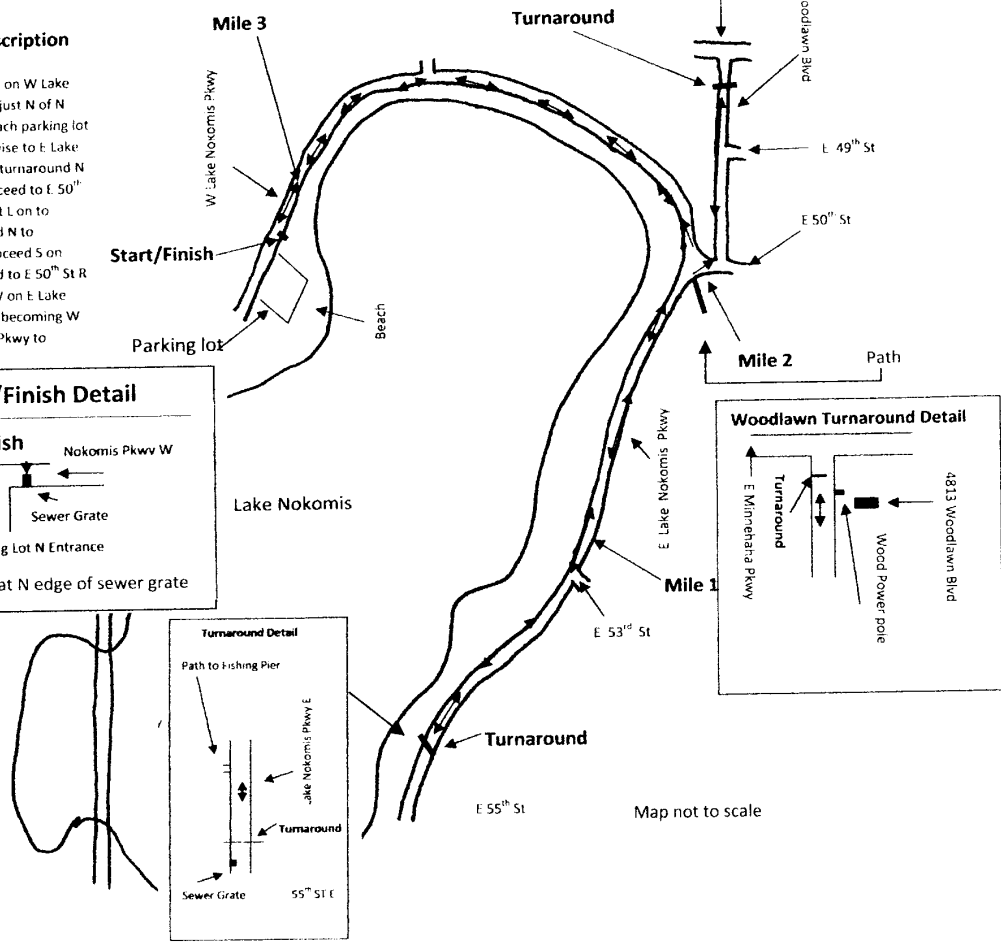
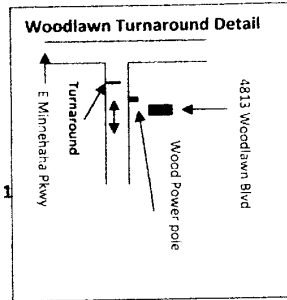
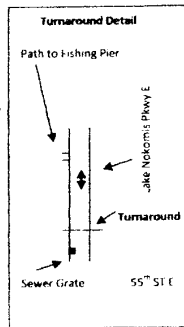
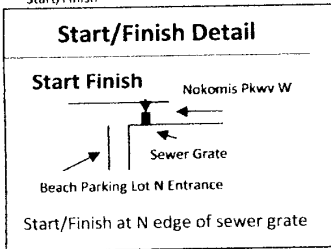




# 13.1 Mpls 5K

## Course Description

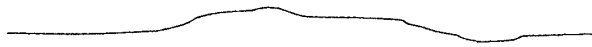
Start and Finish on W Lake Nokomis Pkwy just N of N entrance to Beach parking lot proceed clockwise to E Lake Nokomis Pkwy turnaround N of E 55<sup>th</sup> St proceed to E 50<sup>th</sup> St R on E 50<sup>th</sup> St L on to Woodlawn Blvd N to turnaround proceed S on Woodlawn Blvd to E 50<sup>th</sup> St R turn merge NW on E Lake Nokomis Pkwy becoming W Lake Nokomis Pkwy to Start/Finish



- Start/Finish:** N edge of 1st sewer grate N of N entrance/exit to Beach Parking lot on Nokomis Pkwy W
- 1 Mile:** 17 1/2 joints in curb N of the E 53<sup>rd</sup> Street sign on Nokomis Pkwy E
- E Nokomis Pkwy Turnaround:** 15ft 6in N of the first sewer grate N of E 55<sup>th</sup> St
- 2 Mile:** 14 joints in curb from the E edge the path at the transition to E 50<sup>th</sup> St
- Woodlawn Blvd Turnaround:** 6ft N of wood power pole at house #4813 on Woodlawn Blvd
- 3 Mile:** 9ft N of 3<sup>rd</sup> street light from N entrance/exit to beach parking lot

Splits in white paint Course was measured on the shortest route with unrestricted access to the road  
 Cones are needed at the turnarounds to separate runners additional cones and directional arrows will be needed at E 50<sup>th</sup> St to keep runners on course

825ft



Certification Number → MN10007GAN

Effective → 5/27/2010 to 12/31/2020

City → Minneapolis, MN



**Road Running Technical Council**  
**USA Track & Field**  
**Measurement Certificate**

recognized by



Name of the course 13.1 Minneapolis 5K Distance 5K  
 Location (state) Minnesota (city) Minneapolis  
 Type of course: road race  calibration  track  Configuration: Keyhole & out & back  
 Type of surface: paved 100 % dirt      % gravel      % grass      % track      %  
 Elevation(meters above sea level) Start 249 Finish 249 Highest 259 Lowest 246  
 Straight line distance between start & finish 0 Drop 0 m/km Separation 0 %  
 Measured by (name, address, phone, & email) Dwight Peach, 6249 Century BLVD., Brooklyn Park, MN  
763-561-8409, peach9688@comcast.net

Race contact (name, address, & phone) Kyle Meyers, 1924 MLK DR, Suite F St. Petersburg,  
FL, 33704 773-457-0653

Measuring Methods: bicycle  steel tape  electronic distance meter   
 Number of measurements of entire course: 2 Date(s) when course measured: May 23, 2010  
 Race date: August 22, 2010 Course certification effective date: May 27, 2010  
 Certification code: MN10007GAN

Replaces N/A (if applicable)

Notice to Race Director  
 Use this Certification Code in **all** public  
 Announcements relating to your race.

***Be It Officially Noted That***

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If **any** changes are made to the course, this certification becomes void, and the course must then be recertified.  
**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

***This certification expires on December 31, 2020***

**AS NATIONALLY CERTIFIED BY:**

Gene A. Newman Date: May 27, 2010  
 Gene A. Newman — USATF/RRTC National Certifier & RRCA Chairman/Course Registrar  
 920 N. Night Heron Drive, Green Valley, AZ 85614 (520-904-7805) newmangc@cox.net

MN10007GAN