

# Polar Bear 5K

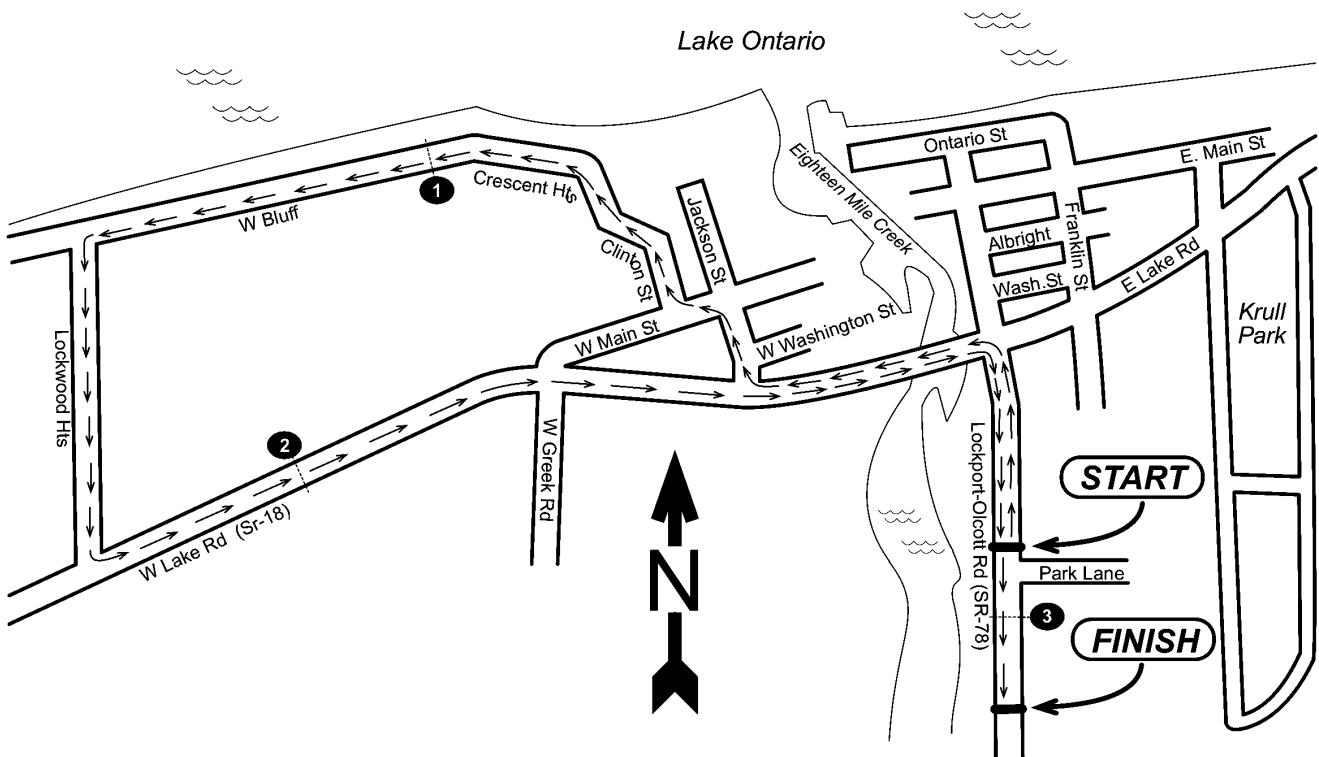
## Olcott, NY



**Certified Course  
NY15003JJ**

Effective: 1/20/2015  
Through: 12/31/2025

Distance: 5 Km  
Measured by Jeff John  
January 18, 2015  
Calibration: Laborers Way



### Mile Splits

**START** 1653 Lockport-Olcott Rd, and 10' north of Park Lane, and 12' 6" south of yellow caution sign "700 FEET AHEAD", and 18' north of manhole cover "SANITARY SEWER".

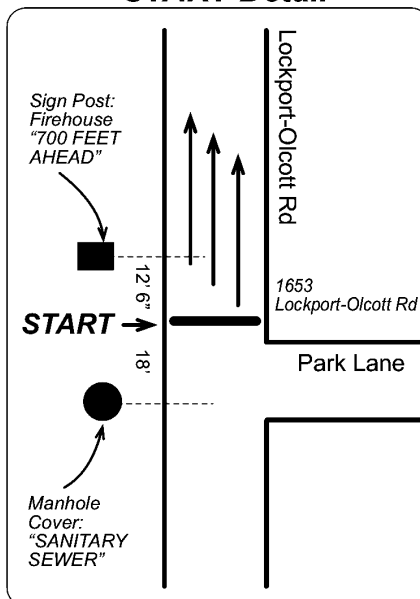
**1 Mile** Mid-driveway of 5677 W Bluff and 82.5 feet past (west of) Pole # NG 5684.

**2 Mile** 5646 W Lake Rd, and at Pole # NG 5564.

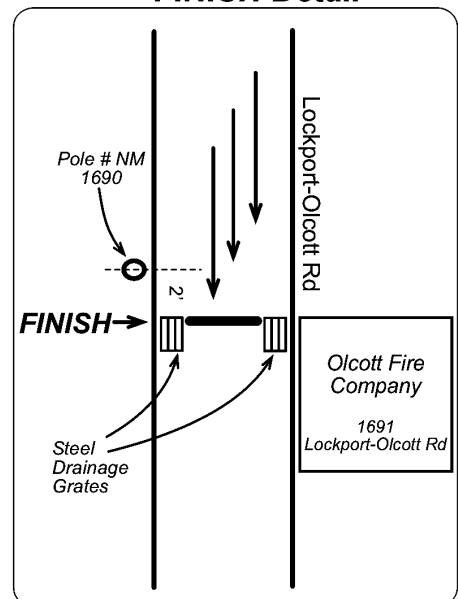
**3 Mile** 1662 Lockport-Olcott Rd, and 14' south of Pole # 1660.

**FINISH** 1691 Lockport-Olcott Rd at NW corner of the Olcott Fire House driveway, and at the north edge of steel sewer grate, and 2' south of Pole # NM 1690.

### START Detail



### FINISH Detail





**Road Running Technical Council**  
**USA Track & Field**  
**Measurement Certificate**



Name of the course Polar Bear 5K Distance 5 Km  
 Location (state) NY (city) Olcott  
 Type of course: road race  calibration  track  Configuration: Keyhole  
 Type of surface: paved 100 % dirt - % gravel - % grass - % track - %  
 Elevation (meters above sea level) Start 92 Finish 94 Highest 94 Lowest 77  
 Straight line distance between start & finish 206 meters Drop -0.4 m/km Separation 4.1 %  
 Measured by (name, address, phone & e-mail) Jeff John, PO Box 608, Amherst NY 14226  
(716) 982-4779, Jeff@BuffaloRunners.com  
 Race contact (name, address, phone & e-mail) Jeff Tracy, 4 Cherry St, Lockport NY 14094  
(716) 433-4717, Jeff@Score-This.com  
 Measuring Methods: bicycle  steel tape  electronic distance meter   
 Number of measurements of entire course: 2 Date(s) when course measured: January 18, 2015  
 Race date: February 22, 2015 Course certification effective date: January 20, 2015  
 Certification code: NY15003JJ

Notice to Race Director: Use this Certification Code in **all** public announcements relating to your race.

***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

**Verification of Course** — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 in the year*** **2025**

**AS NATIONALLY CERTIFIED BY:**

*Jeffrey D John*

Date: January 20, 2015

Jeff John, USATF/RRTC Certifier | PO Box 608, Amherst NY 14226 | (716) 982-4779 | Jeff@BuffaloRunners.com

*Doreen Neuma*

Date: 1/20/2015

RRTC Chairperson