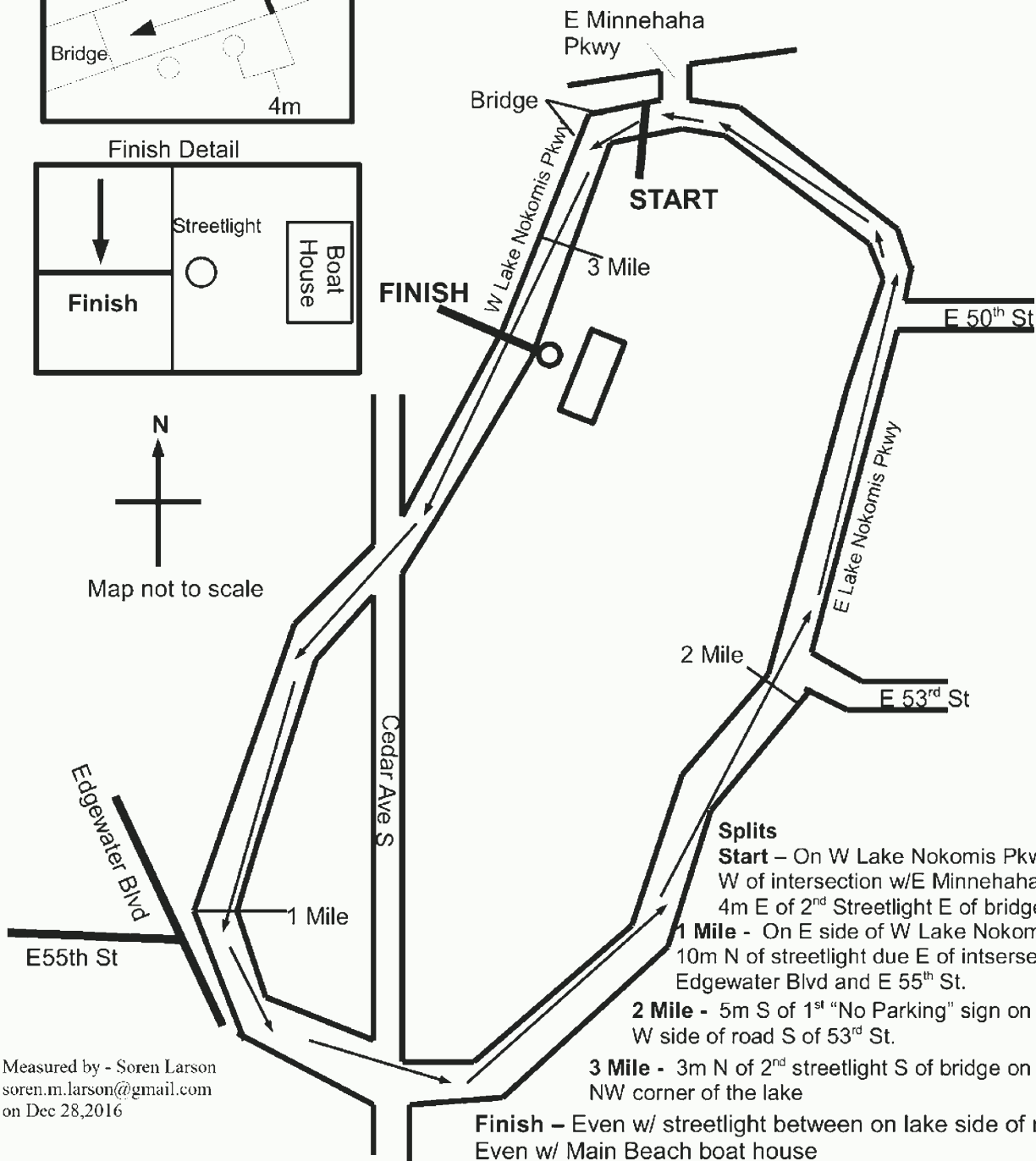
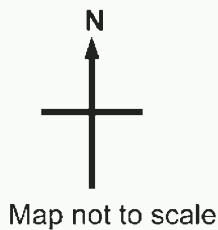
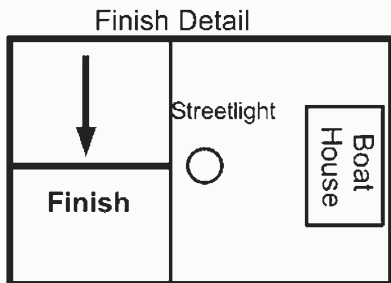
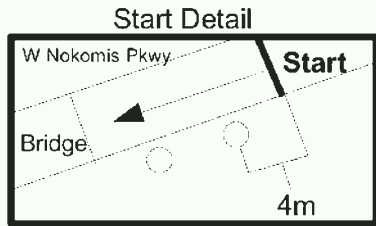


Valentine's Day TC 5K

Restrictions: Runners have unrestricted use of the road

Course Description: Runners start on W Lake Nokomis Pkwy and proceed Counter-Clockwise around the lake, crossing the finish line and start line twice. Runners finish even w/the boat house W of the Main Beach

USATF Certified Course# MN17001RR
Effective Jan 16,2017 - Dec 31,2027



Splits

- Start** – On W Lake Nokomis Pkwy W of intersection w/E Minnehaha Pkwy 4m E of 2nd Streetlight E of bridge.
- 1 Mile** - On E side of W Lake Nokomis Pkwy 10m N of streetlight due E of intersection of Edgewater Blvd and E 55th St.
- 2 Mile** - 5m S of 1st "No Parking" sign on W side of road S of 53rd St.
- 3 Mile** - 3m N of 2nd streetlight S of bridge on NW corner of the lake

Finish – Even w/ streetlight between on lake side of road. Even w/ Main Beach boat house

Measured by - Soren Larson
soren.m.larson@gmail.com
on Dec 28,2016



**Road Running Technical Council
USA Track & Field**

Measurement Certificate

recognized by



Name of the course Valentine's Day TC 5k Distance 5km
 Location (state) MN (city) Minneapolis
 Type of course: road race calibration course track
 Measuring methods: bicycle steel tape electronic distance meter
 Measured by (name, address, phone & e-mail) Soren Larson - 1823 Laurel Av #5 - St Paul, MN55104 - 651 428 5174 - soren.m.larson@gmail.com
 Race contact (name, address, phone & e-mail) Ed Wetham - 2635 University Av W #190 - St Paul, MN55114 651 491 9649 - ed@tcmevents.org
 Date(s) when course measured: Dec 28, 2016
 Number of measurements of entire course: Two Course Configuration: Loop
 Elevation (meters above sea level) Start 250 Finish 251 Highest 251 Lowest 249
 Straight line distance between start & finish 440m Drop -.2 m/km Separation 8.8 %
 Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
 Effective date of certification: Jan 16, 2017 Certification code: MN17001RR

Notice to Race Director: Use this Certification Code in **all** public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2027**

AS NATIONALLY CERTIFIED BY:

Rick Recker

Date: Jan 16, 2017

Rick Recker - USATF/RRTC Certifier
 19 S 1st St #2203 - 612 375 0805 - rick_recker@hotmail.com