

ECMC LIFELINE FOUNDATION 5K

Buffalo, New York

DISTANCE: 5 Km

RACE DIRECTOR : Debi Jamieson

MEASURED: October 04, 2011

BY: John J. Grandits

- Erie Community College 330.03604 meter calibration course used
- Runners have access to the entire road surface to allow for the shortest distance,
- All reference points marked with 2" PK(Parker-Kalon) nails with plastic yellow washers attached to 2" X 2" stakes driven in the ground near the edge of the pavement.
- It will be the responsibility of the race director to re-reference the references each year.

Start: At black light pole # 149 on East Meadow Drive (Ring Road).
 Mile 1: 28' 2" after black light pole # 176 / 2 on Meadow Drive (Ring Road)
 Mile 2: 6' before black light pole # 36 (on outer side). At Zoo parking lot between the parking lot and Jewett.
 Mile 3: 74' 2" after black light pole # 182 (outer side) on the Ring Road.
 5 Km: 53' 3" after center of the metal sewer grate across from black light pole # 185; or, 36' 5" after red fire hydrant after # 185.

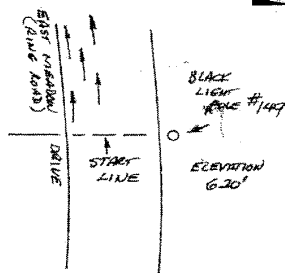


Certified Course

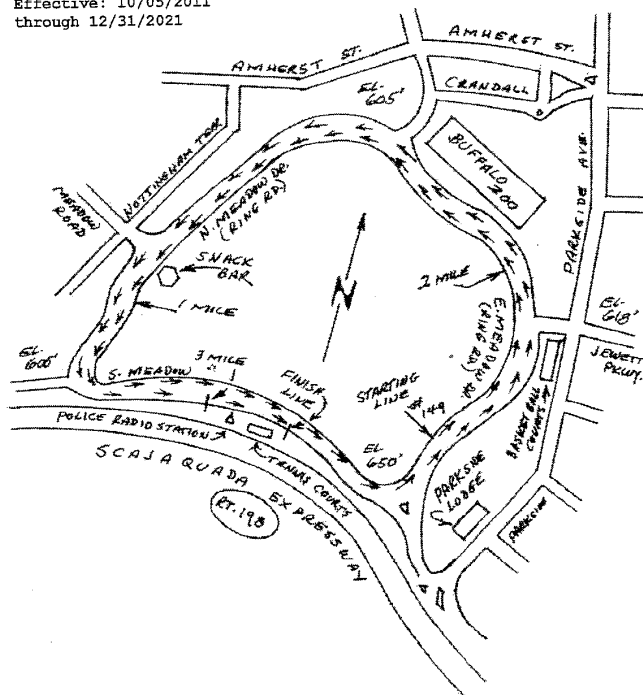
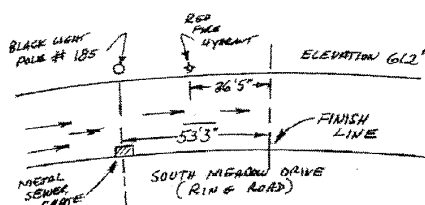
NY11079JG

Effective: 10/05/2011
 through 12/31/2021

Start Line



Finish Line





Road Running Technical Council
USA Track & Field
Measurement Certificate



Name of the course ECMC Lifeline Foundation 5K Distance 5 km
Location (state) NY (city) Buffalo
Type of course: road race ☒ calibration ☐ track ☐ Configuration: loop (2x)
Type of surface: paved 100 % dirt - % gravel - % grass - % track - %
Elevation (feet above sea level) Start 620 Finish 612 Highest 650 Lowest 605
Straight line distance between start & finish 212 m Drop 0.49 m/km Separation 4.24 %
Measured by (name, address, phone & e-mail) John J. Grandits, 251 Ellicott St.,
Williamsville, NY; 14221; (716) 634-5052; johnboyg42@aol.com
Race contact (name, address & phone) Debi Jamieson, ECMC Lifeline Foundation, 462 Grider
St., Buffalo, NY 14215; 716-898-5881
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: 2 Date(s) when course measured: October 4, 2011
Race date: October 15, 2011 Course certification effective date: October 5, 2011
Replaces: NY10057JG (if applicable) Certification code: NY11079JG

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year

2021

AS NATIONALLY CERTIFIED BY:

Digitally signed by James Gilmer
DN: cn=James Gilmer, o, ou, email=jim.gilmer@gmail.com, c=US
Date: 2011.10.08 08:07:51 -04'00'

Date: October 7, 2011

James A. Gilmer, USATF/RRTC Regional Certifier, New York

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