

DISTANCE: 5 Km

MEASURED: March 15, 2011

- Erie Community College 480 meter calibration course used, NY02010AM
- Runners have access to the entire road surface to allow for the shortest distance,
- All reference points marked with 2" PK(Parker-Kalon) nails with plastic yellow washers attached, painted with yellow paint..
- It will be the responsibility of the race director to re-paint the references each year.

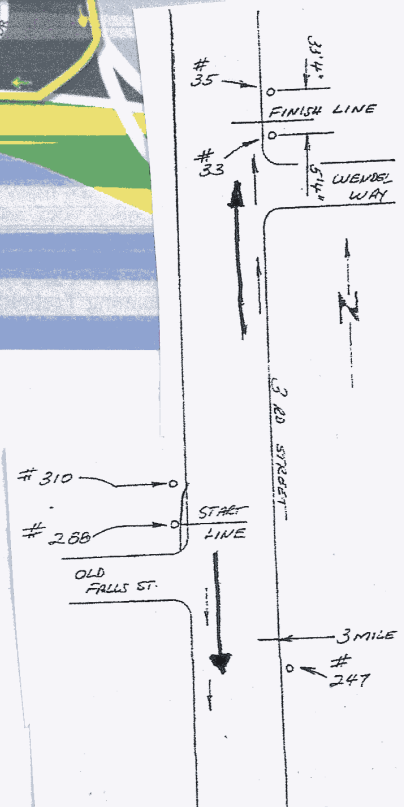
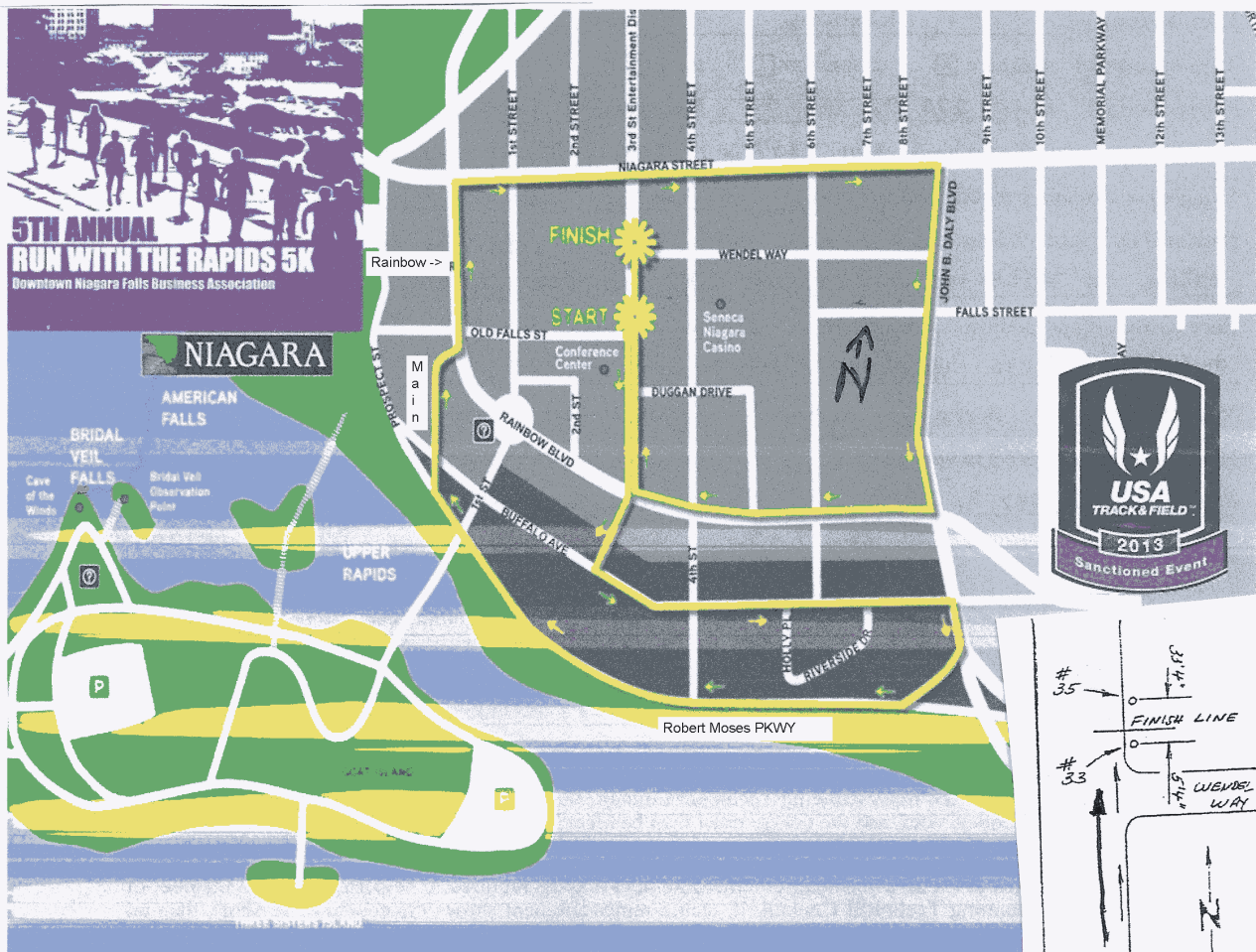
Start: At black light pole # 288 ; 34' 4" after black light pole # 310 on 3 rd Street, just before Old Falls Street.
 Mile 1: At last metal sewer grate on the ramp for 4th Street on the Robert Moses Pkwy.
 Mile 2: 40' 8" before silver light pole # 429 on Niagara Street.
 Mile 3: 23' after black light pole # 247 on 3 rd Street, just before Old Falls Street.
 Finish: 5' 4" after black light pole # 33 on 3 rd Street; or, 33' 4" before black light pole # 35 on 3 rd Street, just after Wendel Way.



Certified Course

NY11005JG

Effective: 3/16/2011
 through 12/31/2021





Road Running Technical Council
USA Track & Field
Measurement Certificate

recognized by



Name of the course Run with the Rapids Distance 5 km
Location (state) NY (city) Niagara Falls
Type of course: road race ☒ calibration ☐ track ☐ Configuration: complex of loops
Type of surface: paved 100 % dirt - % gravel - % grass - % track - %
Elevation (feet above sea level) Start 569 Finish 569 Highest 580 Lowest 557
Straight line distance between start & finish 118.65 m Drop 0.00 m/km Separation 2.37 %
Measured by (name, address, phone & e-mail) John J. Grandits, 251 Ellicott St.,
Williamsville, NY; 14221; (716) 634-5052; johnboyg42@aol.com
Race contact (name, address & phone) Jim Seymour, 101 Old Falls St., Niagara Falls, NY
14303, 716-278-2115
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: 2 Date(s) when course measured: March 15, 2011
Race date: May 21, 2011 Course certification effective date: March 16, 2011
Replaces: n/a (if applicable) Certification code: NY11005JG

Notice to Race Director
Use this Certification Code in **all** public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2021**

AS NATIONALLY CERTIFIED BY:

James A. Gilmer

Digitally signed by James Gilmer
DN: cn=James Gilmer, o, ou, email=jim.gilmer@gmail.com, c=US
Date: 2011.03.18 19:32:55 -04'00'

Date: March 19, 2011

James A. Gilmer, USATF/RRTC Regional Certifier, New York
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NY11005JG