

# St Amelia 5K - 2018

## Tonawanda, NY

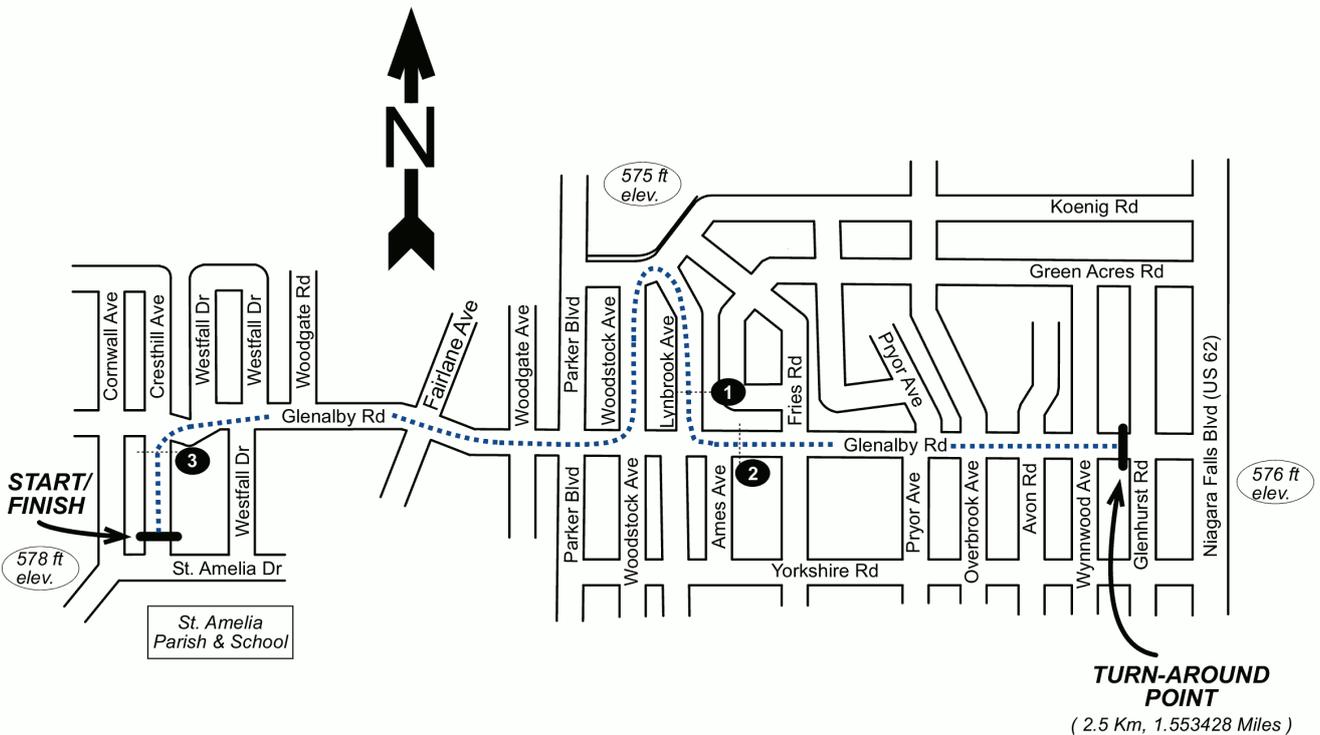


### Certified Course NY18012JJ

Effective: 5/16/2018  
Through: 12/31/2028

Course Distance:	5 Km
Date Proposed:	May 16, 2018
To Be Measured By:	Jeff John <b>BuffaloRunners.com</b>
Calibration Course:	Laborers Way NY15045JJ
Course Map:	© Copyright 2018, Jeffrey D John, <b>BuffaloRunners.com</b>

Course Design: **Out-And-Back**

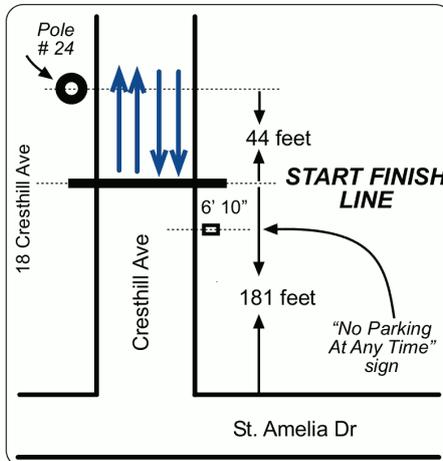


**TURN-AROUND POINT**  
(2.5 Km, 1.553428 Miles)

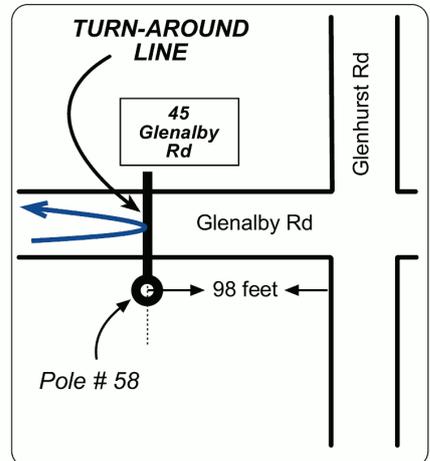
### MILE SPLITS

- START-FINISH** on Cresthill Ave (18 Cresthill) 44' south of pole # 24, 181' north of the intersection with St. Amelia Dr., and 6 feet 10 inches north of No Parking sign.
- 1 MILE** At 615 Lynbrook Ave, 7' before (north of) pole # 618.
- TURN-AROUND POINT** (Half way, 2.5 km) At 45 Glenalby Rd, and at the vertical center of pole # 58, and 98' west of Glenhurst Rd.
- 2 MILE** 281 Glenalby Rd, 40' 6" east of pole # 281, and 30' east of Ames Ave.
- 3 MILE** At 74 Cresthill Ave, and 18' north of pole # 69.

### START/FINISH DETAIL



### TURN-AROUND DETAIL





**Road Running Technical Council  
USA Track & Field**

# Measurement Certificate



Name of the course St. Amelia 5K - 2018 Distance 5 Km  
 Location (state) NY (city) Tonawanda  
 Type of course: road race  calibration course   
 Measuring method: bicycle  steel tape  electronic distance meter   
 Measured by (name, address, phone & e-mail) Jeff John, Box 608, Amherst NY 14226  
(716) 982-4779 Jeff@BuffaloRunners.com  
 Race contact (name, address, phone & e-mail) Kathleen Sullivan  
(716) 430-9795 smisul@aol.com  
 Date(s) when course measured: May 16, 2018  
 Number of measurements of entire course: 2 Course Configuration: Out-And-Back  
 Elevation (meters above sea level) Start 176.5 Finish 176.5 Highest 176.8 Lowest 175.0  
 Straight line distance between start & finish 0.0 m Drop 0.0 m/km Separation 0 %  
 Type of surface: paved 100 % dirt - % gravel - % grass - % track - %  
 Effective date of certification: May 16, 2018 Certification code: NY18012JJ

Notice to Race Director: Use this Certification Code in **all** public announcements relating to your race.

## *Be It Officially Noted That*

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

**Verification of Course** — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 in the year*** **2028**

**AS NATIONALLY CERTIFIED BY:**

*Jeffrey John*

Date: May 16, 2018

Jeff John – USATF/RRTC Certifier  
Box 608, Amherst NY 14226

(716) 982-4779

Jeff@BuffaloRunners.com