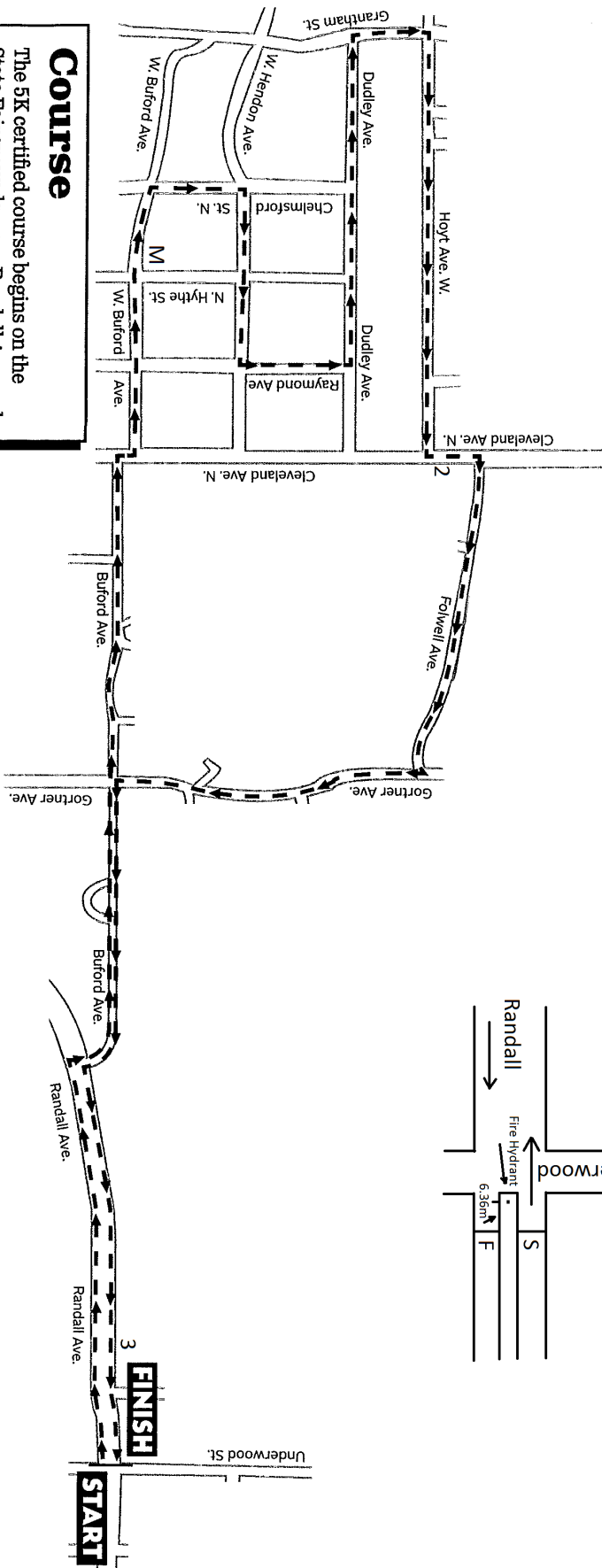
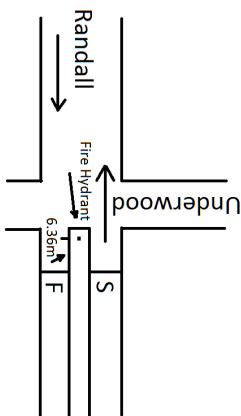


# MILK RUN 5K

Falcon Heights, MN

Measured by Rick Recker (612 375 0805) on Aug 3, 2015  
USATF Certified Course# MN15052RR - Effective Aug 3, 2015 - Dec 31, 2025

Start/Finish  
6.36m E of fire hydrant at Underwood & Randall



## Course

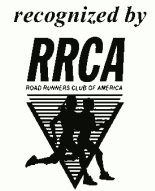
The 5K certified course begins on the State Fairgrounds, near Randall Ave. and Underwood St. The race winds through St. Anthony Park and the University of Minnesota, St. Paul Campus, and finishes back on Randall Ave.

Participants may use all of path indicated on map to obtain the shortest possible route

Mile 1 - 19m W of Hythe St  
Mile 2 - 4m N of Hoyt Av  
Mile 3 - 29m W of Dan Elmer Way



*Road Running Technical Council*  
*USA Track & Field*  
**Measurement Certificate**



Name of the course Milk Run 5K Distance 5km  
Location (state) MN (city) Falcon Heights  
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Keyhole  
Type of surface: paved 100 % dirt      % gravel      % grass      % track      %  
Elevation (meters above sea level) Start 255 Finish 255 Highest 260 Lowest 247  
Straight line distance between start & finish 0 Drop 0 m/km Separation 0 %  
Measured by (name, address, phone & e-mail) Rick Recker - IAAF Measurer - 19 S 1st St #2203 - Minneapolis, MN55401 - 375 0805 - rick\_recker@hotmail.com  
Race contact (name, address, phone & e-mail) Theresa Weinfurtner - 1265 Snelling Av N - St Paul, MN55108 651 288 4418 - theresa.weinfurtner@mnstatefair.org  
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐  
Number of measurements of entire course: 2 Date(s) when course measured: Aug 3, 2015  
Race date: Aug 30, 2015 Course certification effective date: Aug 3, 2015  
Certification code: MN15052RR

Notice to Race Director: Use this Certification Code in **all** public announcements relating to your race.

***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

**Verification of Course** — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 in the year*** **2025**

***AS NATIONALLY CERTIFIED BY:***

*Rick Recker*

Date: Aug 3, 2015

Rick Recker - USATF/RRTC National Certifier  
19 S 1st St #2203 - 612 375 0805 - rick\_recker@hotmail.com