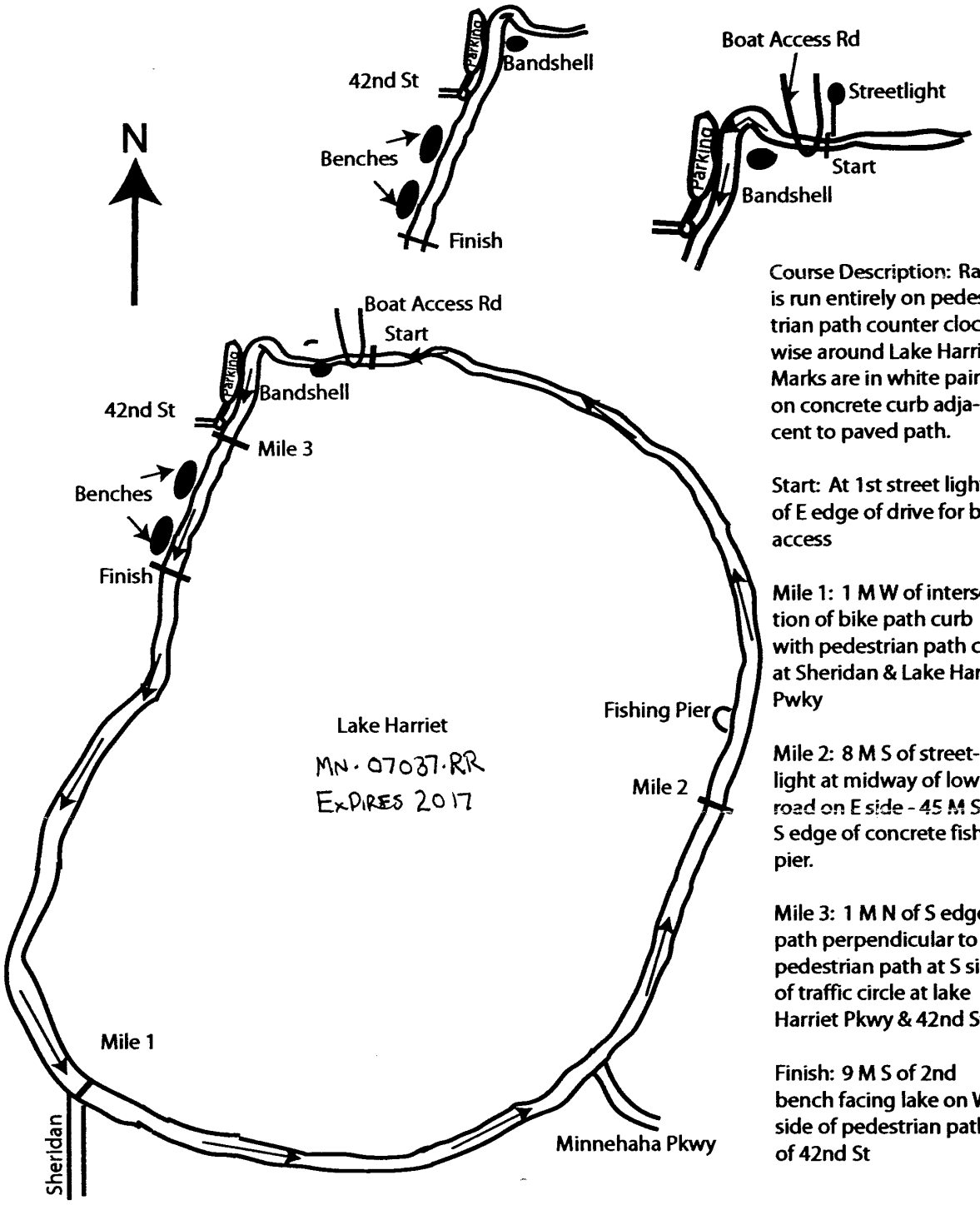
Heart & Hope Run



Course Description: Race is run entirely on pedestrian path counter clockwise around Lake Harriet. Marks are in white paint on concrete curb adjacent to paved path.

Start: At 1st street light E of E edge of drive for boat access

Mile 1: 1 M W of intersection of bike path curb with pedestrian path curb at Sheridan & Lake Harriet Pwky

Mile 2: 8 M S of streetlight at midway of low road on E side - 45 M S of S edge of concrete fishing pier.

Mile 3: 1 M N of S edge of path perpendicular to pedestrian path at S side of traffic circle at lake Harriet Pkwy & 42nd St.

Finish: 9 M S of 2nd bench facing lake on W side of pedestrian path S of 42nd St