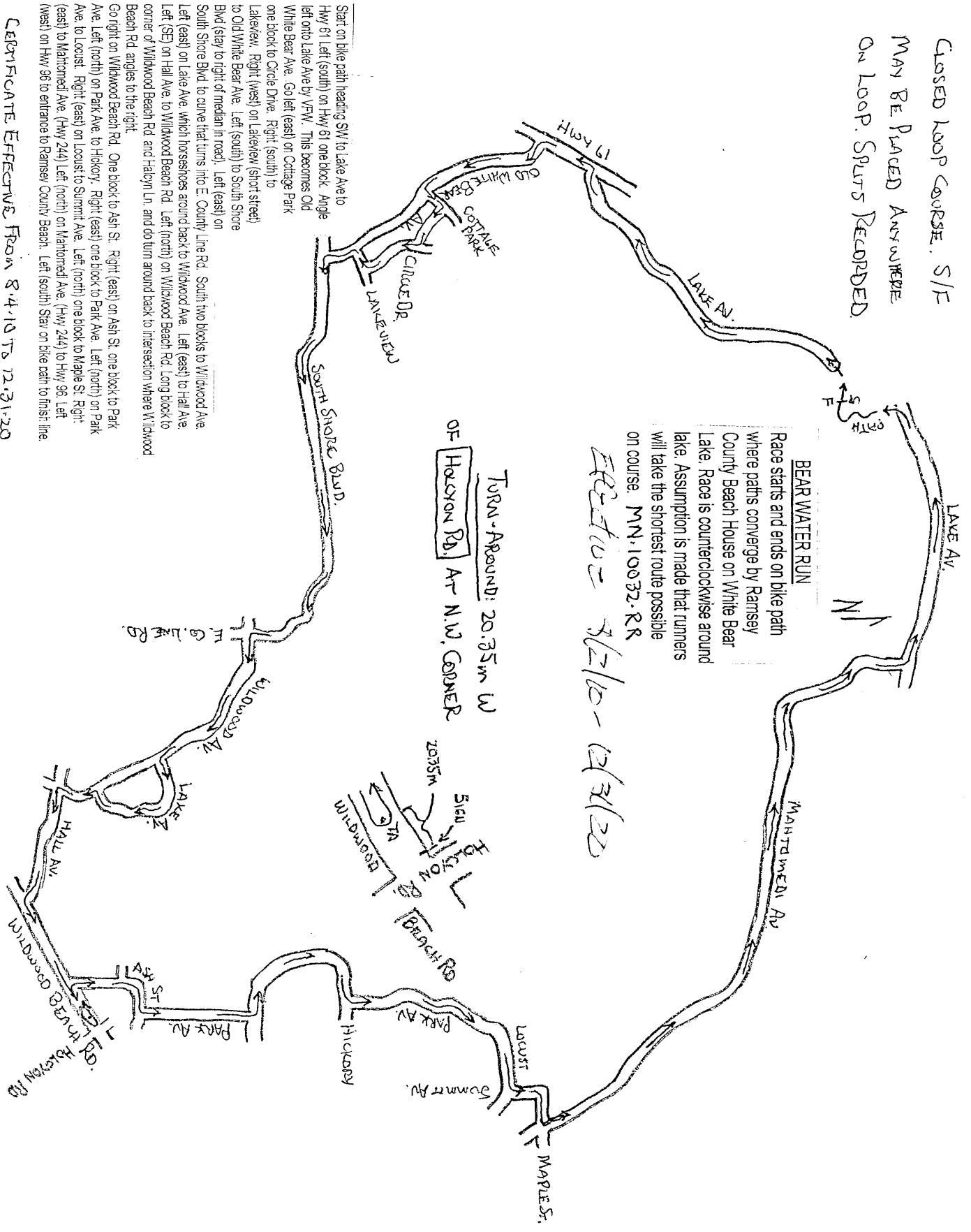


CLOSED LOOP COURSE. S/F  
 MAY BE PAIRED ANYWHERE  
 ON LOOP. SPLITS RECORDED

**BEAR WATER RUN**  
 Race starts and ends on bike path  
 where paths converge by Ramsey  
 County Beach House on White Bear  
 Lake. Race is counterclockwise around  
 lake. Assumption is made that runners  
 will take the shortest route possible  
 on course. MN. 10032.RR

ESTIMATE 3 1/2 to 4 1/2 (23/22)

TURN-AROUND: 20.35 mi W  
 OF HASKIN RD. AT N.W. CORNER



Start on bike path heading SW to Lake Ave to Hwy 61 Left (south) on Hwy 61 one block. Angle left onto Lake Ave by VFW. This becomes Old White Bear Ave. Go left (east) on Cottage Park one block to Circle Drive. Right (south) to Lakeview. Right (west) on Lakeview (short street) to Old White Bear Ave. Left (south) to South Shore Blvd (stay to right of median in road). Left (east) on South Shore Blvd to curve that turns into E. County Line Rd. South two blocks to Willowd Ave. Left (east) on Lake Ave, which horsehoes around back to Willowd Ave. Left (east) to Hall Ave. Left (SE) on Hall Ave to Willowd Beach Rd. Left (north) on Willowd Beach Rd. Long block to corner of Willowd Beach Rd and Halcyn Ln. and do turn around back to intersection where Willowd Beach Rd angles to the right.

Go right on Willowd Beach Rd. One block to Ash St. Right (east) on Ash St. one block to Park Ave. Left (north) on Park Ave to Hickory. Right (east) one block to Park Ave. Left (north) on Park Ave to Locust. Right (east) on Locust to Summit Ave. Left (north) one block to Maple St. Right (east) to Mattonmedl Ave. (Hwy 244) Left (north) on Mattonmedl Ave. (Hwy 244) to Hwy 96. Left (west) on Hwy 96 to entrance to Ramsey County Beach. Left (south) Stay on bike path to finish line

CERTRIFICATE EFFECTIVE FROM 8.4.10 TO 12.31.20



Road Running Technical Council  
USA Track & Field



# Measurement Certificate

Name of the course BEAR WATER Distance 20M  
 Location (state) MN (city) WHITE BEAR LAKE  
 Type of course: road race  calibration  track  Configuration: LOOP X 2  
 Type of surface: paved 100 % dirt      % gravel      % grass      % track      %  
 Elevation (meters above sea level) Start 302 Finish 302 Highest 311 Lowest 302  
 Straight line distance between start & finish 0 Drop 0 m/km Separation 0 %  
 Measured by (name, address, phone & e-mail) MIKE MACHUS/350 WEDGEWOOD/MAHTOMEDI, MN 55115  
651 426 3367/BEARWATERRUN@HOTMAIL.COM  
 Race contact (name, address & phone) SAME

Measuring Methods: bicycle  steel tape  electronic distance meter   
 Number of measurements of entire course: Two Date(s) when course measured: 5.28.10  
 Race date: 9.11.10 Course certification effective date: 8.2.10  
 Replaces:      (if applicable) Certification code: MN.10032RR

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.

## Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

*Validation of Course* — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2020

AS NATIONALLY CERTIFIED BY:

RICK RECKER

Date: 8.2.10

Rick Recker - USATF Certifier  
19 S. 1st St. #2203, Minneapolis, MN 55401, 612 375 0805, rick\_recker@hotmail.com

MN10032RR