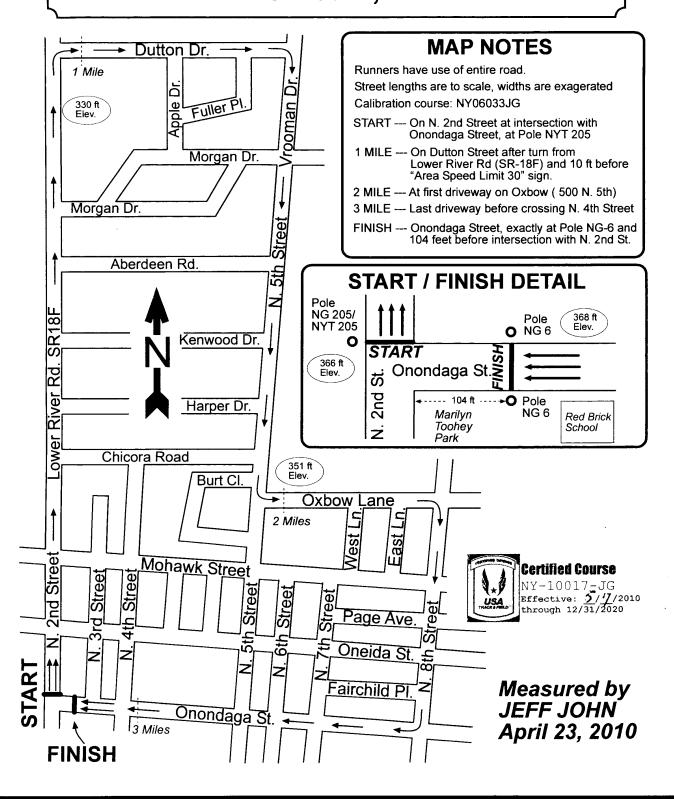
MSMH River Run 5K Lewiston, NY





Name of the course

Road Running Technical Council USA Track & Field Measurement Certificate

MSMH River Run 5K Distance



Location (state)	NY	(city)	Le	wiston
Type of course:	road race 🛛 calibration 🗌	track 🗌 🧪	Configuration:	partial loop
Type of surface:	paved <u>100</u> % dirt <u>-</u>	% gravel	% grass	% track%
Elevation (feet	above sea level) Start 366	Finish 368	Highest 3	68 Lowest 330
Straight line distance between start & finish 132' Drop -0.12 m/km Separation 0.8				n Separation 0.8 %
Measured by (name, address, phone & e-mail) Jeff John, P.O. Box 608, Amherst, NY 14226;				
716-677-6104; jeff@buffalorunners.com				
Race contact (name, address & phone) Jason Hopkins c/o Mount St. Mary's Hospital,				
5300 Military Road, Lewiston, NY 14092; 716-870-2207				
Measuring Methods: bicycle ⊠ steel tape ☐ electronic distance meter ☐				
Number of measurements of entire course: 2 Date(s) when course measured: April 23, 2010				
Race date:June 19, 2010 Course certification effective date:May 7, 2010				
Replaces:	n/a (if applicable	e)	Certification cod	e: NY10017JG
			Use this C	otice to Race Director Certification Code in <i>all</i> public ements relating to your race.
Be It Officially Noted That				
Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If <i>any</i> changes are made to the course, this certification becomes void, and the course must then be recertified.				
Validation of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.				
This certification expires on December 31 in the year 2020				
AS NATIONALLY CERTIFIED BY:				
	· · · · · · · · · · · · · · · · · · ·		Dat	e: May 10,2010
	r, USATF/RRTC Regional Certifont Rd., Glenmont, NY 12077 •		gilmer@nycap.rr.co	om