

Run In The Mist 5K

Niagara Falls, NY



Certified Course NY16010JJ

Effective: 5/11/2016
Through: 12/31/2026

Course Distance:	5 Km
Date Measured:	May 10, 2016
Measured By:	Jeff John BuffaloRunners.com
Calibration Course:	ON-2012-052-BDC

MILE SPLITS

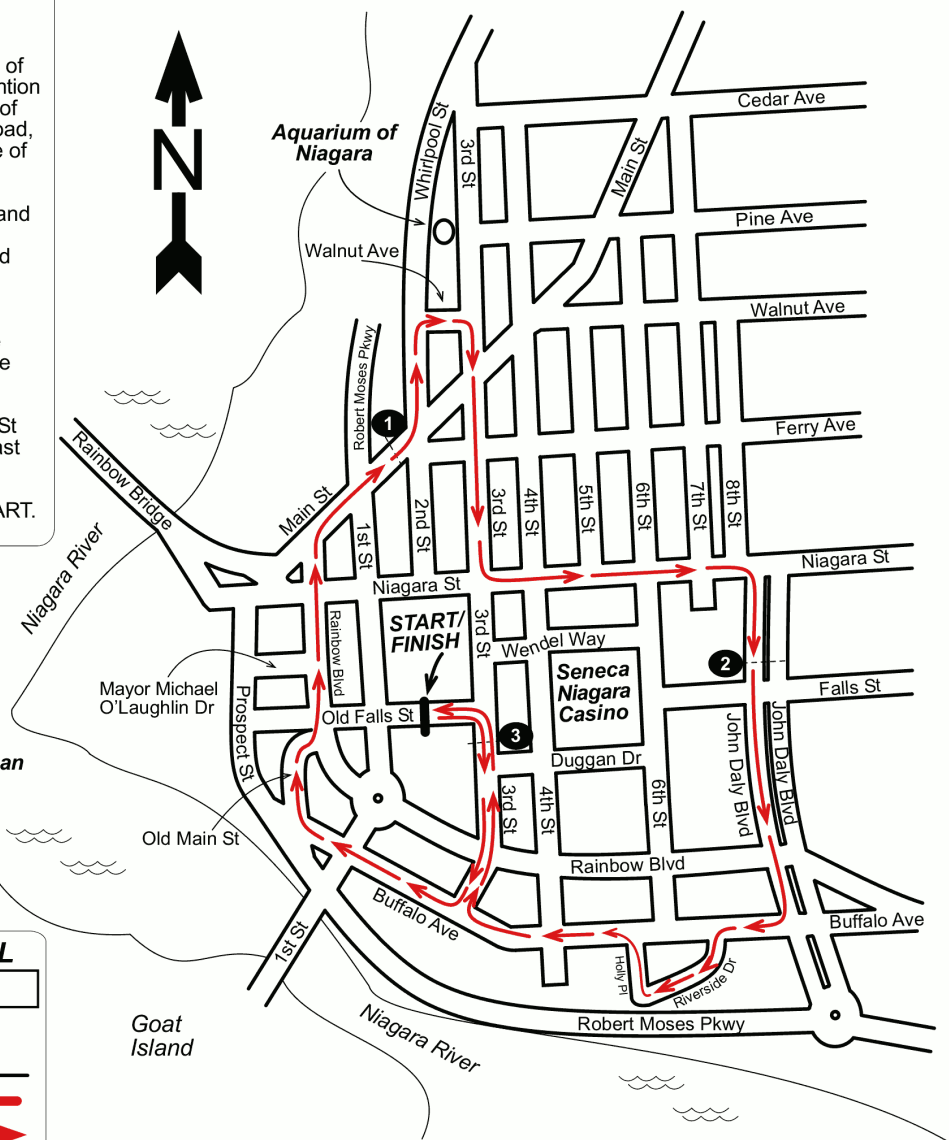
START 101 Old Falls St, 23' west of main doors of The Convention Center and at west edge of planter on north side of road, and 39' west of east edge of the "Smokin Joe's" bldg.

1 MILE Main St, between 2nd St and Robert Moses Pkwy, and 21' before Pole # 460, and 26' before small defunct driveway.

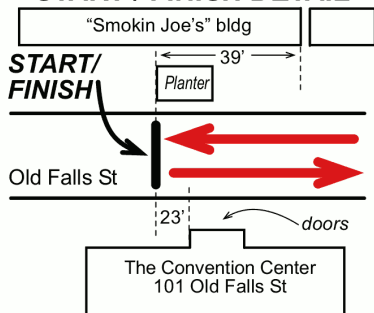
2 MILE John Daly Blvd 55' before Pole # 300, and 90' before Falls St.

3 MILE 3rd St between Old Falls St and Dugan Dr, and 18' past Pole # 244.

FINISH Same location as the START.



START / FINISH DETAIL





**Road Running Technical Council
USA Track & Field
Measurement Certificate**



Name of the course Run In The Mist Distance 5 Km
Location (state) NY (city) Niagara Falls
Type of course: road race ☒ calibration course ☐ track ☐
Measuring methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Measured by (name, address, phone & e-mail) Jeff John, Box 608, Amherst NY 14226
(716) 982-4779, Jeff@BuffaloRunners.com
Race contact (name, address, phone & e-mail) Maralynn Giancola, (716) 282-7181, mgiancola@gmail.com
Date(s) when course measured: May 10, 2016
Number of measurements of entire course: 2 Course Configuration: keyhole
Elevation (meters above sea level) Start 176.2 Finish 176.2 Highest 186.2 Lowest 171.0
Straight line distance between start & finish 0.0 Drop 0.0 m/km Separation 0 %
Type of surface: paved 100 % dirt - % gravel - % grass - % track - %
Effective date of certification: May 11, 2016 Certification code: NY16010JJ

Notice to Race Director: Use this Certification Code
in **all** public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2026**

AS NATIONALLY CERTIFIED BY:

Jeffrey John

Date: May 11, 2016

Jeff John – USATF/RRTC Certifier

Box 608, Amherst NY 14226 | (716) 982-4779 | Jeff@BuffaloRunners.com