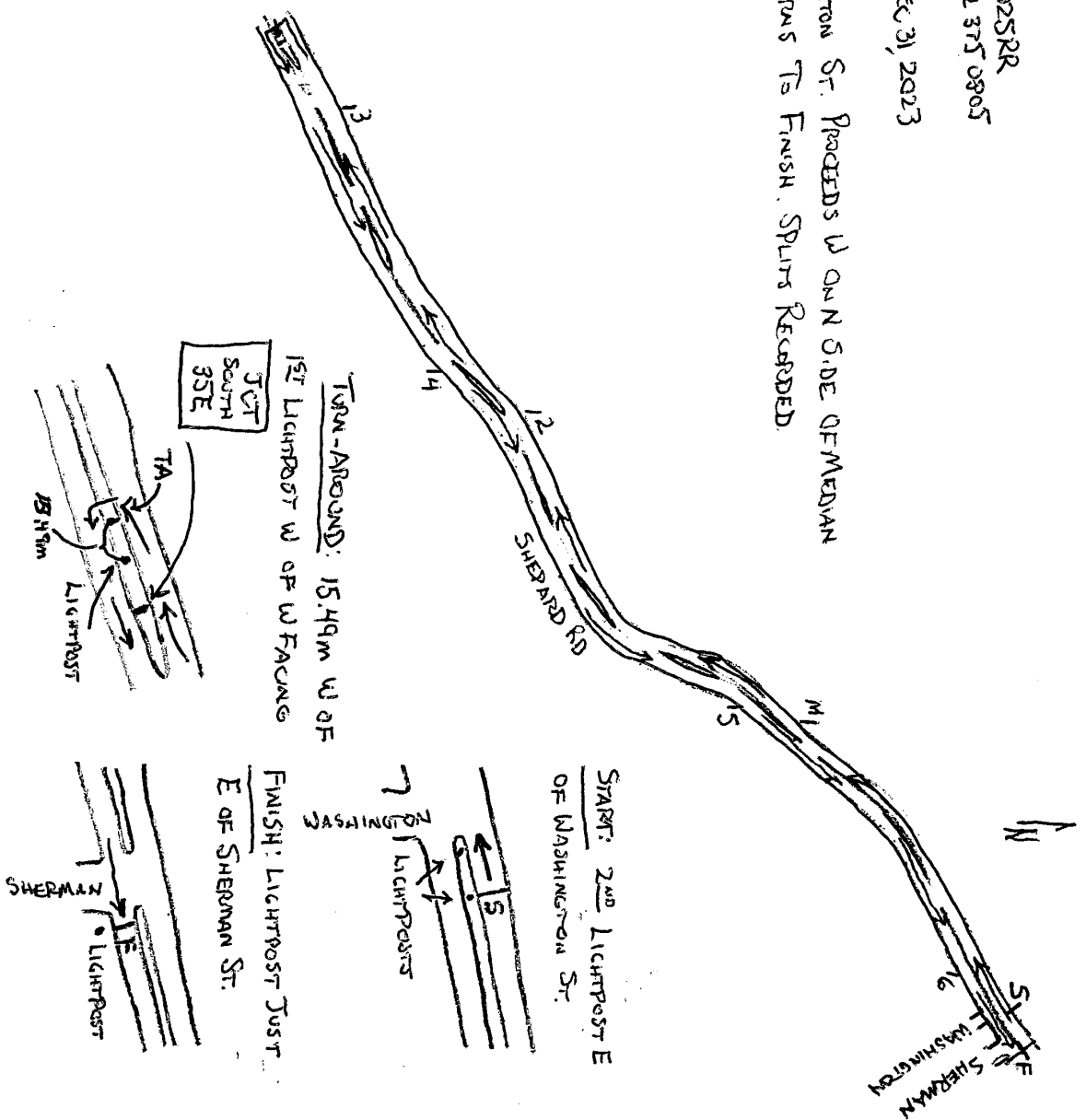
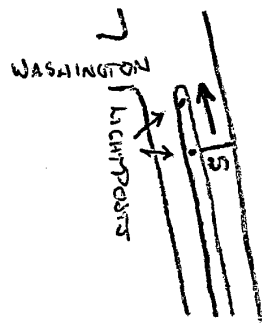


Women Rock 10km  
 St. Paul, MN - Aug 31, 2013  
 USATF CERTIFICATE # MN13025RR  
 MEASURED BY: RICK REEDER-612 375 0805  
 ON AUG 14  
 EFFECTIVE AUG 5, 2013 - DEC 31, 2023

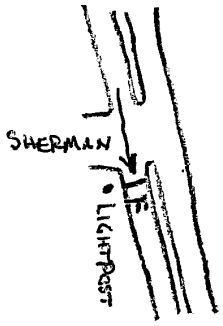
EVENT STARTS AT WASHINGTON ST. PROCEEDS W ON N SIDE OF MEDIAN  
 TO TURN AROUND AND RETURNS TO FINISH. SPLITS RECORDED



START: 2ND LIGHTPOST E  
 OF WASHINGTON ST.



FINISH: LIGHTPOST JUST  
 E OF SHERMAN ST.





**Road Running Technical Council**  
**USA Track & Field**  
**Measurement Certificate**



Name of the course Women Rock 10km Distance 10km  
Location (state) MN (city) St Paul  
Type of course: road race ☒ calibration ☐ track ☐ Configuration: Out/Back  
Type of surface: paved 100 % dirt      % gravel      % grass      % track      %  
Elevation (meters above sea level) Start 215 Finish 215 Highest 233 Lowest 211  
Straight line distance between start & finish 140m Drop 0 m/km Separation 1.4 %  
Measured by (name, address, phone & e-mail) Rick Recker - 19 S 1st St #2203 - Minneapolis,  
MN55401 - 612 375 0805 - rick recker@hotmail.com  
Race contact (name, address, phone & e-mail) Amy Leger - 2906 2nd St N, Minneapolis, MN55411  
info@teamortho.us  
Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐  
Number of measurements of entire course: 2 Date(s) when course measured: Aug 4, 2013  
Race date: Aug 31, 2013 Course certification effective date: Aug 5, 2013  
Certification code: MN13025RR

Notice to Race Director: Use this Certification Code  
in *all* public announcements relating to your race.

***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Verification of Course** — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31 in the year***

**2023**

**AS NATIONALLY CERTIFIED BY:**

*Rick Recker*

Date: Aug 5, 2013

Rick Recker – USATF/RRTC National Certifier - 19 S 1st St #2203 - Minneapolis, MN55401 - 612 375 0805  
rick\_recker@hotmail.com