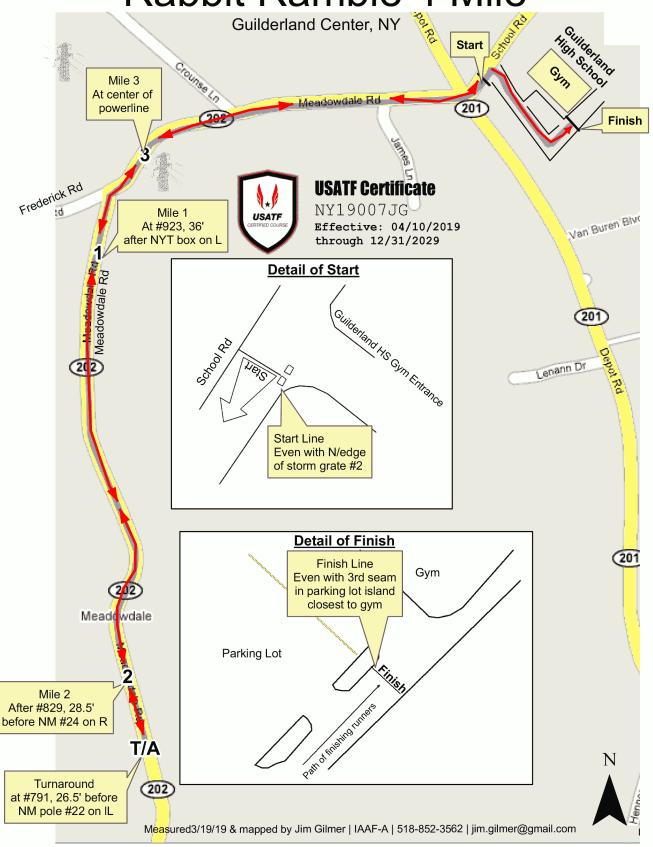
Rabbit Ramble 4 Mile





Road Running Technical Council USA Track & Field Measurement Certificate



Name of the course	Rabbit Ramble 4 Mile				Distance	4	mi.
Location (state)	N	Υ	_ (city)	Guil	lderland C	enter	
Type of course: ro	ad race 🗵 ca	libration course					
Measuring method:	bicycle 🗵 s	teel tape elec	ctronic distan	ce meter			
Measured by (name, address, phone & e-mail) _ Jim Gilmer, 232 Van Wies Point Rd, Glenmont, NY 12077;							
518-852-3562; jim.gilmer@gmail.com							
Race contact (name, address, phone & e-mail) Phil Carducci, 35 Whipple Way, Altamont, NY 12009,							
518-861-6350; alta5k@yahoo.com							
Date(s) when course measured: Original: 4/1/2007; Full remeasurement: 3/19/2019							
Number of measurements of entire course: 2 Course Configuration: Out-and-back (1x)							
Elevation (meters abo	ve sea level) Star	t100 Fin	ish101	Highest	109	Lowest_	97
Straight line distance between start & finish 292.37 m Drop0.16 m/km Separation 4.54 %							
Type of surface: pay	ved 100 %	dirt % g	gravel	% grass	- %	track	%
Effective date of certif	fication:	April 10, 2019		Certification cod	le: N	NY19007	'JG
				otice to Race Dir n <i>all</i> public anno			
Based on examination of data provided by the above named measurer, the course described above and							
in the map dards adop	attached is hereboted by the Road R	y certified as reason unning Technical Co the course must then	ably accurate uncil. If <i>any</i> (in measuremen changes are mad	t according	to the star	n-
of USA Tr the Road F	ack & Field, a ver Running Technical	the event a National fication remeasurem Council. If such a reed and the course certain	ent may be re emeasuremer	equired to be per nt shows the cou	formed by a	a member (of
This certification expires on December 31 in the year 2029							

James A. Gilmer, USATF/RRTC Certifier • 232 Van Wies Point Rd., Glenmont, NY 12077-4222

S NATIONALLY CERTIFIED BY:

Phone: 518-852-3562 • Email: jim.gilmer@gmail.com

April 10, 2019

Date: