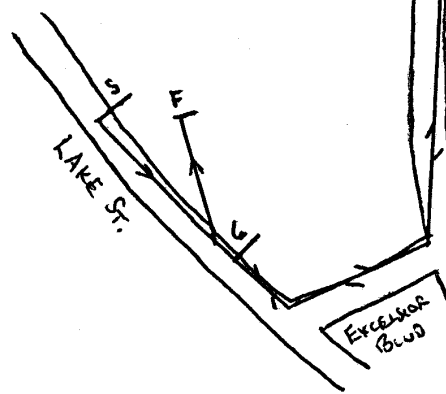
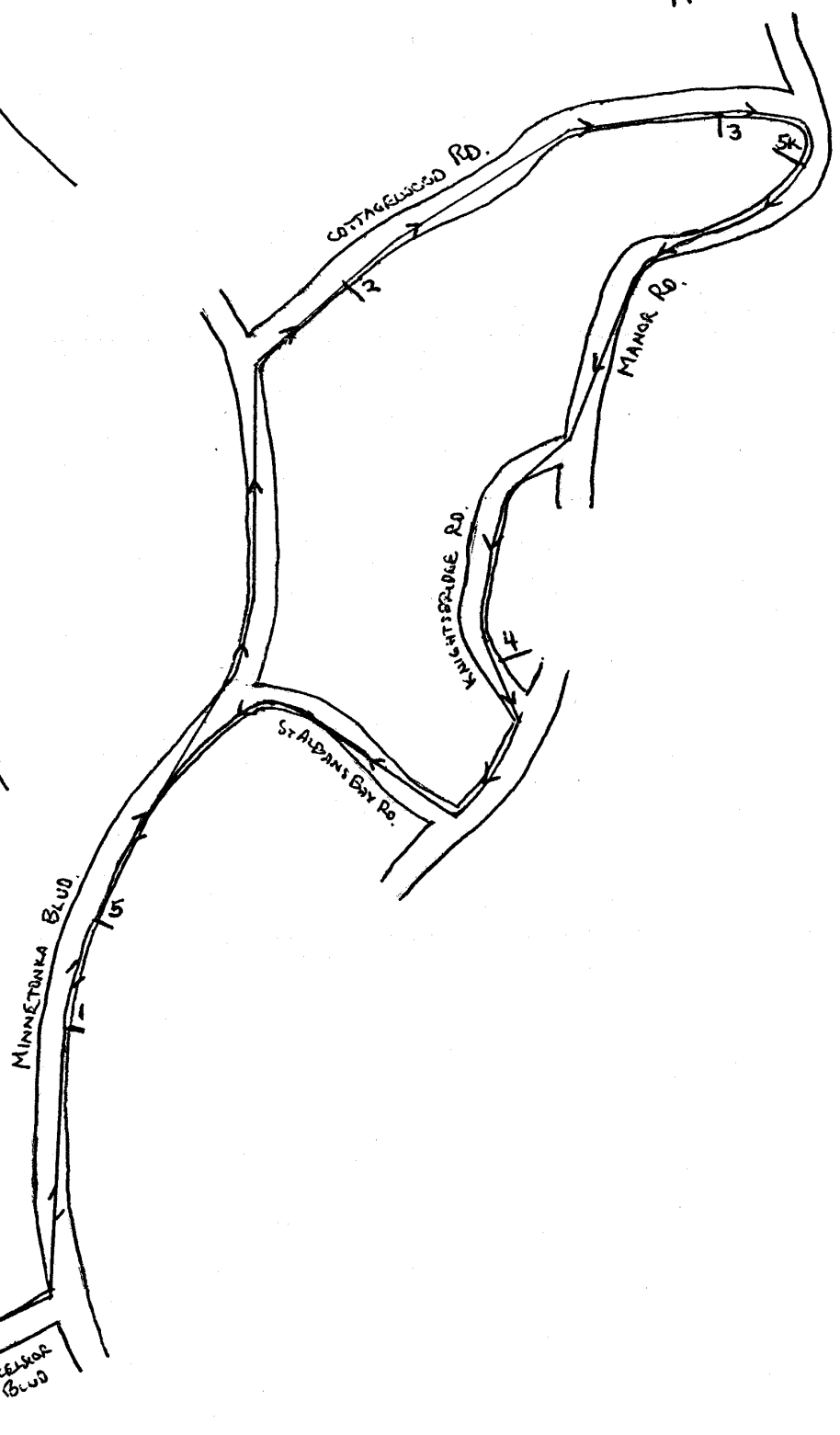
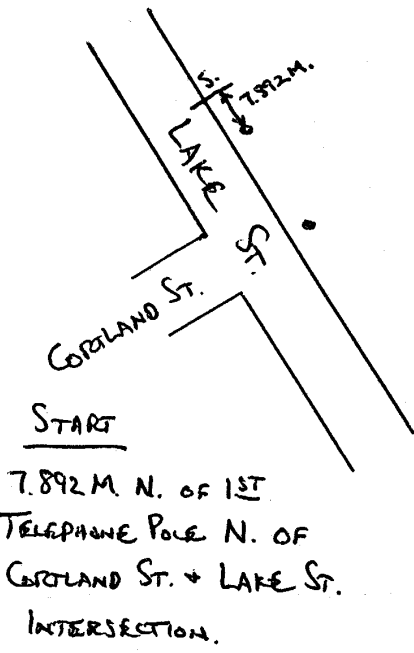
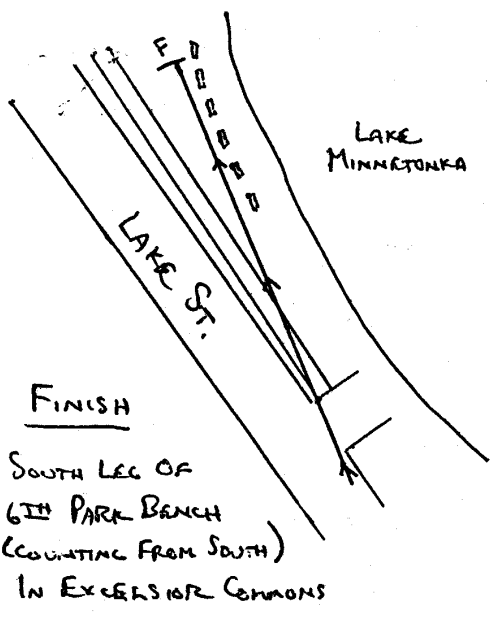
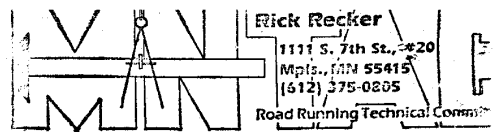

**Rick Recker**  
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 Ames, IA 50015  
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 Road Running Technical Comm.





COURSE DESCRIPTION

(USE WHOLE ROAD)

- 639 ~~730~~ M. LAKE ST. CURBED ASPHALT. STRAIGHT ROAD. NO TRAFFIC. LEFT ONTO:
- 270 M. EXCELSIOR BLVD. CURBED ASPHALT. STRAIGHT ROAD. LIGHT TRAFFIC. LEFT ONTO:
- 3342 M. MINNETONKA BLVD. UNCURBED ASPHALT. SLIGHT CURVES. LIGHT TRAFFIC. RIGHT ON
- 730 M. COTTAGEWOOD RD. UNCURBED ASPHALT. SLIGHT CURVES. NO TRAFFIC. RIGHT ONTO
- 974 M. MANOR RD. UNCURBED ASPHALT. SLIGHT CURVES. NO TRAFFIC. RIGHT ONTO:
- 542 M. KNIGHTSBRIDGE RD. CURBED ASPHALT. SLIGHT CURVES. NO TRAFFIC. RIGHT ONTO
- 400 M. MANOR RD. UNCURBED ASPHALT. SLIGHT CURVES. NO TRAFFIC. RIGHT ONTO:
- 614 M. ST. ALBANS BAY RD. UNCURBED ASPHALT. SLIGHT CURVES. NO TRAFFIC. ~~RIGHT ON~~ LEFT ON
- 1645 M. MINNETONKA BLVD. UNCURBED ASPHALT. SLIGHT CURVES. LIGHT TRAFFIC. RIGHT
- 269 M. EXCELSIOR BLVD. CURBED ASPHALT. STRAIGHT ROAD. LIGHT TRAFFIC. RIGHT ONTO
- 316 M. LAKE ST. CURBED ASPHALT. STRAIGHT ROAD. NO TRAFFIC. STRAIGHT ONTO:
- 195 M. EXCELSIOR COMMONS PK. SIDEWALK UNCURBED CONCRETE. STRAIGHT ONTO:
- 74 M. EXCELSIOR COMMONS PK. GRASS. STRAIGHT TO FINISH LINE.

SPLITS

IN BLUE PAINT

- 1 Mi. 7 M. N. OF MAILBOX FOR 21795 MINNETONKA BLVD. MARKED ON E. SIDE OF ROAD
- 2 Mi. 16 M. S. OF POST ON E. SIDE OF ROAD AT LINWOOD CR. INTERSECTION AT MINNETONKA BLVD. MARKED ON E. SIDE OF ROAD.
- 3 Mi. 1 M. N. OF S. EDGE OF DRIVEWAY FOR 19635 COTTAGEWOOD RD. MARKED ON W. SIDE OF ROAD.
- 5 Km. 14 M. W. OF AWE WEIGHT LIMIT 4 TONS SIGN ON MANOR RD. MARKED ON N. SIDE OF RD.
- 4 Mi. 8 M. N. OF 1ST SEWER GRATE ON KNIGHTSBRIDGE RD. FROM MANOR RD. MARKED ON E. CURB.
- 5 Mi. 5 M. N. OF SPEED LIMIT 30 SIGN AT WEST ST. INTERSECTION WITH MINNETONKA BLVD. MARKED ON E. SIDE OF RD.
- 6 Mi. 1 M. N. OF SIDEWALK FOR 415 LAKE ST. MARKED ON E. CURB.