



Minnesota 8K St. Paul, MN

USATF Certified Course# MN19049RR
Effective Aug 8,2019 - Dec 31,2029

Description: Participants may use all of path indicated on map to the shortest possible route east of Randolph. West of Randolph Runners will run in 1 lane out turn around and back to Randolph. Event starts at Walnut St. Proceed W on Shepard Rd. Shepard Rd is a divided hwy. Participants proceed West in 'against traffic' direction. At Randolph runners will run in half of the lane to Turn Around then proceed back to Randolph where they merge into West bound traffic lane and proceed E to West turn around. Then proceed W on Shepard Rd to finish line.

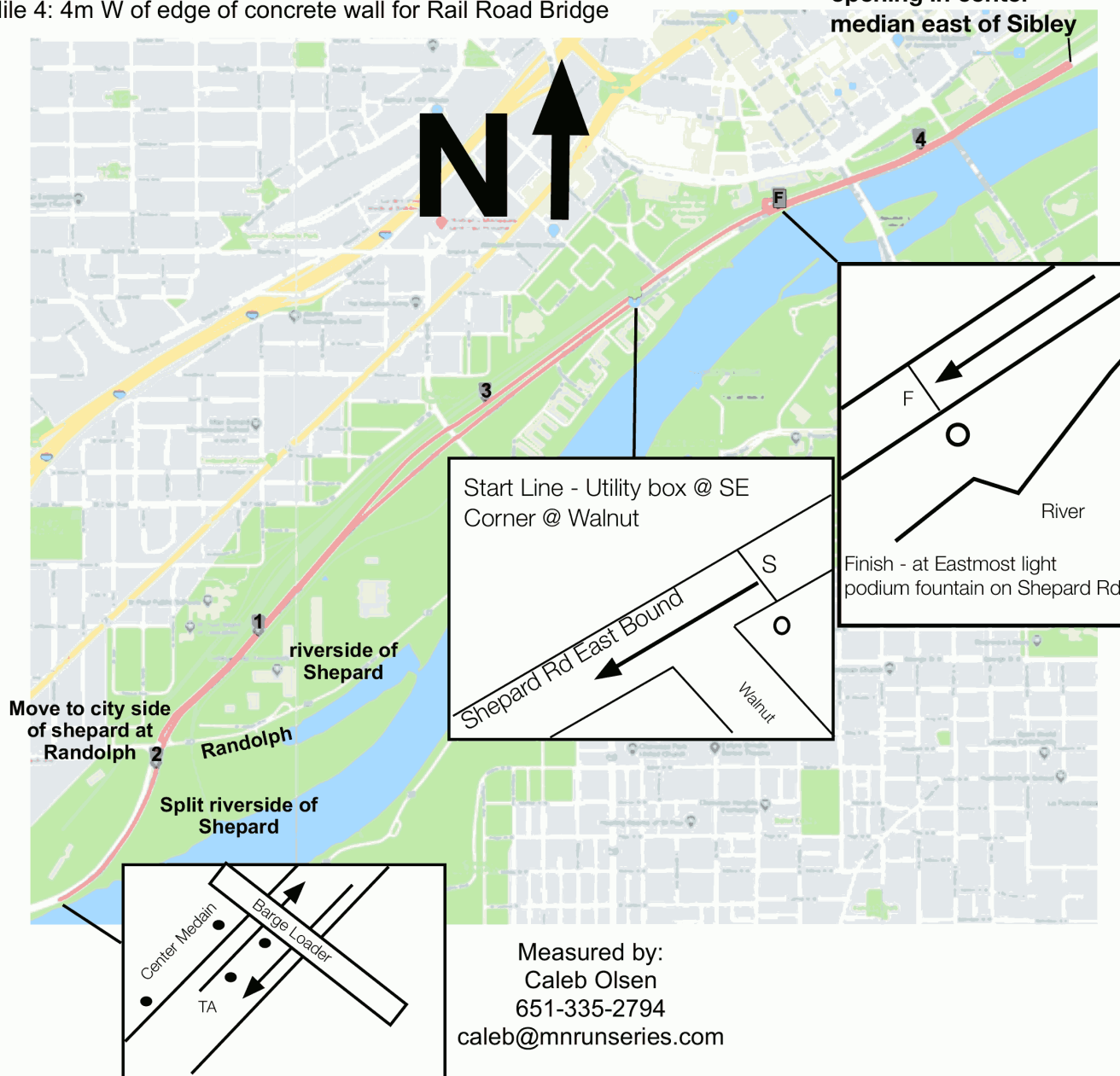
Mile 1: 50m E of No Parking Sign

Mile 2: 8m E of 2nd light post west of Randolph

Mile 3: 16m E of 4th light post east of Smith Ave Bridge

Mile 4: 4m W of edge of concrete wall for Rail Road Bridge

**Turn Around - First
opening in center
median east of Sibley**





*Road Running Technical Council
USA Track & Field
Measurement Certificate*



Name of the course Minnesota 8K Distance 8km
Location (state) MN (city) St Paul
Type of course: road race ☒ calibration course ☐
Measuring method: bicycle ☒ steel tape ☐ electronic distance meter ☐
Measured by (name, address, phone & e-mail) Caleb Olsen - 2753 Delaware Av - N St Paul, MN 55109 - 651
335 2794 - caleb@mnrunderscore.com
Race contact (name, address, phone & e-mail) Same

Date(s) when course measured: Jul 22, 2019
Number of measurements of entire course: Two Course Configuration: Loop
Elevation (meters above sea level) Start 217 Finish 215 Highest 227 Lowest 212
Straight line distance between start & finish 531 Drop .2 m/km Separation 5.3 %
Type of surface: paved 100 % dirt % gravel % grass % track %
Effective date of certification: Aug 8, 2019 Certification code: MN19049RR

Notice to Race Director: Use this Certification Code
in **all** public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2029**

AS NATIONALLY CERTIFIED BY:

Rick Recker

Date: Aug 8, 2019

Rick Recker - USATF/RRTC Certifier
19 S 1st St #2203 - 612 375 0805 - rick_recker@hotmail.com