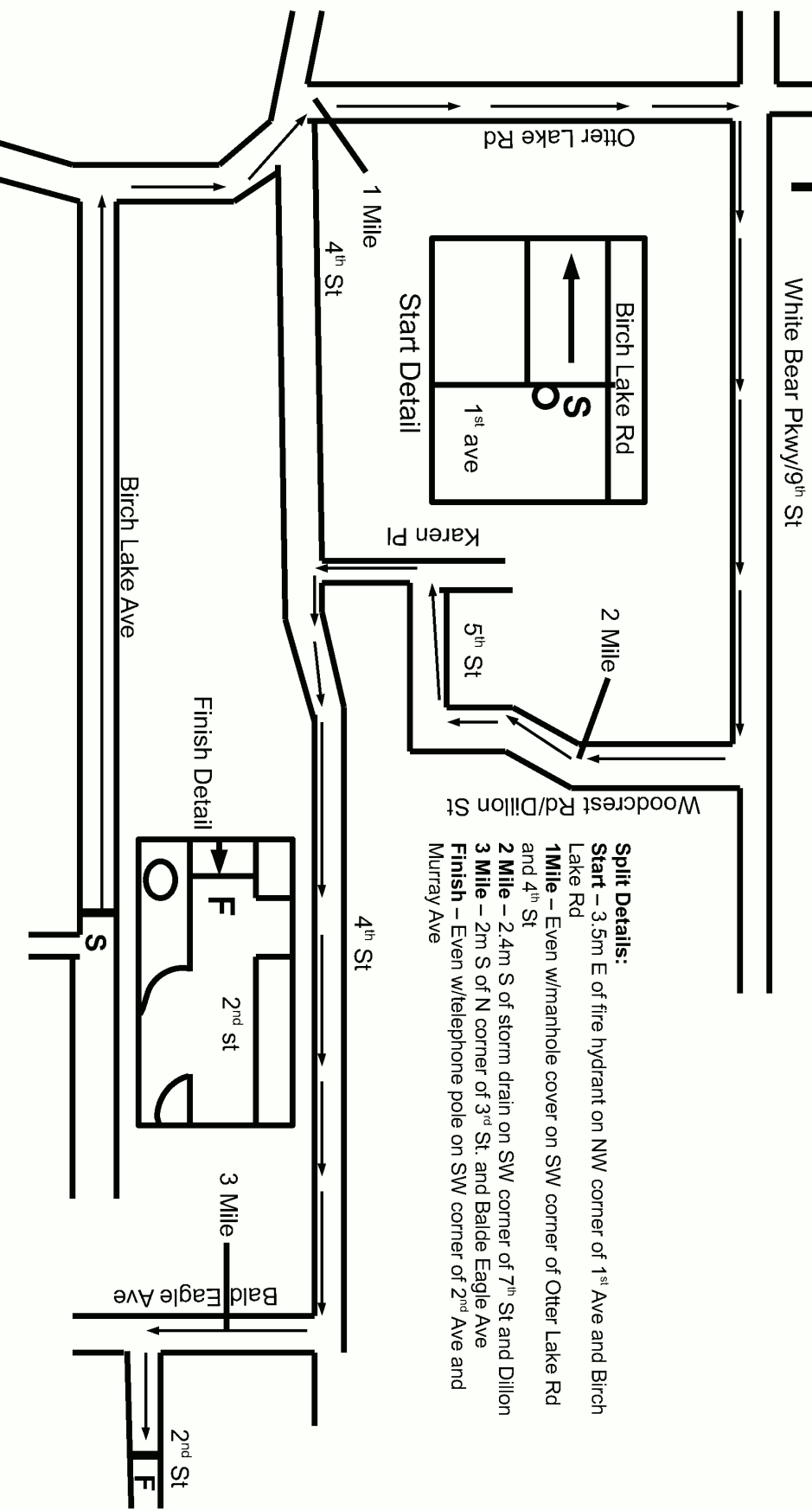




Frassati 5K
Map not to Scale
White Bear Lake

USATF Certified Course# MN18047RR
Effective Sep 18,2018 - Dec 31,2028



Measured by Soren Larson
651 428 5174, on Sep 18,2018

Description: Runners start heading W on Birch Lake Ave, then turn R (N) onto Otter Lake Rd. Turn R (E) onto 9th St, and the R (S) onto Woodcrest Rd. Woodcrest Rd. becomes Dillon St. Turn R (W) onto 5th, then L (S) onto Karen Pl. Turn L (E) onto 4th St, R (S) onto Balde Eagle Ave. Turn L (E) onto 2nd St. and proceed to the Finish.

Restrictions: This is an open course. Runners are limited to the Right (With Traffic) shoulder at all times



*Road Running Technical Council
USA Track & Field*
Measurement Certificate



Name of the course Frassati 5K Distance 5km
Location (state) MN (city) White Bear Lake
Type of course: road race ☒ calibration course ☐
Measuring method: bicycle ☒ steel tape ☐ electronic distance meter ☐
Measured by (name, address, phone & e-mail) Soren Larson - 137 Fairview Av N #2 - St Paul, MN 55104 - 651
428 5174 - soren.m.larson@gmail.com
Race contact (name, address, phone & e-mail) Melissa Gacek - 4311 Cottage Park Rd - St Paul, MN 55110
612 306 5405 - runningdesigns@hotmail.com
Date(s) when course measured: Sep 18, 2018
Number of measurements of entire course: Two Course Configuration: Loop
Elevation (meters above sea level) Start 285 Finish 284 Highest 290 Lowest 279
Straight line distance between start & finish 210 Drop .2 m/km Separation 4.2 %
Type of surface: paved 100 % dirt % gravel % grass % track %
Effective date of certification: Sep 18, 2018 Certification code: MN18047RR

Notice to Race Director: Use this Certification Code
in **all** public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2028**

AS NATIONALLY CERTIFIED BY:

Date: Sep 18, 2018

Rick Recker - USATF/RRTC Certifier

19 S 1st St #2203 - 612 375 0805 - rick_recker@hotmail.com