

# "Feel The Spirit" 5K Race

DISTANCE: 5 Km

RACE DIRECTOR : Tim Zelasko

MEASURED: May 20, 2007

BY: John J. Grandits

- Erie Community College, 480 Meter Calibration course used.
- Runners have access to the entire road surface to allow for the shortest distance.
- All reference points marked with 2" PK(Parker-Kalon) nails, sprayed with white paint.
- It will be the responsibility of the race director to repaint the references each year.

Start: At green light pole # 138 on Foisset Ave. near Cleveland Drive.  
 1 Mile: 2' past the front door of # 17 Burnette Drive, between Wing & Edge Park Drive.  
 2 Mile: In front of # 184 Clearvale Drive, between Union & Fairview Drive.  
 3 Mile: 64' after last green light pole on Foisset Ave. before the intersection of Mapleview. Pole is at #99 Foisset.  
 Finish: 28' 6" after green light pole #128 on Foisset Ave.; or, 44' 2" before green light pole # 138 on Foisset Ave.

