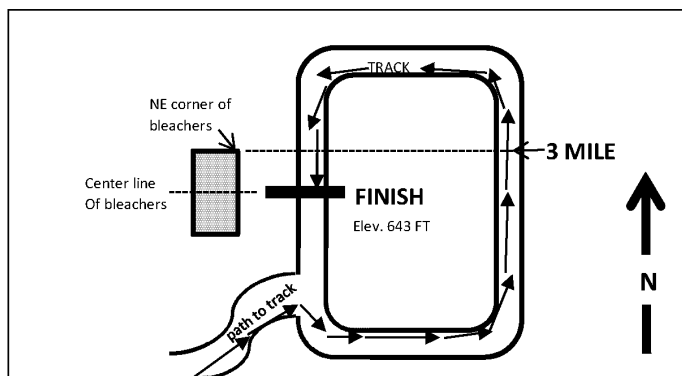
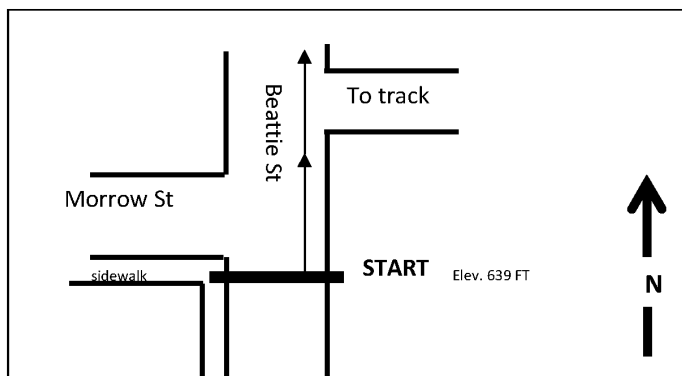
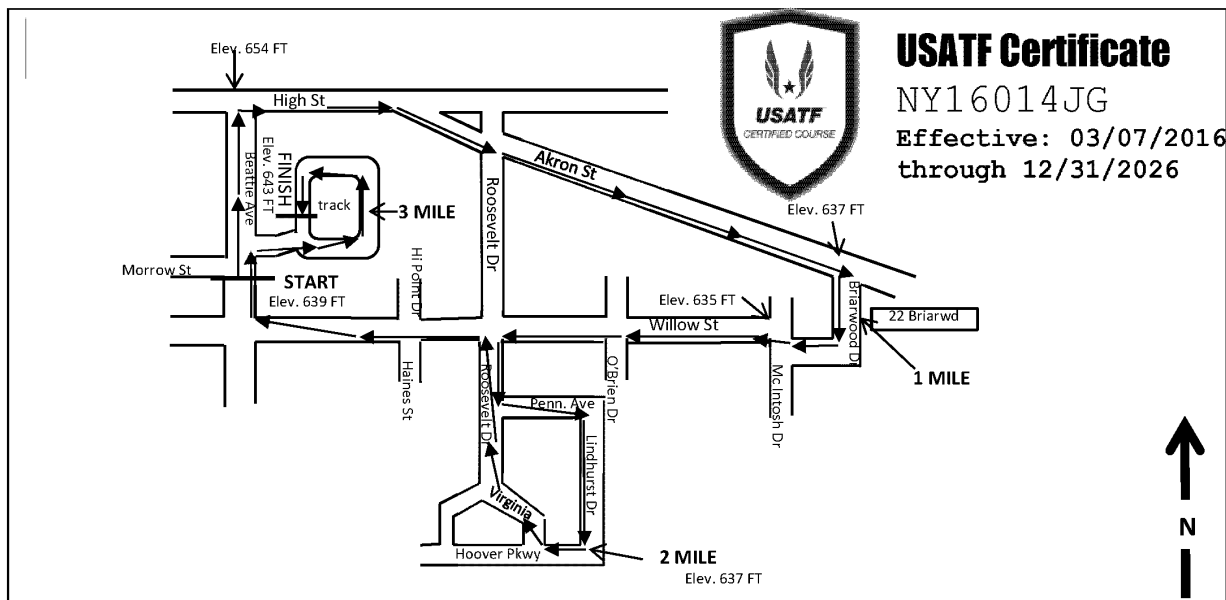


Relay for Life 5k Glow Run

Lockport NY
Measured by Bob Laskowski
Distance: 5K

Race Director: Donna Czaja
Measured 2/28/16



Mile Splits

START: On Beattie St inline with center of sidewalk on Morrow St.

1 MILE: On Briarwood Dr inline with driveway on 22 Briarwood Dr.

2 MILE: At curve where Lindhurst Dr & Hoover Pkwy meet.

3 MILE: On track, inline with north corner of bleachers.

FINISH: On track, inline with center of bleachers per map.

-Erie Basin Marina 1000 foot calibration course used (NY12005JG).

-Runners have access to entire road surface to allow shortest distance.

-All reference points marked with 2" PK(Parker-Kalon) nails, then sprayed with yellow fluorescent paint.



**Road Running Technical Council
USA Track & Field
Measurement Certificate**



Name of the course Relay for Life 5K Glow Run Distance 5 km
Location (state) NY (city) Lockport
Type of course: road race ☒ calibration course ☐ track ☐
Measuring methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Measured by (name, address, phone & e-mail) Bob Laskowski, 205 Brookwood Dr, West Seneca, NY 14075;
716-308-8687; rlaskowski@realtyusa.com
Race contact (name, address, phone & e-mail) Donna Czaja, 9716 Townline Rd, Middleport, NY 14105;
716-628-1411; dozaja@vfiizon.net
Date(s) when course measured: February, 28, 2016
Number of measurements of entire course: 2 Course Configuration: complex of loops
Elevation (meters above sea level) Start 194.8 Finish 196.0 Highest 199.3 Lowest 193.5
Straight line distance between start & finish 500' | 152.4 m Drop -0.24 m/km Separation 3.0 %
Type of surface: paved 90 % dirt - % gravel - % grass - % track 10 %
Effective date of certification: March 7, 2016 Certification code: NY16014JG

Notice to Race Director: Use this Certification Code
in *all* public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2026**

AS NATIONALLY CERTIFIED BY:

Digitally signed by James A. Gilmer
DN: cn=James A. Gilmer, o=NY Regional Certifier,
ou, email=jim.gilmer@gmail.com, c=US
Date: 2016.03.09 16:21:37 -05'00'

Date: March 9, 2016

James A. Gilmer, USATF/RRTC Certifier • 232 Van Wies Point Rd., Glenmont, NY 12077-4222
Phone: 518-852-3562 • Email: jim.gilmer@gmail.com