

## Monster Dash 10km - St Paul, MN

USATF Certified Course# MN18067RR - Effective Oct 24,2018 - Dec 31,2028

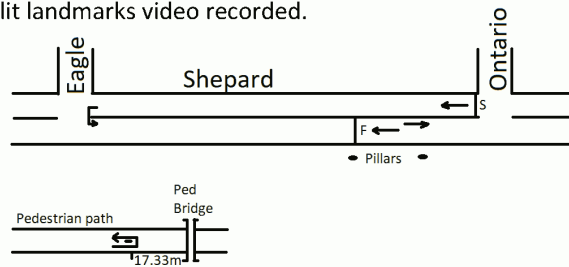
Measured by Rick Recker (612 375 0805) on Oct 24,2018

Participants may use all of path described to obtain the shortest possible route. Event starts at Ontario St, proceeds in westbound lanes on Shepard Rd to Eagle Blvd. Around center island, proceed E on Shepard. Road name change to Warner Rd, Proceed E to entrance to pedestrian path, Proceed on path to turnaround. Return on same route to finish. Split landmarks video recorded.

Start: W edge of crosswalk at Ontario St

Finish: 2nd pillar W of Ontario St

Turnaround: 17.33m W of pedestrian bridge





*Road Running Technical Council  
USA Track & Field*  
**Measurement Certificate**



Name of the course Monster Dash 10km Distance 10km  
Location (state) MN (city) St Paul  
Type of course: road race ☒ calibration course ☐  
Measuring method: bicycle ☒ steel tape ☐ electronic distance meter ☐  
Measured by (name, address, phone & e-mail) Rick Recker - IAAF Measurer - 19 S 1st St #2203 - Minneapolis  
MN55401 - 612 375 0805 - rick\_recker@hotmail.com  
Race contact (name, address, phone & e-mail) Team Ortho - Bx 490 - Rosemount, MN55068 - 612 968 3324  
teamortho@gmail.com  
Date(s) when course measured: Oct 24, 2018  
Number of measurements of entire course: Two Course Configuration: Out/Back  
Elevation (meters above sea level) Start 205 Finish 205 Highest 245 Lowest 205  
Straight line distance between start & finish 80m Drop 0 m/km Separation .8 %  
Type of surface: paved 100 % dirt      % gravel      % grass      % track      %  
Effective date of certification: Oct 24, 2018 Certification code: MN18067RR

Notice to Race Director: Use this Certification Code  
in **all** public announcements relating to your race.

***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

**Verification of Course** — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 in the year*** **2018**

***AS NATIONALLY CERTIFIED BY:***

Rick Recker

Date: Oct 24, 2018

Name – USATF/RRTC Certifier

Address Phone E-mail