

MSMH River Run 5K

Lewiston, NY



MAP NOTES

Runners have use of entire road.

Street lengths are to scale, widths are exaggerated

Calibration course: NY06033JG

START — On N. 2nd Street at intersection with Onondaga Street, at Pole NYT 205

1 MILE — On Dutton Street after turn from Lower River Rd (SR-18F) and 10 ft before "Area Speed Limit 30" sign.

2 MILE — At first driveway on Oxbow (500 N. 5th)

3 MILE — Last driveway before crossing N. 4th Street

FINISH — Onondaga Street, exactly at Pole NG-6 and 104 feet before intersection with N. 2nd St.

START / FINISH DETAIL

Pole NG 205/ NYT 205

366 ft Elev.

START

Onondaga St.

Pole NG 6

368 ft Elev.

FINISH

104 ft
Marilyn Toohey Park

Pole NG 6

Red Brick School



Certified Course

NY-10017-JG

Effective: 5/7/2010 through 12/31/2020

Measured by
JEFF JOHN
April 23, 2010



Road Running Technical Council
USA Track & Field

Measurement Certificate

recognized by



Name of the course MSMH River Run 5K Distance 5 km
Location (state) NY (city) Lewiston
Type of course: road race ☒ calibration ☐ track ☐ Configuration: partial loop
Type of surface: paved 100 % dirt - % gravel - % grass - % track - %
Elevation (feet above sea level) Start 366 Finish 368 Highest 368 Lowest 330
Straight line distance between start & finish 132' Drop -0.12 m/km Separation 0.8 %
Measured by (name, address, phone & e-mail) Jeff John, P.O. Box 608, Amherst, NY 14226;
716-677-6104; jeff@buffalorunners.com
Race contact (name, address & phone) Jason Hopkins c/o Mount St. Mary's Hospital,
5300 Military Road, Lewiston, NY 14092; 716-870-2207
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: 2 Date(s) when course measured: April 23, 2010
Race date: June 19, 2010 Course certification effective date: May 7, 2010
Replaces: n/a (if applicable) Certification code: NY10017JG

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year

2020

AS NATIONALLY CERTIFIED BY:

James A. Gilmer

Date: May 10, 2010

James A. Gilmer, USATF/RRTC Regional Certifier, New York
232 Van Wies Point Rd., Glenmont, NY 12077 • 518-427-9374 • jagilmer@nycap.rr.com

NY 10017JG