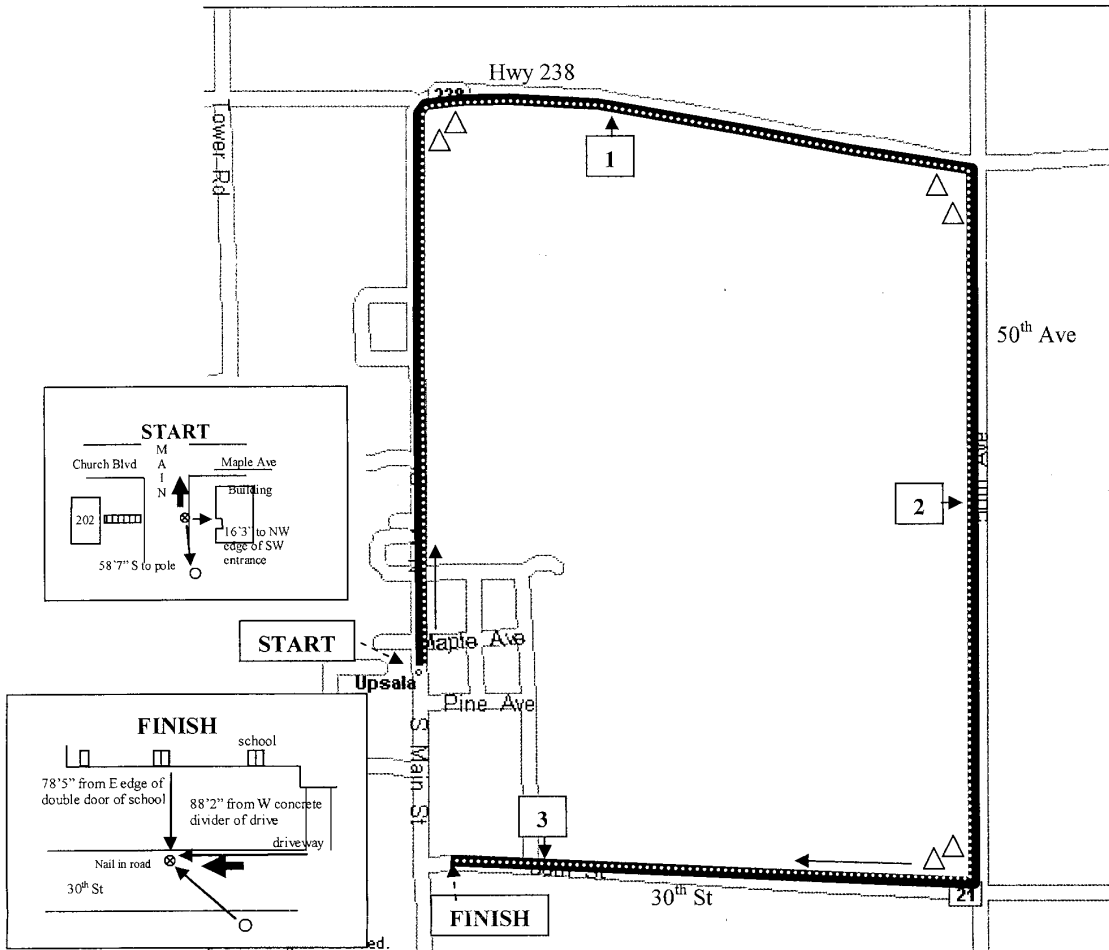


Upsala Heritage 5K

Upsala, MN
MN-09025-RR



Runners have full use of the road, but should run the shortest possible route.
On corners runners must stay on paved surface and off gravel shoulder.
The three corners will be coned to keep runners on the pavement.

START – S on S Main St, just S of Maple Ave on E side of road
1 Mile – Just E of the field access on Hwy 238
2 Mile – S on 50th Ave & S of the driveway of fire Number 3451 and N of same mailbox
3 Mile – on Walnut (30th St) but E of Borgstrom St and a little W of garage of 421 Borgstrom St. N side of road go 2 curb dividers W. 2'2" E of 2nd curb divider.
FINISH – S end of school on Walnut (30th St)

CERTIFICATE EFFECTIVE FROM 5.28.19 TO 12.31.19



Road Running Technical Council
USA Track & Field
Measurement Certificate



Name of the course UPSALA HERITAGE Distance 5km
 Location (state) MN (city) UPSALA
 Type of course: road race calibration track Configuration: Loop
 Type of surface: paved 100 % dirt _____ % gravel _____ % grass _____ % track _____ %
 Elevation (meters above sea level) Start 369 Finish 369 Highest 371 Lowest 367
 Straight line distance between start & finish 435m Drop 0 m/km Separation 8.7 %
 Measured by (name, address, phone & e-mail) TOM REAGAN / 188 LIBERTY DR N.E. / BLACKDUCK, MN 56630
218 239 0296 / ALERTHUZ@HOTMAIL.COM
 Race contact (name, address & phone) TAMARA LANGE / Bx 129 / UPSALA, MN 56384 / 320 573 4108

Measuring Methods: bicycle steel tape electronic distance meter
 Number of measurements of entire course: Two Date(s) when course measured: 5-21-9
 Race date: 8-8-9 Course certification effective date: 5-28-9
 Replaces: _____ (if applicable) Certification code: MN-09025-RR

Notice to Race Director
Use this Certification Code in *all* public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

Validation of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a validation remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year **2019**

AS NATIONALLY CERTIFIED BY:

RICK RECKER Date: 5-28-9

Rick Recker – USATF/RRTC National Certifier
 19 S. 1st St. #2203, Minneapolis, MN 55401, 612 375 0805, rick_recker@hotmail.com

MN 09025 RR