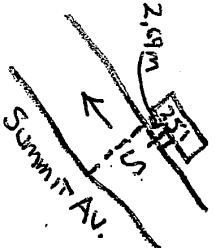


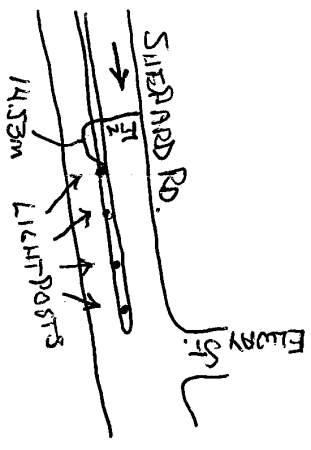
PARTICIPANTS MAY USE ALL OF PATH INDICATED
 TO OBTAIN THE SHORTEST POSSIBLE ROUTE.
 ELYWAY STARTS ON SUMMIT AV. AT NINWA ST.
 PROCEEDS SW, THEN W TO MISSISSIPPI RIVER
 BLVD. LEFT (S) THEN E. PROCEED STRAIGHT
 ONTO SHEPARD RD. TO FINISH.
 SPLITS RECORDED.

MINISTER DASH TEN MILE
 ST PAUL, MN - OCTOBER 26, 2013
 U S A T F C E R T I F I C A T E # M N 13028 R R
 MEASURED BY: RICK REICHERD 612 375 6805
 ON AUG 4
 EFFECTIVE AUG 2013 - DEC 31, 2013

START: 2.69 m S OF SIDEWALK
 FOR 251 Summit Av.



FINISH: 14.53 m W OF 4TH LIGHTPOST (LP#14)
 W OF ELYWAY ST.





Road Running Technical Council
USA Track & Field
Measurement Certificate



Name of the course Monster Dash Ten Mile Distance 16.09344km
 Location (state) MN (city) St Paul
 Type of course: road race calibration track Configuration: Loop
 Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
 Elevation (meters above sea level) Start 280 Finish 230 Highest 290 Lowest 230
 Straight line distance between start & finish 4870m Drop 3.1 m/km Separation 30.3 %
 Measured by (name, address, phone & e-mail) Rick Recker - 19 S 1st St #2203 - Minneapolis, MN55401 - 612 375 0805 - rick_recker@hotmail.com
 Race contact (name, address, phone & e-mail) Jackie Johnson - 2906 2nd St N, Minneapolis, MN 55411 - 612 521 8085 - info@teamortho.us
 Measuring Methods: bicycle steel tape electronic distance meter
 Number of measurements of entire course: 2 Date(s) when course measured: Aug 4, 2013
 Race date: Oct 26, 2013 Course certification effective date: Aug 5, 2013
 Certification code: MN13028RR

Notice to Race Director: Use this Certification Code in *all* public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2023**

AS NATIONALLY CERTIFIED BY:

Rick Recker

Date: Aug 5, 2013

Rick Recker – USATF/RRTC National Certifier - 19 S 1st St #2203 - Minneapolis, MN55401 - 612 375 0805
 rick_recker@hotmail.com