



**Road Running Technical Council
USA Track & Field
Measurement Certificate**

recognized by



Name of the course Mt. Arlington 5K Run/Walk Distance 5 km
 Location (state) New Jersey (city) Mt. Arlington
 Type of course: road race calibration track Configuration: Keyhole
 Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
 Elevation (meters above sea level) Start 308 m Finish 308 m Highest 329 m Lowest 282 m
 Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %
 Measured by (name, address, phone & e-mail) Ross Mistretta, 96 Carol Place, Wayne, NJ 07470
973-706-8969, rmistret@optonline.com
 Race contact (name, address, phone & e-mail) Capt. Keith Licata, 520 Altenbrand Ave., Mt Arlington, NJ
07865, 973-398-2129
 Measuring Methods: bicycle steel tape electronic distance meter
 Number of measurements of entire course: 2 Date(s) when course measured: 8/16/2014
 Race date: 10/4/2014 Course certification effective date: 9/13/2014
 Certification code: NJ14028LMB

Notice to Race Director: Use this Certification Code in *all* public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2024**

AS NATIONALLY CERTIFIED BY:

Larry M. Balasari Date: 9/25/2014
 Larry M. Balasari, Sr. • USATF/RRTC Course Certifier • Phone 609-890-8343
 3448 Nottingham Way, Hamilton Square, NJ 08690 • Email: larsurfrun@gmail.com