

# Step Up For Kids 5K

## Cassadaga, NY

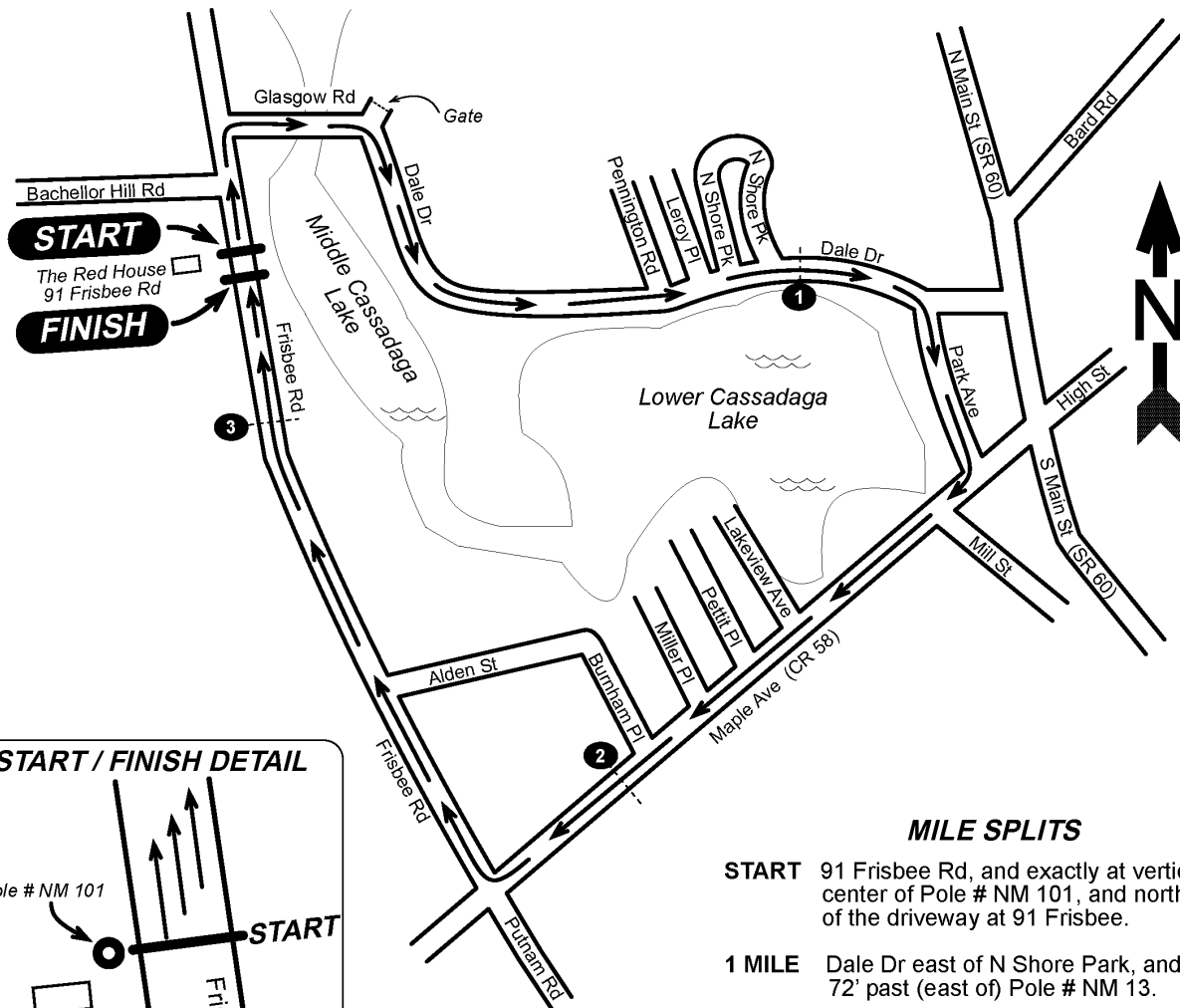


### USATF Certificate

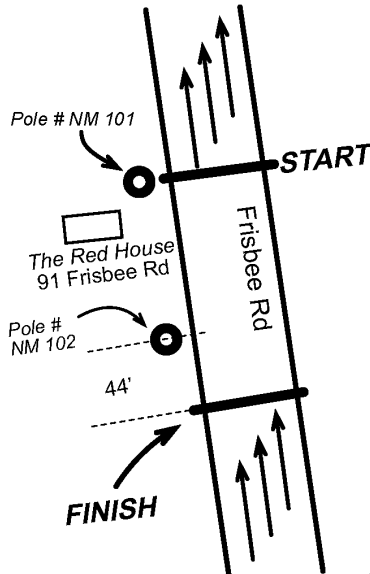
NY14113JG

Effective: 09/01/2014  
through 12/31/2024

|                     |  |
|---------------------|--|
| Course Distance:    | 5 Km   |
| Date Measured:      | August 21, 2014  |
| Measured By:        | Jeff John<br><b>BuffaloRunners.com</b>                                   |
| Calibration Course: | NY14078JG  |
| Notes:              | Runners may have use of entire road surface to attain shortest distance. |



### START / FINISH DETAIL



### MILE SPLITS

- START** 91 Frisbee Rd, and exactly at vertical center of Pole # NM 101, and north of the driveway at 91 Frisbee.
- 1 MILE** Dale Dr east of N Shore Park, and 72' past (east of) Pole # NM 13.
- 2 MILE** 252 Maple Ave, and 45' past (west of) Pole # NM 53.
- 3 MILE** 81 Frisbee Rd, and 64' before (south of) Pole # NM 105.
- FINISH** 91 Frisbee Rd, 44' before (south of) Pole # NM 102, and 217 feet south of the START Line.



**Road Running Technical Council  
USA Track & Field  
Measurement Certificate**



Name of the course Step Up For Kids 5K Distance 5 km  
Location (state) NY (city) Cassadaga  
Type of course: road race ☒ calibration ☐ track ☐ Configuration: partial loop  
Type of surface: paved 100 % dirt - % gravel - % grass - % track - %  
Elevation (meters above sea level) Start 406 Finish 406 Highest 408 Lowest 399  
Straight line distance between start & finish 217 feet Drop 0.0 m/km Separation 1.3 %  
Measured by (name, address, phone & e-mail) Jeff John, PO Box 608 Amherst, NY 14226; 716-982-4779;  
jeff@BuffaloRunners.com;  
Race contact (name, address, phone & e-mail) Sheryl Waterman, 405 W. 3rd St, Jamestown NY 14701;  
716-338-9844; CAPadmin@CAPjustice.org  
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐  
Number of measurements of entire course: 2 Date(s) when course measured: August 21, 2014  
Race date: September 27, 2014 Course certification effective date: September 1, 2014  
Certification code: NY14113JG

Notice to Race Director: Use this Certification Code  
in *all* public announcements relating to your race.

***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Verification of Course** — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 in the year***

**2024**

**AS NATIONALLY CERTIFIED BY:**

Digitally signed by James A. Gilmer  
DN: cn=James A. Gilmer, o=NY Regional Certifier, ou,  
email=jim.gilmer@gmail.com, c=US  
Date: 2014.09.01 18:04:02 -04'00'

Date: September 1, 2014

James A. Gilmer, USATF/RRTC Regional Certifier, New York | IAAF 'A' Measurer  
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