



**Certified Course**  
**NY18021JJ**  
 Effective: 7/16/2018  
 Through: 12/31/2028

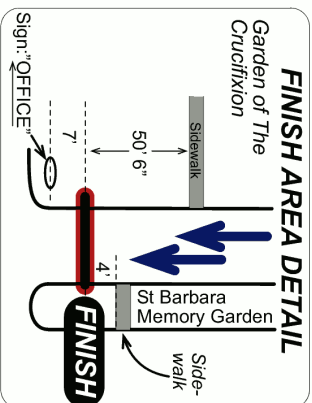
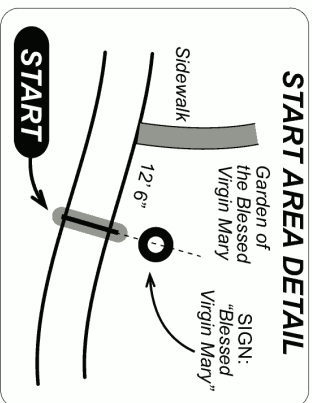
# Holy Cross Cemetery 5K

## Lackawanna, NY

DISTANCE: 5 Km  
 Measured July 16, 2018  
 By Jeff John  
 Calibration Course: NY15045JJ

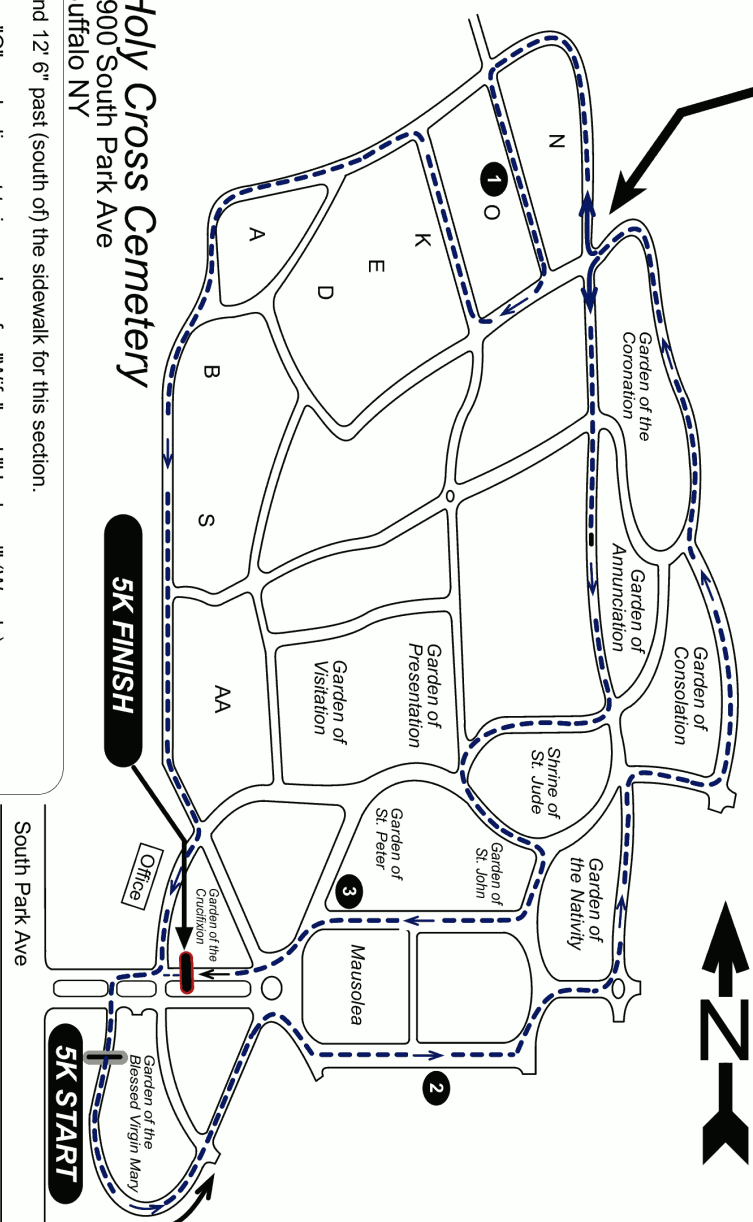
**Key Turn Decision Point:**  
 This turn determines whether it is the "Long Loop" or the "Short Loop". Runners go north (turn to their RIGHT) for the long loop, runners go south (turn to their LEFT) for the short loop.

**NOTES:** The 5K is run entirely on the grounds of the Holy Cross Cemetery. Course markings of any kind are prohibited. The 5K is comprised of 1 "Long Loop" followed by 1 "Short Loop".



### Holy Cross Cemetery

2900 South Park Ave  
 Buffalo NY



**START** At the "Blessed Virgin Mary" sign and 12' 6" past (south of) the sidewalk for this section.

**1 MILE** 31' 7" past the faucet pipe in Section "O", and adjacent twin markers for "Wife" and "Husband" (Woods).

**2 MILE** 62' 6" past (north of) the north edge of the Holy Trinity Mausoleum building and 16' past the grate.

**3 MILE** 18' past center of the doors of the Gethsemane Mausoleum bldg closest to the "Circle of Compassion".

**FINISH** 7' before (east of) sign "OFFICE" at the south-west edge of section "Garden of the Crucifixion", and 4' past (west of) sidewalk of the island hosting the parish bell in the "St Barbara Memory Garden", and 50' 6" west of the sidewalk for section."



**Road Running Technical Council  
USA Track & Field**

# *Measurement Certificate*



Name of the course Holy Cross Cemetery 5K Distance 5 Km  
 Location (state) NY (city) Lackawanna  
 Type of course: road race  calibration course   
 Measuring method: bicycle  steel tape  electronic distance meter   
 Measured by (name, address, phone & e-mail) Jeff John, Box 608, Amherst NY 14226  
(716) 982-4779 Jeff@BuffaloRunners.com  
 Race contact (name, address, phone & e-mail) Paul Pulinski  
(716) 345-7513 theskis92@verizon.net  
 Date(s) when course measured: July 16, 2018  
 Number of measurements of entire course: 2 Course Configuration: Complex of Loops  
 Elevation (meters above sea level) Start 180.7 Finish 180.1 Highest 190.2 Lowest 180.1  
 Straight line distance between start & finish 78 m Drop 0.12 m/km Separation 1.56 %  
 Type of surface: paved 100 % dirt - % gravel - % grass - % track - %  
 Effective date of certification: July 16, 2018 Certification code: NY18021JJ

Notice to Race Director: Use this Certification Code in *all* public announcements relating to your race.

## *Be It Officially Noted That*

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

*Verification of Course* — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 in the year*** **2028**

**AS NATIONALLY CERTIFIED BY:**

*Jeffrey John*

Date: July 16, 2018

Jeff John – USATF/RRTC Certifier  
Box 608, Amherst NY 14226

(716) 982-4779

Jeff@BuffaloRunners.com