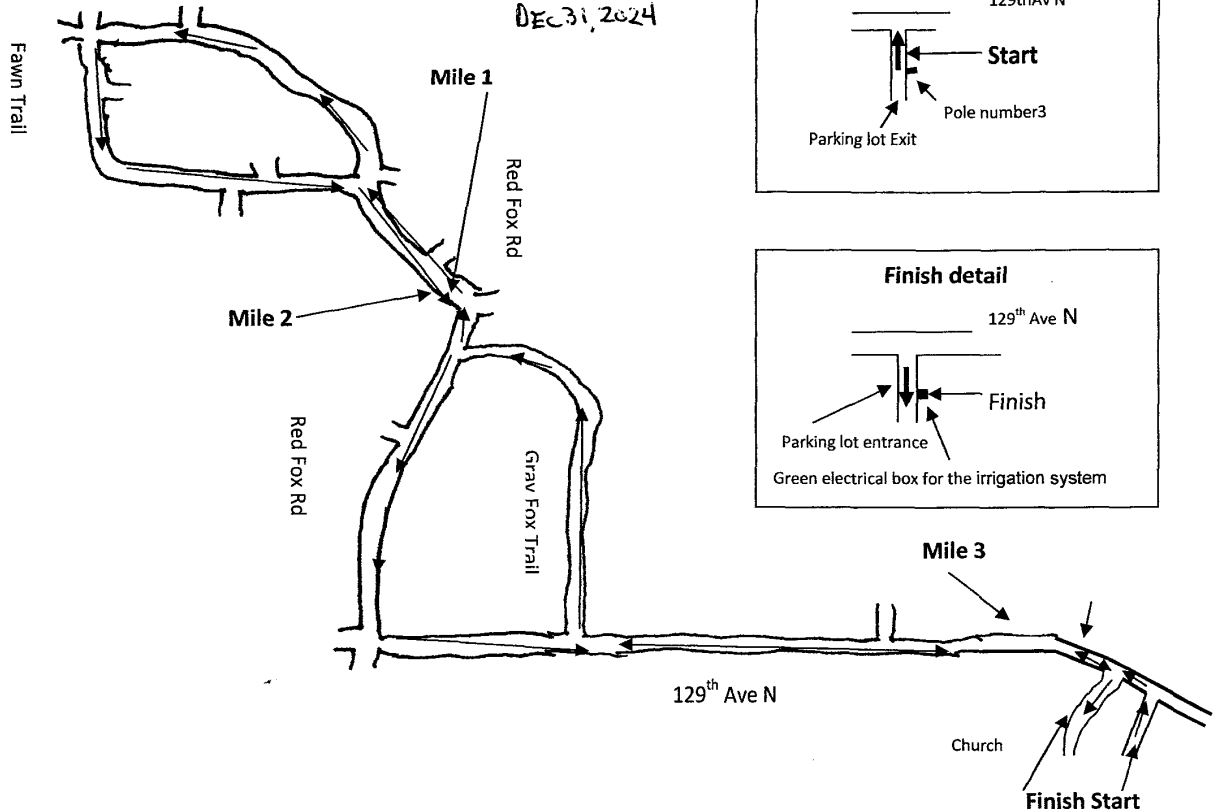


Carrie On 5K



USATF Certified Course: MN14628 RR

Course certification effective dates: JUN 21, 2014 to DEC 31, 2024



Start: 5.03 meters NE of light pole number 3 in the parking lot exit, paint on top of curb.

Mile 1: Joint in driveway at the center of the double garage door at house number 13239 on Red Fox rd, no paint.

Mile 2: 3.44 meters NW of the flag pole at house number 13247 on Red Fox rd, paint on curb.

Mile 3: 11.22 meters E of the flag pole at Ado products on 129th Ave N, paint on top of curb.

Finish: At the electrical box for the irrigation system in the entrance to the church parking lot.

Measured by: Dwight Peach
On 6-7-14
Peach9688@comcast.net

Course was measured using the S.P.R. method. Runners have an unrestricted use of the entire road surface with the exception of 129th Ave N. When runners are on 129th Ave N they must follow the sidewalk on the north side of the road at all times. Map not to scale. All marks in white paint.



Road Running Technical Council
USA Track & Field
Measurement Certificate

recognized by



Name of the course Carrie On 5k Distance 5km
Location (state) MN (city) Rogers
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Keyhole
Type of surface: paved 100 % dirt % gravel % grass % track %
Elevation (meters above sea level) Start 277 Finish 277 Highest 314 Lowest 263
Straight line distance between start & finish 60 Drop 0 m/km Separation 1.2 %
Measured by (name, address, phone & e-mail) Dwight Peach - 6249 Century Blvd -Brooklyn Park
MN55429 - 651 285 8438 - peach9688@comcast.net
Race contact (name, address, phone & e-mail) Sue Stensrud - 1200 Hwy 25 - Buffalo, MN55313
763 682 1245 - suestensrud@carrieon5k.com
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐
Number of measurements of entire course: 2 Date(s) when course measured: Jun 17, 2014
Race date: Aug 9, 2014 Course certification effective date: Jun 21, 2014
Certification code: MN14028RR

Notice to Race Director: Use this Certification Code
in *all* public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year

2024

AS NATIONALLY CERTIFIED BY:

Date: Jun 21, 2014

Rick Recker – USATF/RRTC National Certifier - 19 S 1st St #2203 - Minneapolis, MN55401 - 612 375 0805
rick_recker@hotmail.com