

SOUTHTOWNS FITNESS CENTER RACE FOR A CAUSE WEST SENECA, NEW YORK

Distance: 5K
Measured: February 28, 2011

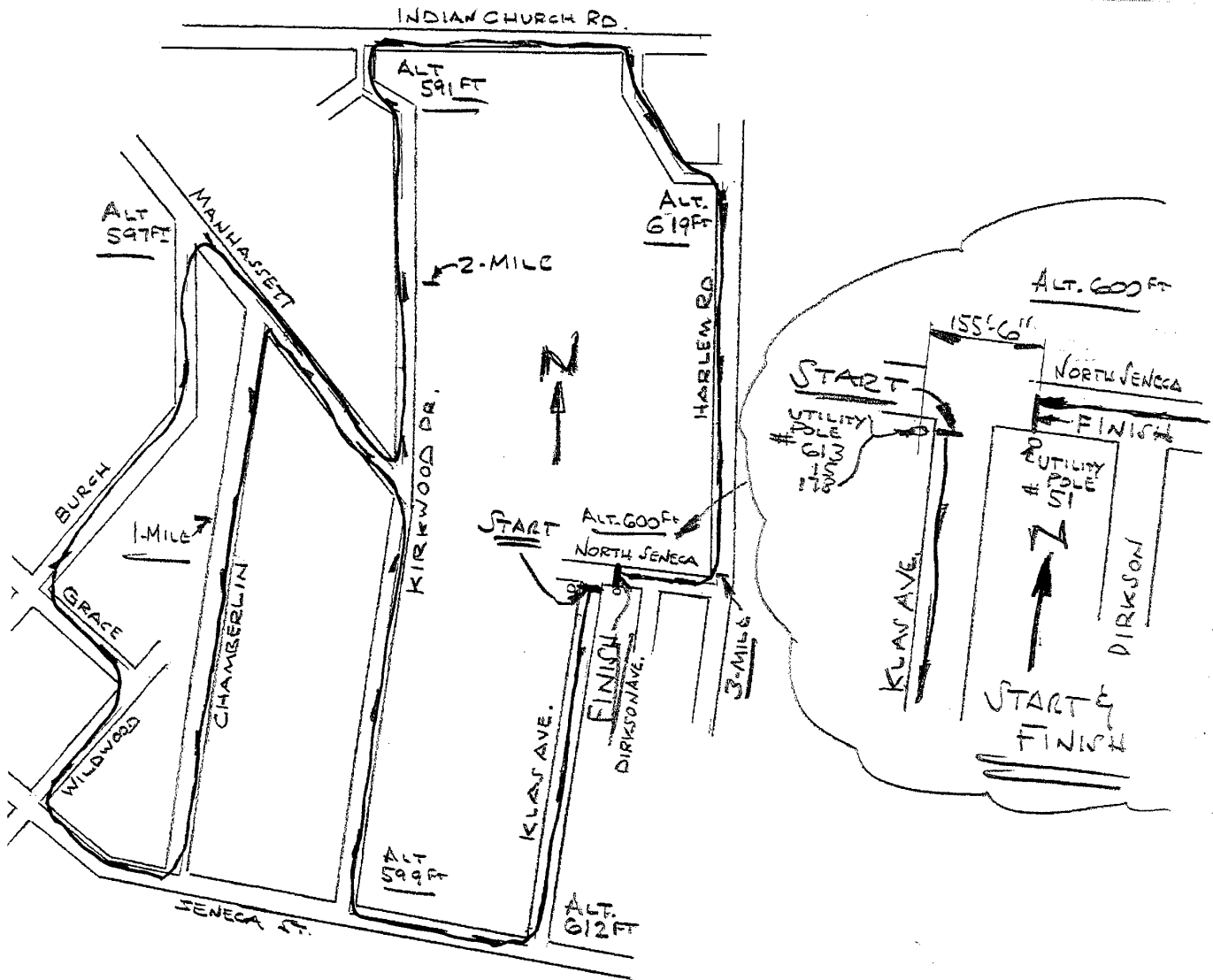
Race Director: Laurie Phillips
By: Bob Laskowski

- Erie Basin Marina 1000 foot calibration course used.
- Runners have access to entire road surface to allow shortest distance.
- All reference points marked with 2" PK(Parker-Kalon) nails, then sprayed with orange fluorescent paint.
- START: On Klas Ave. in line with utility pole #613 (see map).
- 1-MILE: In front of 154 Chamberlain Dr.
- 2-MILE: In front of 219 Kirkwood Dr.
- 3-MILE: At intersection of Harlem Road and North Seneca.
- FINISH: On North Seneca in line with utility pole #51 (see map).



Certified Course

NY11004JG
Effective: 3/5/2011
through 12/31/2021





Road Running Technical Council
USA Track & Field
Measurement Certificate

recognized by



Name of the course Southtown Fitness Center Race for Cause Distance 5 km
Location (state) NY (city) West Seneca
Type of course: road race ☒ calibration ☐ track ☐ Configuration: loop (1x)
Type of surface: paved 100 % dirt - % gravel - % grass - % track - %
Elevation (feet above sea level) Start 600 Finish 600 Highest 619 Lowest 591
Straight line distance between start & finish 155.5' Drop 0.0 m/km Separation 0.95 %
Measured by (name, address, phone & e-mail) Bob Laskowski, 205 Brookwood, Hamburg, NY
14075; 716-308-8687; buffbob254@aol.com
Race contact (name, address & phone) Laurie Phillips, 2745 Seneca St., W. Seneca, NY
14224; 716-578-9169
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: 2 Date(s) when course measured: February 28, 2011
Race date: April 29, 2011 Course certification effective date: March 4, 2011
Replaces: n/a (if applicable) Certification code: NY11004JG

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2021**

AS NATIONALLY CERTIFIED BY:

James A. Gilmer

Digitally signed by James Gilmer
DN: cn=James Gilmer, o, ou, email=jim.gilmer@gmail.com, c=US
Date: 2011.03.05 16:01:10 -05'00'

Date: March 5, 2011

James A. Gilmer, USATF/RRTC Regional Certifier, New York

232 Van Wies Point Rd., Glenmont, NY 12077-4222 • 518-427-9374 • jim.gilmer@gmail.com

NY11004JG