



**Road Running Technical Council  
USA Track & Field  
Measurement Certificate**

recognized by



Name of the course Mt. Arlington 5K Run/Walk Distance 5 km  
Location (state) New Jersey (city) Mt. Arlington  
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Keyhole  
Type of surface: paved 100 % dirt        % gravel        % grass        % track        %  
Elevation (meters above sea level) Start 308 m Finish 308 m Highest 329 m Lowest 282 m  
Straight line distance between start & finish 0 m Drop 0 m/km Separation 0 %  
Measured by (name, address, phone & e-mail) Ross Mistretta, 96 Carol Place, Wayne, NJ 07470  
973-706-8969, rmistret@optonline.com  
Race contact (name, address, phone & e-mail) Capt. Keith Licata, 520 Altenbrand Ave., Mt Arlington, NJ  
07865, 973-398-2129  
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐  
Number of measurements of entire course: 2 Date(s) when course measured: 8/16/2014  
Race date: 10/4/2014 Course certification effective date: 9/13/2014  
Certification code: NJ14028LMB

Notice to Race Director: Use this Certification Code  
in **all** public announcements relating to your race.


***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

**Verification of Course** — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 in the year*** **2024**

**AS NATIONALLY CERTIFIED BY:**

  
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Larry M. Baldasari, Sr. • USATF/RRTC Course Certifier • Phone 609-890-8343  
3448 Nottingham Way, Hamilton Square, NJ 08690 • Email: larsurfrun@gmail.com

Date: 9/25/2014