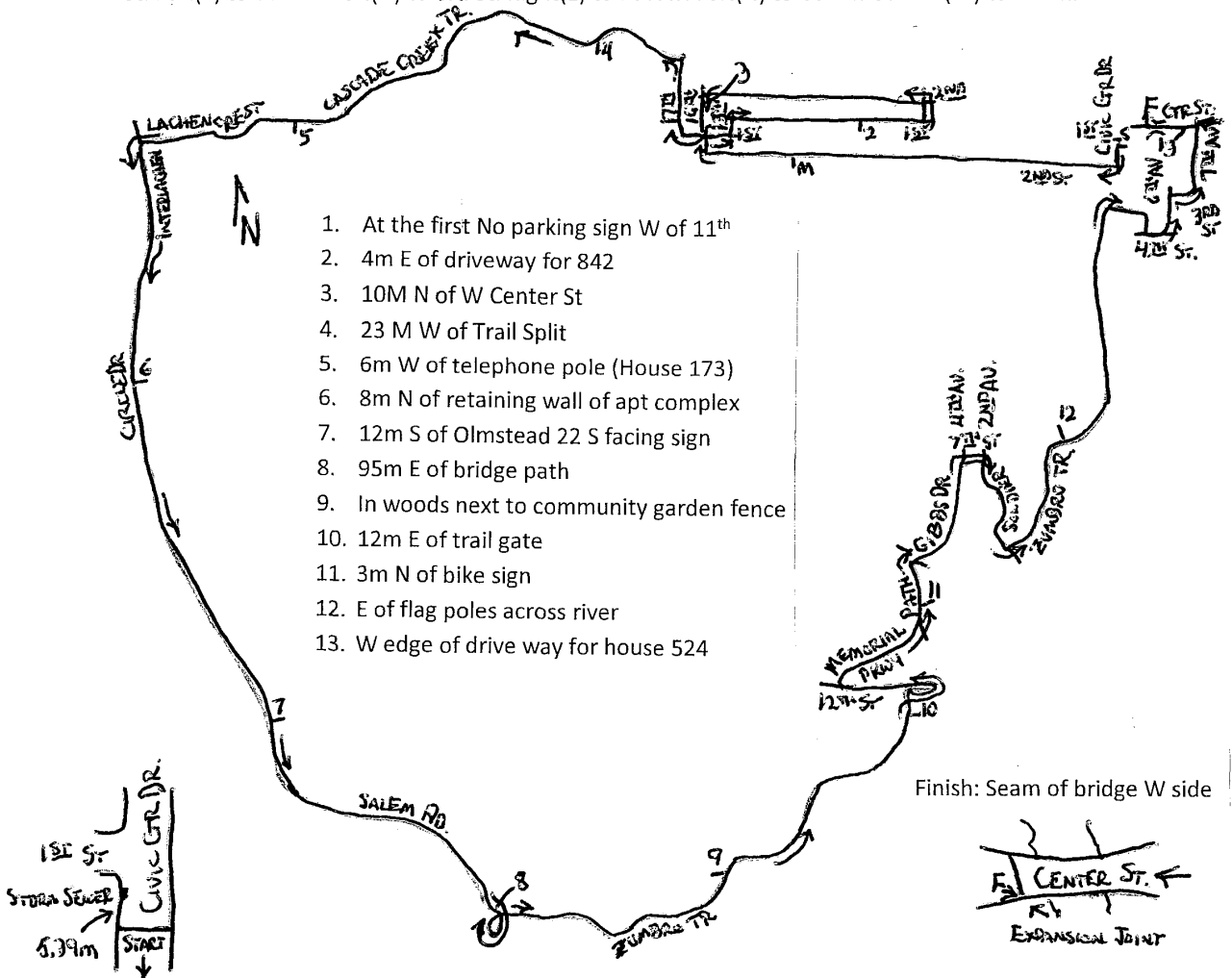


Healthy Human Race Half-marathon  
Rochester, MN

USATF Certificate #MN14036RR - Effective 7-14-14 to 12-31-24

Measured by Rick Recker (612 375 0805) on 7-14-14

Event starts on Civic Ctr Dr, proceeds S to 2nd St. Right(W) to 16th Av. Right(N) to 1st St. Right(E) to 13th Av. Left(N) to 1st St. Right(E) to 7th Av. Left(N) to 2nd St. Left(W) to 16th Av. Left(S) to 1st St. Right(W) to 17th Av. Right(N) to path along creek. Left(W) to Lachencrest Ln. Straight(W) to Interlachen Ln. Left(S) to path next to Circle Dr. Proceed S to Salem Rd. Continue S on path to Bamber Valley Rd. Right(S) on path and under Rd to path next to river. Proceed E to 12th St, under St, then W on path to Memorial Pkwy. Right(E) to path next to Soldiers Field. Left(N) to George Gibbs Dr. Onto Rd(N) to 7th St. Right(E) to 2nd Av. Right(S) to Soldiers Field Dr. Straight(S) to path across river. Left(E) to path next to river. Left(N) to 4th St. Left(E) to 6th Av. Left(N) to 3rd St. Right(E) to 7th Av. Left(N) to Center St. Left(W) to Finish.



Start: 5.39 m S of Sewer Grate on Civic Center Dr



**Road Running Technical Council**  
**USA Track & Field**  
**Measurement Certificate**



Name of the course Healthy Human Race Half-marathon Distance 21.0975km  
 Location (state) MN (city) Rochester  
 Type of course: road race  calibration  track  Configuration: Loop  
 Type of surface: paved 100 % dirt      % gravel      % grass      % track      %  
 Elevation (meters above sea level) Start 304 Finish 304 Highest 348 Lowest 302  
 Straight line distance between start & finish 211m Drop 0 m/km Separation 1 %  
 Measured by (name, address, phone & e-mail) Rick Recker - 19 S 1st St #2203 - Minneapolis, MN55401 - 612 375 0805 - rick\_recker@hotmail.com  
 Race contact (name, address, phone & e-mail) Mark Bongers - 12447 150th St E - Nerstrand, MN 55053 - 507 664 9438 - info@finalstretch.com  
 Measuring Methods: bicycle  steel tape  electronic distance meter   
 Number of measurements of entire course: 2 Date(s) when course measured: Jul 14, 2014  
 Race date: Aug 24, 2014 Course certification effective date: Jul 14, 2014  
 Certification code: MN14036RR

Notice to Race Director: Use this Certification Code in **all** public announcements relating to your race.

***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.

**Verification of Course** — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 in the year*** **2024**

**AS NATIONALLY CERTIFIED BY:**

Rick Recker Date: Jul 14, 2014  
 Rick Recker – USATF/RRTC National Certifier - 19 S 1st St #2203 - Minneapolis, MN55401 - 612 375 0805  
 rick\_recker@hotmail.com