entire course: 2 Course Configuration: keyhole
 Elevation (meters above sea level) Start 104.55 Finish 103.63 Highest 127.71 Lowest 98.15
 Straight line distance between start & finish 102.29 m Drop 0.18 m/km Separation 2.05 %
 Type of surface: paved 95.5 % dirt - % gravel 4.5 % grass - % track - %
 Effective date of certification: September 4, 2019 Certification code: NY19018JG

Notice to Race Director: Use this Certification Code in *all* public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2029

AS NATIONALLY CERTIFIED BY:

Date: September 4, 2019

James A. Gilmer, USATF/RRTC Certifier • 232 Van Wies Point Rd., Glenmont, NY 12077-4222
 Phone: 518-852-3562 • Email: jim.gilmer@gmail.com