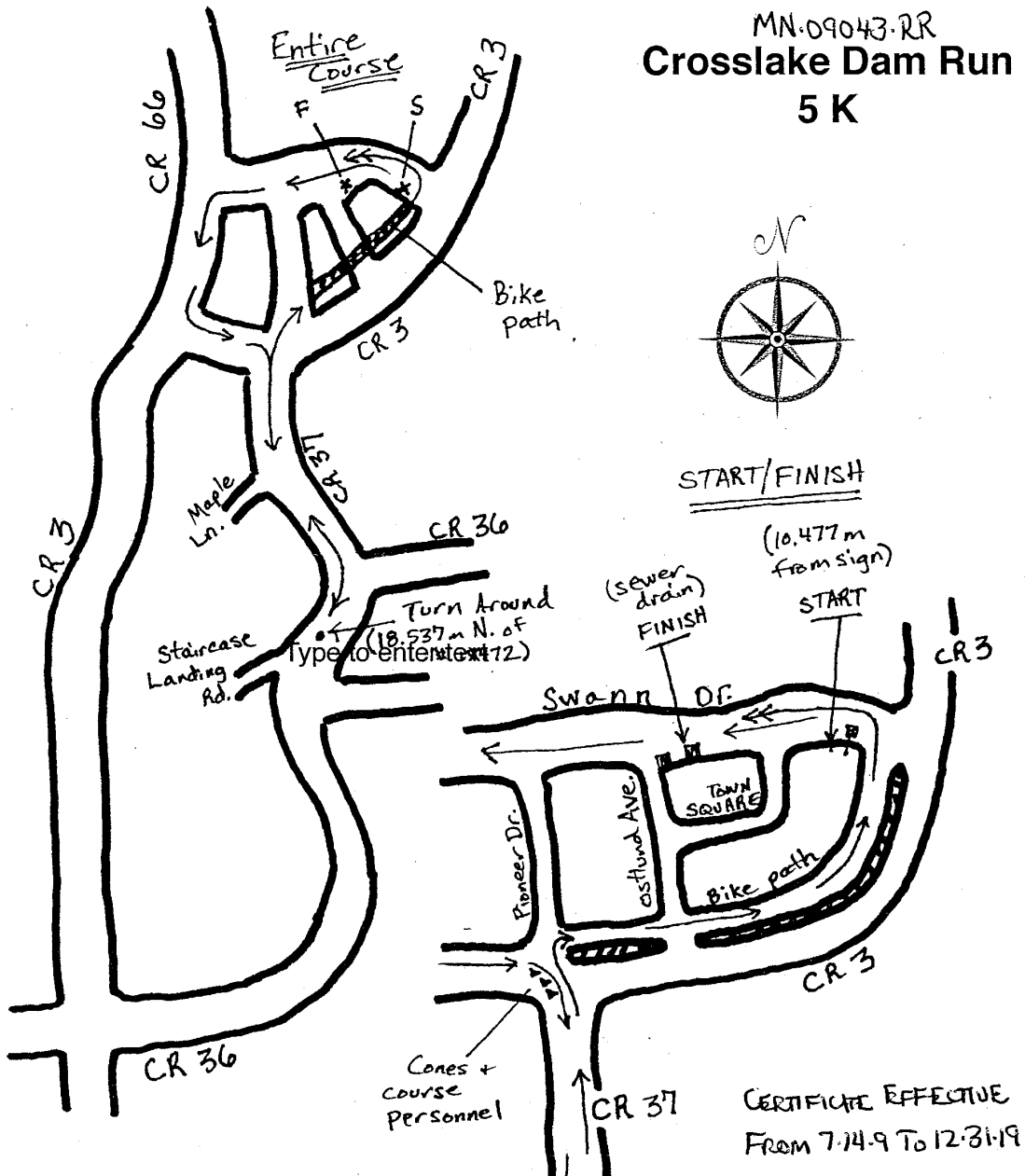


MN.09043.RR
Crosslake Dam Run
5 K



Course runs counter clockwise from the start on Swann Dr. located on the North side of Crosslake Town Square Park. From the start on Swann Drive, the race runs West to CR 66. Race turns left on CR 66 and runs to CR 3. Race turns left again on CR 3 and proceeds to CR 3 / CR 37 / Pioneer Dr. intersection. Race turns right (South) onto CR 37. Turn is marked by cones at the end of the double "no passing" paint lines in the intersection and is manned by race course personnel. Course travels South on CR 37 to CR 37 / CR 36 intersection and continues South to the turn around point near Staircase Landing Road on CR 36. Race returns to the intersection of CR 3 / CR 37 / Pioneer Dr. Runners cross CR 3 to Pioneer Dr. and turn immediately right on the paved bike trail paralleling CR 3. Path continues NE to Swann Dr. Course takes a left on Swann Dr. to finish line.

Race mark	Description (non-certified mile marks)
Start:	10.477 m West of West-facing "No Parking" sign on East end of Swan Drive. Start marked with paint
Mile 1:	47.2 m N of Maple Ln. Marked on East side of rd.
Mile 2:	49.7 m N of CR 36 / CR 37 intersection. Marked on West side of rd.
Turn around:	18.537 m North of Staircase Landing Rd. on CR 36 and sign #14472. 2763.73 m from start.
Mile 3:	171 m from finish line on Swann Dr. Marked on South side of rd.
Finish:	West edge of 2nd permanent sewer drain in curb East of Ostlund Ave./Swann Dr. intersection: Marked with paint.



Road Running Technical Council
USA Track & Field
Measurement Certificate

recognized by



Name of the course CROSSLAKE DAM Distance 5km
 Location (state) MN (city) CROSSLAKE
 Type of course: road race calibration track Configuration: LOOP W OUT/BACK
 Type of surface: paved 100 % dirt % gravel % grass % track %
 Elevation (meters above sea level) Start 378 Finish 378 Highest 379 Lowest 376
 Straight line distance between start & finish 190m Drop 0 m/km Separation 3.8 %
 Measured by (name, address, phone & e-mail) CHRISTOPHER K. HANSON / 25282 E. CLARK LAKE RD.
NISSWA, MN 56468 / 218 963 2604 / CHANSON@BRAWERD.NET
 Race contact (name, address & phone) MICK JUSTIN / 25114 WESTIN LN. / NISSWA, MN 56468 / 218 963 2938

Measuring Methods: bicycle steel tape electronic distance meter

Number of measurements of entire course: 4 Date(s) when course measured: 6.28.9

Race date: 8.1.9 Course certification effective date: 7.14.9

Replaces: (if applicable) Certification code: MN-09043-RR

Notice to Race Director
Use this Certification Code in *all* public
announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2019

AS NATIONALLY CERTIFIED BY:

Rick Recker

Date: 7.14.9

Rick Recker – USATF/RRTC National Certifier
19 S. 1st St. #2203, Minneapolis, MN 55401, 612 375 0805, rick_recker@hotmail.com

MN-09043-RR