

Good Samaritan 10K Liverpool, NY 13088

START: The coincident START/FINISH line is the line between the steel poles to which are hinged the pair of gates separating the Long Branch parking area from the asphalt roadway that runs from the NW corner of the parking area to the shelters and Park office.

1 mile: Marked with a yellow dot on the west edge of the West Shore Trail, approx. 120 meters south of the sharp bend in the Trail located south of the northernmost shelter.

2 mile: Marked with a yellow dot on the west edge of the West Shore Trail, approximately midway along the straightaway closely paralleling I-690 and south of the southernmost intersection of the paved West Shore Trail and unpaved Lakeland Trail.

3 mile: Marked with a yellow dot on the south edge of Restoration Way on a perpendicular line from the center of the north wall of the restroom building north of the Lakeview Amphitheater.

Turnaround: The turnaround point is marked by a yellow dot in the center of the concrete portion of Restoration Way in the Lakeview Amphitheater. The turnaround point is 7' 1" north of the 2nd most southerly main support column (behind Section 308, seat 8). Runners should make a counterclockwise turn around a traffic cone or other temporary marker placed on the turnaround point during the race.

4 mile: Marked with a yellow dot on the east edge of the east side of the "loop" in the West Shore Trail adjacent the southern pedestrian bridge across I-690.

5 mile: Marked with a yellow dot on the east edge of the West Shore Trail, within 20 feet of the south end of a straightaway in the Trail.

6 mile: Marked with yellow paint on the paved south shoulder of Long Branch Rd., 3' 2" east of the western terminus of the concrete curbing at the entrance of the West Shore Trail parking area.

FINISH: The FINISH line is coincident with the START line.

The entire course is unrestricted. Participants should stay to the right when passing participants headed in the opposite direction.

Appropriate traffic control and course monitors should be positioned along the Long Branch Rd. portion of the course throughout the event.

This course was measured by and this map was drawn by Dave Oja (315-446-6285; <u>daveoja@aznet.com</u>) on April 9, 2017.



Road Running Technical Council USA Track & Field Measurement Certificate



Name of the course	Good Samaritan 10K					Distance	Distance10 km	
Location (state)	NY		(city)		Liverpoo	ol	
Type of course: roa	nd race 🛛 calibra			k 🔲				
Measuring methods:	bicycle 🗵 stee	el tape 🔲	electronic	distance m	eter 🗌			
Measured by (name, a	ddress, phone & e-ma	nil)_Dav	e Oja, 213 S	cott Ave,	Syracuse	, NY 1322	24;	
315-446-6285; da	aveoja@a-znet.co	m						
Race contact (name, a	ddress, phone & e-ma	iil) Deb	bie Cerelli, 4	851 V erF	Plank Rd,	Clay, NY	13041;	
315-350-7854; do	cerelli@hotmail.co	m						
Date(s) when course n	neasured: April 9, 3	2017						
Number of measureme	ents of entire course:	2	Course Confi	guration:		out-and-b	ack (1x)	
Elevation (meters above								
Straight line distance b								
Type of surface: pay	ed <u>100</u> % dir	t	_% gravel		6 grass	%	track	%
Effective date of certif	ication:	April 10	, 2017	Certi	fication cod	le:	NY 17008	JG
					to Race Dir			eation Code
					1			<u></u>
Be It Officially Noted That								
in the map dards adop	xamination of data prattached is hereby could by the Road Runnecomes void, and the	ertified as	s reasonably ac nical Council.	ccurate in r	neasuremen	t according	to the star	n-
of USA Tra the Road R	n of Course — In the ack & Field, a verific cunning Technical Cocords will be rejected	ation remouncil. If	easurement ma such a remeasi	y be requir irement she	ed to be per ows the cou	formed by	a member of	of
TI	nis certification e	expires (on Decemb	er 31 in t	he year	2027		
	AS	NATIO	NALLY CE	RTIFIE	D BY:			

James A. Gilmer, USATF/RRTC Certifier • 232 Van Wies Point Rd., Glenmont, NY 12077-4222

Phone: 518-852-3562 • Email: jim.gilmer@gmail.com

April 13, 2017