

# 14 Holy Helpers School 5K

## West Seneca, NY



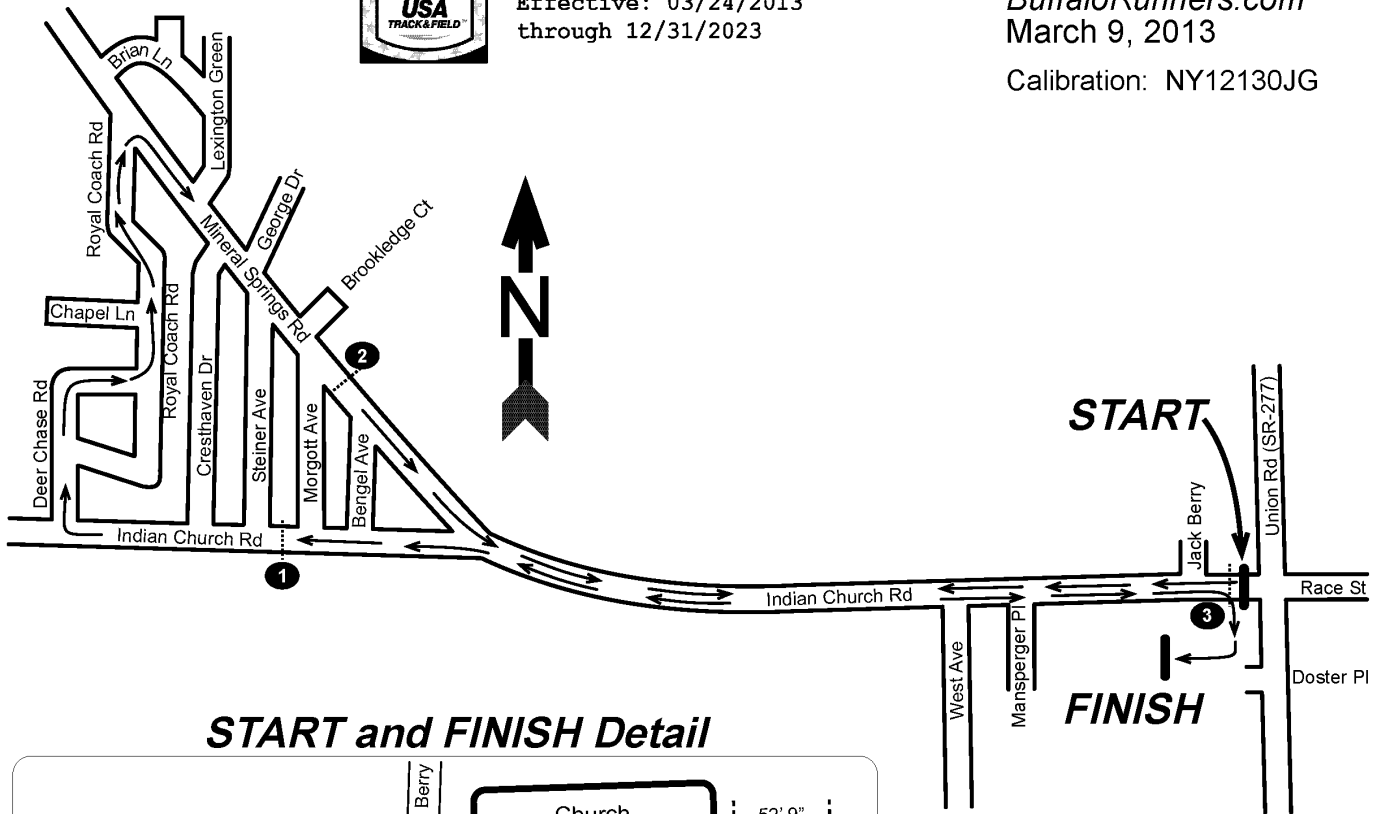
### USATF Certificate

NY13024JG

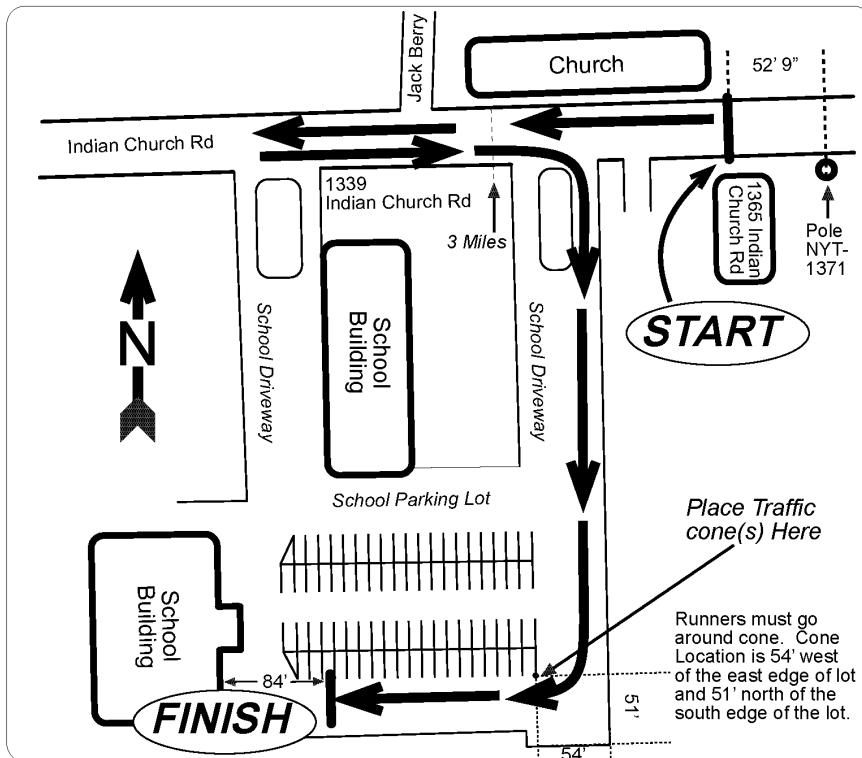
Effective: 03/24/2013  
through 12/31/2023

Measured by Jeff John  
*BuffaloRunners.com*  
March 9, 2013

Calibration: NY12130JG



### START and FINISH Detail



### MILE SPLITS

- START** 1365 Indian Church Rd, 52' 9" past (west of) Pole # NYT 1371, and at water cap in street, and 3' before west edge of building at this address.
- 1-MILE** 836 Indian Church Rd.
- 2-MILE** Between 1150 and 1156 Mineral Springs Rd, and at center of Pole NYT 1194.
- 3-MILE** On Indian Church Rd 6' before (west of) Pole # NYT 1343.
- FINISH** South row of school parking lot and 84' east of building.



**Road Running Technical Council**  
**USA Track & Field**  
**Measurement Certificate**



Name of the course 14 Holy Helpers School 5K Distance 5 km  
 Location (state) NY (city) West Seneca  
 Type of course: road race  calibration  track  Configuration: keyhole  
 Type of surface: paved 100 % dirt - % gravel - % grass - % track - %  
 Elevation meters above sea level) Start 189.89 Finish 192.03 Highest 192.03 Lowest 182.88  
 Straight line distance between start & finish 147.0 m Drop -0.43 m/km Separation 2.94 %  
 Measured by (name, address, phone & e-mail) Jeff John, P.O. Box 608, Amherst NY 14226;  
716-982-4779; Jeff@BuffaloRunners.com  
 Race contact (name, address, phone & e-mail) Rob Cruz, 1339 Indian Church Rd, West Seneca NY  
716-870-8956; RCruz@caplugs.com  
 Measuring Methods: bicycle  steel tape  electronic distance meter   
 Number of measurements of entire course: 2 Date(s) when course measured: March 9, 2013  
 Race date: April 13, 2013 Course certification effective date: March 24, 2013  
 Certification code: NY13024JG

Notice to Race Director: Use this Certification Code in *all* public announcements relating to your race.

***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

*Verification of Course* — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 in the year*** **2023**

**AS NATIONALLY CERTIFIED BY:**

Digitally signed by James A. Gilmer  
 DN: cn=James A. Gilmer, o=NY Regional Certifier, ou,  
 email=jim.gilmer@gmail.com, c=US  
 Date: 2013.03.24 13:08:23 -04'00'

Date: **March 24, 2013**

James A. Gilmer, USATF/RRTC Regional Certifier, New York | IAAF Grade A Measurer  
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