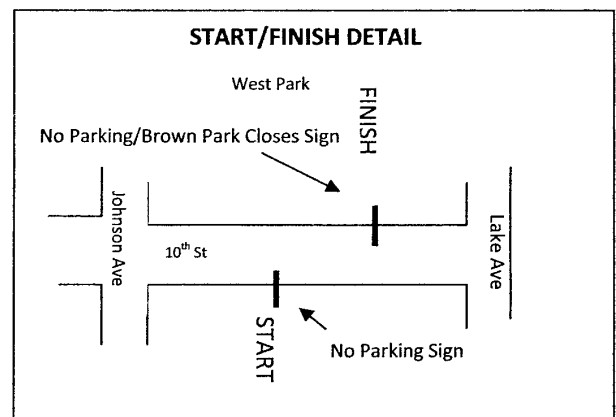
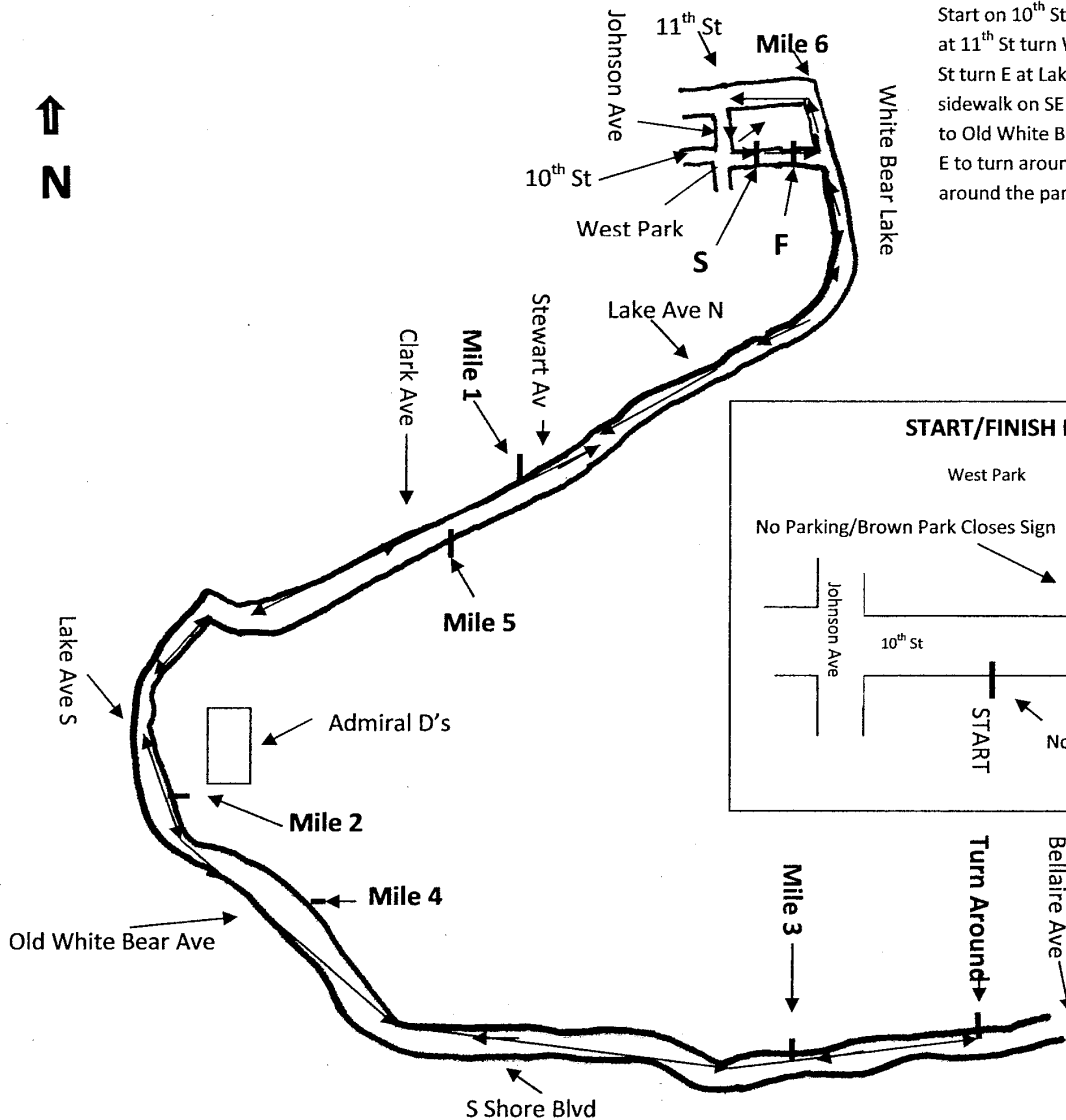


MN-09069-RR  
**BEAR TRACKS 10K**

**Course Description**

Start on 10<sup>th</sup> St proceed E to Lake Ave turn N at 11<sup>th</sup> St turn W at Johnson Ave turn S at 10<sup>th</sup> St turn E at Lake Ave turn S at Hwy 61 follow sidewalk on SE side of road past boat launch to Old White Bear Ave SE at S shore Blvd turn E to turn around proceed back to park loop around the park finish on 10<sup>th</sup> St



**START:** 1 meter east of no parking sign at house #2344 on 10<sup>th</sup> St

**MILE: 1** 8 ½ joints in concrete SW from sewer grate at Stewart and Lake Ave

**MILE: 2** NW corner of S side walk at Admiral D's

**MILE: 3** Center of driveway at house #2426 on S Shore Blvd

**TURN AROUND:** E edge of driveway at house #2485 on S Shore Blvd

**MILE: 4** 2 meters S of the driveway at house #4282 on Old White Bear Ave

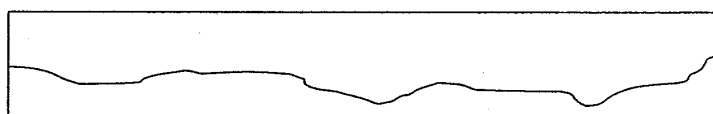
**MILE: 5** 69.3 meters NE of the green street light at the center of the intersection at Clark Ave and Lake Ave

**MILE: 6** 1 meter W of the green light at 11<sup>th</sup> St and Lake Ave N

**FINISH:** AT the no parking/brown park closes signs on 10<sup>th</sup> St

The course was measured on the shortest possible route having unrestricted access to the road, sidewalk, bike path and parking lot.

950



950

CERTIFICATE EFFECTIVE FROM 10.6.9 TO 12.31.19



Road Running Technical Council  
USA Track & Field  
**Measurement Certificate**



Name of the course BEAR TRACKS Distance 10km  
Location (state) MN (city) WHITE BEAR LAKE  
Type of course: road race ☒ calibration ☐ track ☐ Configuration: OUT/BACK  
Type of surface: paved 100 % dirt      % gravel      % grass      % track      %  
Elevation (meters above sea level) Start 289 Finish 289 Highest 290 Lowest 278  
Straight line distance between start & finish 20 Drop 0 m/km Separation .2 %  
Measured by (name, address, phone & e-mail) DWIGHT PEACH/6249 CENTURY BLVD./763 561 8409  
PEACH9688@COMCAST.NET  
Race contact (name, address & phone) KATE GRIFFITH/YODA - GRIFFS@YAHOO.COM

Measuring Methods: bicycle ☒ steel tape ☐ electronic distance meter ☐

Number of measurements of entire course: Two Date(s) when course measured: 9.30.9

Race date: 11.7.9 Course certification effective date: 10.6.9

Replaces:      (if applicable)

Certification code: MN-09069-RR

Notice to Race Director  
Use this Certification Code in *all* public  
announcements relating to your race.

### Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Validation of Course** — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2019**

AS NATIONALLY CERTIFIED BY:

RICK RECKER

Date: 10.6.9

Rick Recker - USATF Certifier

19 S. 1st St. #2203, Minneapolis, MN 55401, 612 375 0805, rick\_recker@hotmail.com

MN 09069 RR