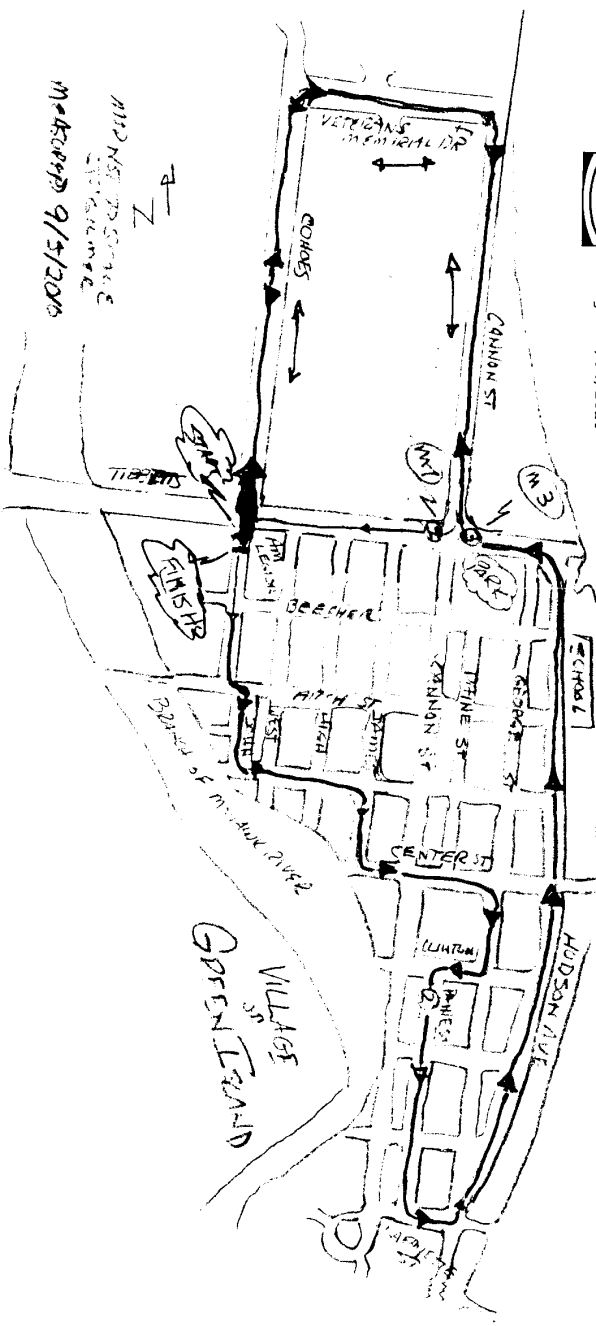


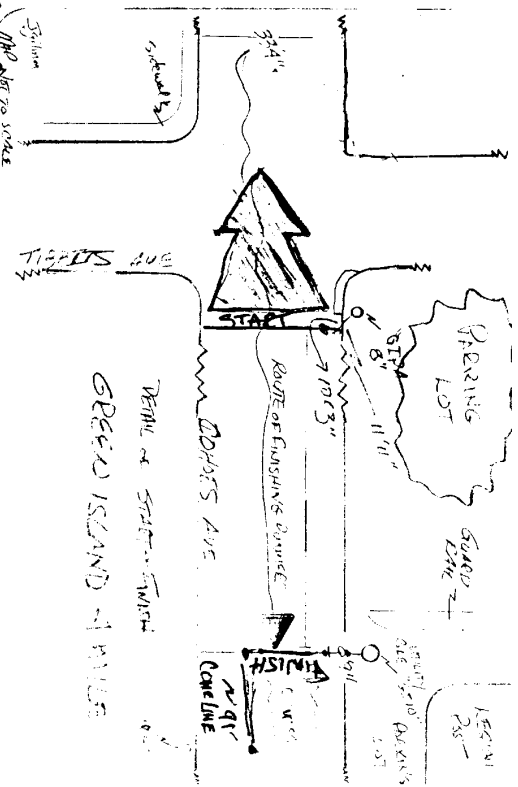
Green Island 4 Mile Green Island, NY

Key Point Locations	
Described as course is run	Map not to scale
All points marked with mag nails and yellow paint offset 1' from curb unless noted.	
Start	Point is on Cohoes Ave NBL south of Tibbits Ave, 11' 11" direct from utility pole "GIPA 8" and 10' 3" direct from end of curb on north.
Mile 1	On Tibbits Ave in WBL after turn from Cannon St. Point is 17' 8" after curb and 4' 8" before corner post of chain link fence.
Mile 2	On Paine St NBL in front of #56. Point is 7' 9" after gate post on south and 7' 8" before end of curb on south.
Mile 3	On Tibbits Ave WBL at turn on to Cannon St at middle of storm grate.
Finish	On Cohoes Ave at parking lot for #35, Legend-Curtin American Legion Post. Line is even with utility pole "G1 10", marked 8' 9" from pole and in C/L of street.
Core Line	On Cohoes Ave SBL offset 1' from center line, beginning at Finish line and ending 91' south even with tree on west side.

Certified Course
NY10043JG
Effective: 9/5/2010
through 12/31/2020



HUDSON RIVER



MID NBL TO SBL
COHOES
M-450000 9/5/2010



Road Running Technical Council
USA Track & Field
Measurement Certificate



Name of the course Green Island 4 Mile Distance 4.0 mi.
Location (state) NY (city) Green Island
Type of course: road race ☒ calibration ☐ track ☐ Configuration: figure 8
Type of surface: paved 100 % dirt - % gravel - % grass - % track - %
Elevation (feet above sea level) Start 38 Finish 34 Highest 41 Lowest 20
Straight line distance between start & finish 149' Drop 0.19 m/km Separation 0.71 %
Measured by (name, address, phone & e-mail) Jim Gilmer, 232 Van Wies Point Rd., Glenmont,
NY 12077; 518-427-9374; jim.gilmer@gmail.com
Race contact (name, address & phone) Ed Gillen, c/o Hudson Mohawk Road Runner Club,
P.O. Box 12304, Albany, NY 12203; 518-956-4538; edgillen7@aol.com
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: 2 Date(s) when course measured: September 5, 2010
Race date: March, 2010 Course certification effective date: September 5, 2010
Replaces: NY04003AM (if applicable) Certification code: NY10043JG

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2020

AS NATIONALLY CERTIFIED BY:

James A. Gilmer

Date: Sept. 5, 2010

James A. Gilmer, USATF/RRTC Regional Certifier, New York
232 Van Wies Point Rd., Glenmont, NY 12077 • 518-427-9374 • jagilmer@nycap.rr.com

10/10/2010