



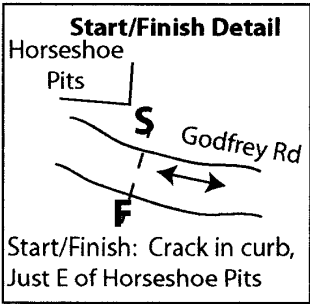
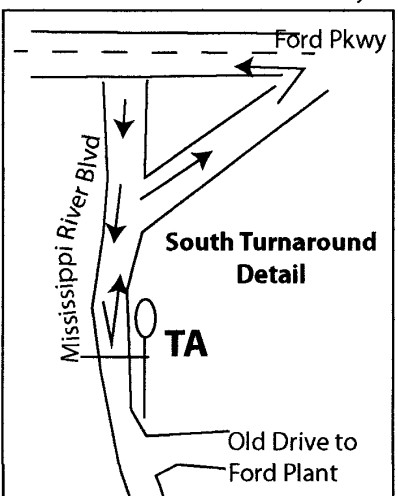
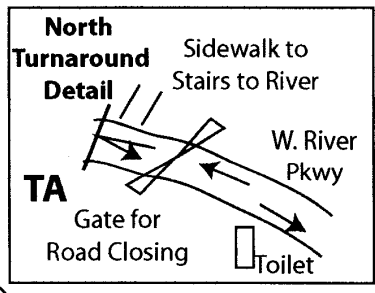
Women Run the Cities 10 Mile

USATF CERTIFICATE # MN 14047 RR
EFFECTIVE FROM 8-1-14 - 12-31-24

Course Description: Start E on Godfrey Pkwy, becomes W. River Pkwy, continue N/NW to North Turnaround just W of 94, return S/SE on W. River Pkwy, go under Lake St bridge and take sharp R to ramp to Lake St bridge, then R on Lake staying in southern most lane on bridge, proceed E to R on ramp to Mississippi River Blvd S, continue S on Mississippi River Blvd to South Turnaround just S of Ford Bridge, the return to take R on ramp to Ford bridge, L onto bridge, runners us southern most lanes on bridge and 46th St, to L on 46th Ave to R on Godfrey to finish.

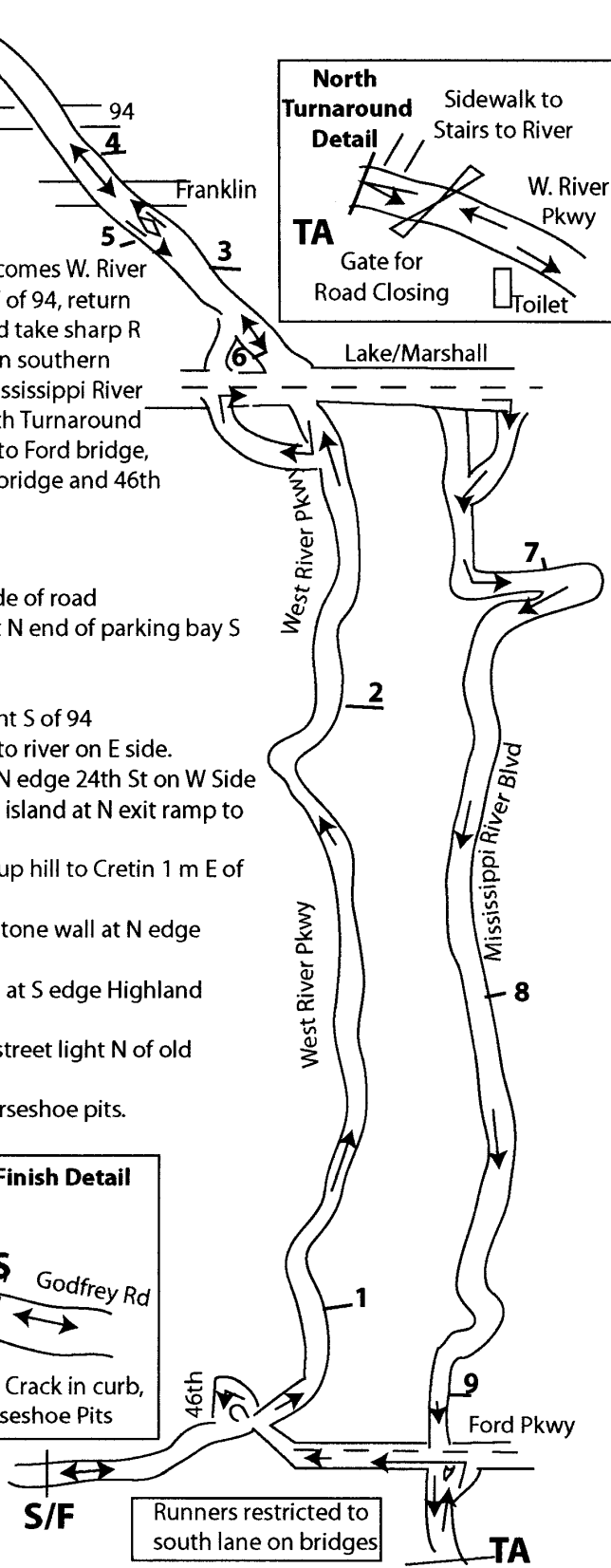
Splits:

- Start: On Godfrey Parkway just E of horseshoe pits
- Mile 1: On W. River Pkwy - 6m S of big rock on E side of road
- Mile 2: On W. River Pkwy - 16 m S of storm sewer at N end of parking bay S of 33rd St.
- Mile 3: On W. River Pkwy 47 m S of 27th St
- Mile 4: On W. River Pkwy 18 m N of 2nd St reet Light S of 94
- North TA: On W. River Pkwy at N edge of sidewalk to river on E side.
- Mile 5: On W. River Pkwy at center of crosswalk at N edge 24th St on W Side
- Mile 6: On W. River Pkwy 10 m S of N end concrete island at N exit ramp to Lake.
- Mile 7: On Mississippi River Blvd - approx 1/2 way up hill to Cretin 1 m E of 6th street light from bottom of hill.
- Mile 8: On Mississippi River Blvd 20 m N of N end stone wall at N edge Stanford (on E side of road).
- Mile 9: On Mississippi River Blvd 9 m S of stop sign at S edge Highland Parkway
- South TA: On Mississippi River Blvd, 20 m N of 1st street light N of old driveway to Ford Plant.
- Finish: Same as Start - on Godfrey Parkway E of horseshoe pits.



Runners restricted to south lane on bridges

MEASURED BY BIRB LEININGER (BARB & RUNNING VENTURES, CO.) ON 7-27-14





Road Running Technical Council
USA Track & Field
Measurement Certificate



Name of the course Women Run The Cities Ten Mile Distance 16.09344km
 Location (state) MN (city) Minneapolis
 Type of course: road race calibration track Configuration: Out/Back
 Type of surface: paved 100 % dirt % gravel % grass % track %
 Elevation (meters above sea level) Start 248 Finish 248 Highest 263 Lowest 224
 Straight line distance between start & finish 0 Drop 0 m/km Separation 0 %
 Measured by (name, address, phone & e-mail) Barb Leininger - 901 N 3rd St #414 - Minneapolis, MN55401
612 644 8185 - barb@runningventures.com
 Race contact (name, address, phone & e-mail) Mary Anderson - 4047 Camberwell Dr N - Eagan, MN55123
651 688 9143 - mary@andersonraces.com
 Measuring Methods: bicycle steel tape electronic distance meter
 Number of measurements of entire course: 2 Date(s) when course measured: Jul 27, 2014
 Race date: Sep 28, 2014 Course certification effective date: Aug 1, 2014
 Certification code: MN14047RR

Notice to Race Director: Use this Certification Code in *all* public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2024**

AS NATIONALLY CERTIFIED BY:

Rick Recker

Date: Aug 1, 2014

Rick Recker - USATF/RRTC National Certifier
19 S 1st St #2203 - 612 375 0805 - rick_recker@hotmail.com