





**Road Running Technical Council**  
**USA Track & Field**  
**Measurement Certificate**



Name of the course Run for Their Lives 5 km Distance 5 km  
Location (state) New York (city) Canandaigua  
Type of course: road race ☒ calibration ☐ track ☐ Configuration: keyhole  
Type of surface: paved 88 % dirt      % gravel      % grass      % track 12 %  
Elevation (meters above sea level) Start 250 Finish 250 Highest 254 Lowest 240  
Straight line distance between start & finish 26 meters Drop 0.0 m/km Separation 0.52 %  
Measured by (name, address, phone & e-mail) Kevin P. Lucas, 94 South Ridge Trail, Fairport,  
NY 14450-3843, 585-421-9626, & k\_p\_lucas@frontiernet.net  
Race contact (name, address, phone & e-mail) Ken Beers, c/o Canandaigua Emergency Squad,  
233 N. Pearl Street, Canandaigua, NY 14424-1439, 585-394-5860  
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐  
Number of measurements of entire course: 2 Date(s) when course measured: August 8, 2013  
Race date: June 28, 2014 Course certification effective date: August 9, 2013  
Certification code: NY13115KL

Notice to Race Director: Use this Certification Code  
in *all* public announcements relating to your race.

***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Verification of Course** — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 in the year*** **2023**

**AS NATIONALLY CERTIFIED BY:**



Date: August 9, 2013

Kevin P. Lucas – USATF/RRTC National Certifier  
94 South Ridge Trail, Fairport, NY 14450-3843, 585-421-9626, & k\_p\_lucas@frontiernet.net